

ANNUAL REPORT 2024 - 2025

KESS KURIAKOSE ELIAS SERVICE SOCIETY



51

Years of
Unwavering
Commitment

1974

1990

2005

2015

2025

A Legacy of Compassion, A Future of Hope

Bhavanamithra



Bhavanamithra



Life Skill Training



Summer Camp



Service Providing Centre



Women Empoerment



Education Support



Cancer Project





Fr. Jose Nandhikkara CMI
Patron, KESS

MESSAGE

Dear Friends and Well-wishers,

Kuriakose Elias Service Society (KESS), by the Grace of God, humbly steps into its 51st year of service, continuing our commitment to building a sustainable society based on compassion, justice, and fraternal solidarity. Hearty congratulations and prayerful best wishes to all the members of KESS family!

Following Jesus' command, "Go and do likewise" (Luke 10.37) and guided by the vision and mission of St. Kuriakose Elias Chavara and the charism of the CMI Congregation, we strive to serve those in need through meaningful social work. Our mission is rooted in the conviction that every person has something valuable to contribute to the common good.

Since its inception in 1974, KESS has actively engaged in organized social work, feeding the hungry, helping the needy, and supporting the underprivileged through charity-oriented initiatives. Over time, we have also focused on creating sustainable solutions that empower people. Through vocational training, educational support, creating employment opportunities, and disaster relief, we aimed to help individuals gain confidence and competence to become contributive participants in society. Our approach is guided by compassion asking not "what can I gain?" but "what can I do for others?" This mindset strengthens communities, encourages participation, and fosters lasting change. Our work is not only about helping people contribute to society it is about building relationships, supporting communities, and creating a sustainable impact. KESS continues this mission with the inspiration and intercession of St. Kuriakose Elias Chavara.

I am deeply grateful to our founding members, General Body members Board of Directors, partners, volunteers, staff, and well-wishers whose support made this journey possible. As we move forward, let us stay united in promoting human dignity, social justice, and sustainable development, serving with humility and love.



Mr. P M Thomas
President, KESS

MESSAGE

Dear Friends and Supporters of KESS,

Fifty years ago, KESS started with a simple yet powerful vision: to bring hope, opportunity, and support to those who needed it most. Today, that vision has grown into a transformative movement, touching countless lives and strengthening entire communities.

Our 51st anniversary is more than a milestone, it is a celebration of the perseverance, generosity, and shared values that unite us. Over the years, we have witnessed how education, empowerment, and collaboration can break cycles of hardship and open doors to meaningful, lasting change.

This past year has been a vivid reminder of the impact we can achieve together. We have expanded programs, built stronger partnerships, and seen inspiring stories of resilience emerge from the communities we serve. None of this would have been possible without the dedication of our staff, the trust of our partners, and the generosity of supporters like you.

As we embark on the next chapter of KESS, we renew our commitment to innovate, deepen our impact, and foster a future grounded in justice, dignity, and compassion. Together, we can continue this remarkable journey and carry forward our legacy for generations to come.



Fr. George Thottan CMI
Moderator, KESS

MESSAGE

Dear Friends and Well-wishers,

As Kuriakose Elias Service Society (KESS) enters its 51st year of dedicated service, it is with deep gratitude that I present this annual report. Since its founding in 1974, and inspired by the vision of St. Chavara as well as the guidance of the CMI Congregation, KESS has remained committed to uplifting the underprivileged and bringing meaningful change to society.

Over the decades, KESS has expanded its mission to reach vulnerable groups including people living with HIV, cancer patients, those with chronic illnesses, and families affected by disasters. Our approach blends immediate care with long-term support through health care services, vocational training and educational assistance.

From the 1993 Latur and 2001 Gujarat earthquakes where KESS built over 200 earthquake-resistant houses to the Odisha super cyclone, Tamil Nadu tsunami, Chennai floods, Ockhi cyclone, and the Kerala floods of 2018 and 2019, KESS has consistently brought relief and rehabilitation. In every disaster, KESS has been a beacon of hope, helping communities rebuild their lives with dignity.

Youth empowerment continues to be one of our central focus areas, recognizing that young people are the foundation of a just and progressive society. Through skill development, counselling, leadership training, and employment opportunities, KESS strives to nurture responsible, compassionate, and proactive individuals who actively contribute to their communities. These efforts are firmly rooted in our commitment to democratic values, human rights, and humanitarianism, ensuring that even the most marginalized can regain hope, dignity, and self-reliance.

In addition, KESS works tirelessly to raise awareness about health, social inclusion, and the rights of vulnerable groups, fostering community participation, solidarity, and collective responsibility in the journey of development. None of these achievements would be possible without the steadfast support of our partners, volunteers, staff, and well-wishers. With your continued collaboration, KESS will remain faithful to its mission of building an inclusive, empowered, and healthier society.



Fr.Ginto Chirayath CMI
Secretary, KESS

MESSAGE

Dear Friends,

I am happy to share the Annual Report of Kuriakose Elias Service Society (KESS) for 2024–2025. KESS has been working for 51 years, and we continue to help poor and vulnerable people with care and service. This year, our programs focused on education, healthcare, housing, women empowerment, youth development, and community welfare. We also worked on new challenges like waste management, disaster relief, and mental health.

Through my Ph.D. research, “*An Intervention Study on the Effectiveness of Social Casework in Improving Mental Well-Being and Managing Educational Stress among Higher Secondary Students in Thrissur District, Kerala.*” I had the opportunity to work closely with adolescents in CMI schools across the district. I am thankful to God that, as part of my research and as one of the 50 programs marking KESS's Golden Jubilee Year, I was able to contribute through the KESS publication, '*Unfolding Minds: A Casework Intervention Module*', which will serve as a useful resource for scholars, counsellors, social workers and mental health professionals.

With the inspiration of St. Kuriakose Elias Chavara, KESS continues to build a future of hope and opportunity. On behalf of KESS, extend my sincere gratitude to our Patron, the members of the General Body, the Board of Directors, KESS staff and Volunteers for their hard work and dedication. Special thanks to all the benevolent benefactors who have supported us financially and through various resources. Above all, I give thanks to the Almighty for his abundant blessings without which we wouldn't have reached this far. May our shared effort keep changing lives and bringing light. With these words, I proudly present this year's Annual Report of KESS.



Fr. Thomas Vazhakkala CMI
Director, KESS Centre

MESSAGE

KESS, is the face of compassion of the Devamatha Province of the CMI Congregation, founded by St. Kuriakose Elias Chavara. Over the last 50 years, KESS has been a light of hope for thousands of families, reaching out to them with jobs, homes, food, education, and care for the sick and elderly. Its mission has always been to stand beside the poor and vulnerable, helping them to live with dignity and confidence.

This journey was made possible through the generosity of individuals and well-wishers from different parts of the world who shared their resources, time, and service. Together, they strengthened the hands of KESS to fight poverty and lift up lives. Beyond regular programmes, KESS has always been quick to respond in times of drought, disaster, and emergencies, ensuring that no one is left behind.

The vision of KESS is rooted in the belief that every person, regardless of caste, religion, colour, or gender, deserves freedom from poverty and deprivation. It is this spirit of inclusiveness that makes its work truly meaningful.

As KESS steps into the future, I wish that it continues to grow in the same spirit of compassion, service, and dedication, taking bold new steps to bring light and hope into the lives of many more.

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KURIAKOSE ELIAS SERVICE SOCIETY

50 IMPACTFUL PROGRAMMES CONDUCTED IN 2024-2025

This term, as a proud continuation of the Golden Jubilee Year, Kuriakose Elias Service Society (KESS) entered its 51st year of service. Building on the success of 50 impactful programmes held during the Jubilee, we continue to move forward with energy and commitment. The following pages capture the highlights of our programmes during this meaningful year:-

1. 52 Youth empowered through vocational training
2. Job Placements: 28 Students placed in different sectors like hotels and private firms
3. ROOT RETREAT - Counselling, Life Skills & Career Guidance
4. Alumni Groups of KESS YUVA
5. More than 220 Women Empowered through KESS Care
6. Monthly star programmes for staff
7. 5 Training programmes organized: Up skilling Housekeeping Staff
8. Holistic Care: Well-being Initiatives for KESS Care Staff
9. Honouring Service: Staff Retirement Celebrations
10. Blood Donation Camp
11. Vidhyarambham – 55 School Kits distributed to children
12. Nourishing Hope: Over 50 Nutritional Food Kits distributed for Onam and Christmas
13. Timely Relief: Home visits & Medical Assistance for chronically ill Patients
14. Community Contribution Boxes at Shops
15. Resource Mobilization and Financial Assistance for HIV patients during Festive Celebrations
16. Vayomithra Savings Scheme for 70 elderly persons
17. Safe Shelter: Bhavanamithra Housing Support Scheme
18. Marriage Support: Vadhumithra Assistance
19. 56 Youth supported through Yuvamithra Savings scheme
20. Summer Camps: KESS and CEVA Join hands to impart Life skills training to 55+ adolescents
21. Over 196 Laptops distributed to Youth
22. Safe Water for Healthy Living: Water Purifier Distribution
23. Women Empowerment- Providing Tailoring machines for poor women
24. Jail ministry Interventions
25. Onam and Christmas celebrations in the community
26. Internships & Fieldwork Training for 42 students at KESS
27. Counselling Support for College Students
28. Two-day Employability and Livelihood workshop for Transgender Community
29. Networking with NGOs, Hospitals and LSGDs
30. Research Study on Tribal Communities

31. Life Skills Training and Psychosocial Interventions for CNCP (Children in need of care and Protection) and CSA (Survivors of Child sexual abuse) survivors
32. Parent Management Training for Kaval Plus beneficiaries
33. Kaval Plus - Community Awareness and outreach sessions
34. Higher Education and Professional Training Assistance
35. Awareness Sessions conducted under SPC in Schools & Colleges
36. Justice for All: Free Legal Aid Services under SPC
37. Voices against Violence: Orange the World Campaign
38. V Guard - Women Self-help Groups
39. Jaivagramam Fertilizer Aid
40. Livelihood Promotion through Animal Husbandry
41. 50 Jaathi Saplings – A Memory of 50 Golden Years of KESS
42. Health for All: World Health Day Awareness
43. Spreading Hope: World AIDS Day Programme
44. Celebrating Daughters & Women : National Girl Child Day & International Women's Day
45. Production Unit of Hot Oven Bakery
46. Ganashram Project
47. Research and Community Impact Study
48. KESS Upcoming Income Generation Programs (IGP)
49. KESS Infrastructure Development
50. Intervention study among Adolescent Children

KURIAKOSE ELIAS SERVICE SOCIETY (KESS)

ANNUAL REPORT - 2024 – 2025

INTRODUCTION

Kuriakose Elias Service Society (KESS), a registered, charitable organisation, under 80 G, has been tirelessly and relentlessly traversing through the uneven paths aimed at empowerment, development and overall progress of the society. Since its establishment in 1974 by the CMI Congregation and other socially committed members, inspired by the vision of St. Chavara, KESS has made significant strides in advancing social welfare through dedicated social research and action. Focused on fostering qualitative development, particularly among the marginalized, the organization has made a profound impact on beneficiaries afflicted by chronic illnesses such as HIV and Cancer, survivors of abuse and neglect, and those lacking basic necessities like food, clothing, and shelter. Operating across the state with the ability to reach remote areas nationwide, KESS stands as a beacon of exemplary social work, striving to foster integrated and holistic development in the lives of all it serves.

Our Vision

KESS is visualized as a growing resource centre, responsive to changes in the global scenario, promoting developmental initiatives among the deprived and the vulnerable, based on democratic values, human rights and humanitarianism.

Our Mission

To realize the vision, KESS undertakes intensive community mobilization, empower it through social conscientization, life skills and appropriate livelihood systems.

Objectives

1. To perform works of charity for those in need, irrespective of race, caste, sex, community or creed.
2. To strengthen the institution of family through family–life education, counselling and other support systems, thereby its tendency towards disintegration is effectively arrested.
3. To build the competency of people (HRD) through education, awareness–generation and skill– training so that they can mobilize and manage resources for self– advancement.
4. To develop, in partnership with the stakeholders, adequate infrastructural facilities such as housing, drinking water, electricity, path ways, community halls etc.
5. To focus on health–related matters and promote personal hygiene and environmental

sanitation through health education, behavioral change communication (BCC) and immunization programs.

6. To establish self-help groups of men and women and engage them in creative activities so that they could enrich themselves with information, know-how and resources for improving their living conditions.
7. To address the emerging issues in the agrarian sector such as low productivity, indebtedness, suicides, exploitation by traders etc. and promote modern, eco – friendly farming practices, value additions to the produce and maximize incomes through appropriate marketing strategies.
8. To intervene immediately in disaster-hit areas and undertake relief and rehabilitation work in participatory manner.

KESS has been at the forefront of assisting those in need through its various projects and programs. Committed to eradicating poverty and promoting socio-economic development, KESS supports a wide range of areas including health, education, income generation, social security, legal aid, child development, and women empowerment. The organization stands today on the significant impact it has made through various programs over the years. Notable initiatives include the Thrissur Integrated Development Project (1989-96), the Grassroot Organization Project (1990-92), the Prime Minister's Rozgar Yojana (PMRY) in 1993, Bhakshya Samrudhi in 2009, Janasree Bhima Yojana in 2000, and Jalanidhi projects in Thekkumkara, Madakkathara, and Nadathara Gramapanchayaths. KESS has implemented numerous impactful programs, such as the Earn While Learn Scheme and the Madathumpadi Community Irrigation Scheme, which benefited 250 agricultural families by developing 200 acres of farmland. The organization also launched the 3K Puram Housing Project, providing homes for 52 families. Additionally, KESS has coordinated vocational training programs for unemployed youth through various NABARD schemes and the support of Cyriac Elias Voluntary Association (CEVA), Kochi.

KESS's timely interventions extend beyond its home state. These include the Silvani Project (Madhya Pradesh) in 1979-80, which focused on developing 70 villages, and the Searmau Project (Madhya Pradesh) from 1989-95, aimed at the development of 40 villages. The Pollachi Integrated Rural Development Project (1985-93) emphasized health and education for the poor, and the Apna Healthcare Project in Maharashtra addressed healthcare needs. Disaster management and relief activities also remain a primary concern for KESS, showcasing their commitment to timely and effective intervention in crisis situations. From the 1993 Latur earthquake to the 2001 Gujarat earthquake, where earthquake-resistant houses were constructed, to the 1999 Orissa Super Cyclone and Tamil Nadu's tsunami (Keezhmidalam Tsunami Rehabilitation Project), KESS has been a steadfast supporter of those in need. The organization provided critical aid during the 2015 Chennai flood disaster by distributing food, water, and clothing, and responded to the 2017 Ockhi cyclone disaster with the construction of houses and support

for higher education. KESS has also been instrumental during the state flood disasters in 2018 and 2019, and has continued its support throughout the COVID-19 pandemic and its ongoing aftermath. KESS employs a three-pronged approach: some programs are implemented directly by KESS, others are undertaken by independent societies formed by the participants themselves under KESS's patronage, and some are initiated by KESS but later managed by independent societies formed by or for the target group. KESS has consistently maintained strong collaboration with various departments of both Central and State Governments, undertaking programs with their assistance and guidance.

NABARD, Tata-Trent Limited, Jos Alukkas, Hope Abides, Accesslife America, CMI Generalate, CMI Devamatha Province, Kochouseph Chittilappilly Foundation (KCF), Joy Alukkas Foundation, Karl Kubel Stiftung (KKS), Germany, Federal Ministry of Economic Cooperation of Germany (BMZ), Cyriac Elias Voluntary Association (CEVA), Yale Global Justice Programme, Christ University Bengaluru, Amala Institute of Medical Sciences, Amala College of Nursing, Jubilee Mission College of Nursing, Department of Industries, World Bank, Grama Panchayath, Kerala State Social Welfare Board, Kerala Rural Water and Sanitation Agency (KRWSA), Kerala Institute of Local Administration (KILA), the General Body and Board of Directors of KESS, as well as philanthropic organisations and individuals, have supported us exceptionally in all our endeavours.

Governance of KESS

The organization is regulated by the members of the General Body and the Board of Directors. The General Body, consisting of more than 100 members from all walks of life. They meet annually to review the activities and provide support and suggestions for the betterment of the organisation. The members of the Board of Directors are nominated and elected by the General Body once in three years. The Board of Directors meet four times annually and is responsible for the Articles of Association and the approval of annual accounts. The Board consists of the President, Moderator, Secretary Cum Treasurer and six directors.

<i>KESS Board of Directors</i>	
Patron	: Rev.Fr. Jose Nandhikkara CMI
President	: Mr. P M Thomas
Moderator	: Rev. Fr.George Thottan CMI
Secretary cum Treasurer	: Rev. Fr.Ginto Chirayath CMI
Director	: Mr. John C J
Director	: Mr. Mathew George
Director	: Mr. John Kavalakkat
Director	: Mr. Joyachan K Erinjery
Director	: Mrs. Elizabeth Kurian
Director	: Rev. Sr. Magie Jose CMC
Invitee	: Rev. Fr. Thomas Vazhakkala CMI

KESS INTERVENTIONS

KESS for the Youth

KESS launched its Youth Empowerment Initiative – KESS YUVA (Youth Upliftment and Value Addition) project in 2019 to provide free vocational training for children and young people from low-income families with funding support from NABARD and Cyriac Elias Voluntary Association (CEVA). The program is implemented through the KESS Vocational Training Institute (KESS-VTI), Nadathara, which offers six-month diploma courses in Fashion Design, Hotel Management, and Computer Accounting, validated by the STED Council of India. This recognition enables graduates to qualify for employment both within India and abroad. Since its inception, the project has successfully empowered youth through quality vocational training and facilitated meaningful employment opportunities.

1. 52 Youth empowered through vocational training

During the period, 52 students successfully completed Vocational Training in Hotel Management and Basic Accounting and were formally awarded certificates. The program also marked the launch of a new training batch, reflecting the sustained commitment to skill development and youth empowerment. The event was inaugurated by Rev. Fr. George Thottan CMI, Councillor for Social Apostolate & Healthcare, Devamatha Province, Thrissur, who delivered an insightful session on Drug Awareness. On this occasion, the participants collectively pledged to uphold a responsible, value-based, and drug-free lifestyle, reaffirming their commitment to building a brighter future.

2. Job Placements: 28 Students placed in different sectors like hotels and private firms

Following the completion of vocational training, our students secured placements in the hospitality industry, joining reputed establishments such as Hotel Garuda, The Navya Group, and White Palace. Others have taken up opportunities in the government and private sectors, expanding their career prospects. Some of them are also pursuing higher studies. This achievement stands as a proud moment for KESS, reflecting our continued efforts to empower youth with skills that lead to sustainable livelihoods.

3. ROOT RETREAT - Counselling, Life Skills & Career Guidance

Under the guidance of Rev. Fr. George Thottan CMI, the *Root Retreat* program provided counselling sessions to support students in overcoming personal and academic challenges. Life skills sessions strengthened confidence, communication, problem-solving, and decision-making abilities, while career guidance workshops, conducted with the assistance of social work trainees, offered practical insights on job readiness and future opportunities. These combined efforts enhanced students' employability and personal growth, equipping them to step forward with greater clarity and confidence.

4. Alumni Groups of KESS YUVA

Alumni groups of **KESS YUVA (Youth Upliftment and Value Addition)** were formed to strengthen networking and peer support. Two meetings were conducted during the year, fostering continued engagement, skill-sharing, and collective growth among the youth.



Amala Institute of Medical Sciences and KESS have partnered to offer housekeeping services to the hospital through our KESS Care initiative. Approximately 220 members benefit from the project.

5. More than 220 Women Empowered through KESS Care

Through KESS Care, the housekeeping staff recruitment wing of KESS, more than 200 women between the ages of 24 and 40 have been employed in hospitals and related facilities. This initiative has not only improved the economic stability and standard of living of the women and their families but has also contributed to better hygiene, sanitation, and hospitality services in the healthcare sector.

6. Monthly star programmes for staff

Every month, KESS Care held appraisal and feedback sessions for staff to review their work and support their growth. The best performer of the month was recognized and rewarded. This programme improved job satisfaction, encouraged motivation, and helped staff deliver services more effectively.

7. Five Training programmes organized:Upskilling Housekeeping Staff

KESS Care staff took part in training programmes on hospital infection control, hygiene, values and professionalism, patient shifting, waste management, laundry, tailoring, and other housekeeping duties. These sessions were led by Fr. Deljo Puthoor CMI, Fr. Julious Arakkal CMI, Fr. Shibu Puthenpurackal CMI, and Fr. Thomas Vazhakkala CMI, together with the KESS Care team. The training helped staff become better prepared to provide professional, value-based, and efficient services in the hospital.

8. Holistic Care: Well-being Initiatives for KESS Staff

Along with professional training, KESS also cares for the well-being of its staff. Activities such as family gatherings, counselling, marriage support, prayer sessions, and home visits are organized. These efforts create a supportive work environment, strengthen family bonds, and promote the personal and social well-being of staff, showing KESS's holistic approach to employee welfare.

9. Honouring Service: Staff Retirement Celebrations

KESS holds formal retirement functions to honour the service and dedication of its employees. In these one-hour events, retiring staff share their experiences, and colleagues show their appreciation, building team spirit and recognition. During the programme, all ESI and PF dues are settled, ensuring a smooth transition and showing KESS's care for the dignity and well-being of its staff.

10. Blood Donation Camp

KESS Care, in collaboration with Amala Institute of Medical Sciences, organizes blood donation camps to promote voluntary donation and spread awareness about saving lives through this noble act. Staff, interns, and community members actively took part in these camps, showing their strong commitment to health, care, and community service.

KESS for the Chronically Ill

KESS undertakes a wide range of initiatives to support individuals and families affected by cancer, HIV, and other mental health conditions. These efforts include mobilizing resources, engaging the community, distributing nutritional kits, conducting awareness campaigns, and involving volunteers. Through these activities, KESS offers not only essential assistance but also compassion, dignity, and a sense of solidarity to those in need.

Chavara Cancer Care for Children Project (4C)

The KESS 4C Project extends support to cancer-stricken families, helping them meet basic needs while also addressing children's education, marriage, career, economic stability, and the sustainable development of the entire family amidst caregiving challenges. This people's participatory initiative is made possible through the generous contributions of well-wishers, to whom we remain deeply grateful. KESS also networks with other agencies and like-minded organizations to strengthen the support system and provide holistic care to these families.

11. Vidhyarambham – 55 School Kits Distributed to children

At the beginning of the academic year, 55 school kits were given to children from families supported under the KESS Cancer Project and other poor families in the community. The programme, held at KESS Bhavan, Thrissur, was inaugurated by Rev. Fr. George Thottan CMI, Moderator, and Fr. Ginto Chirayath CMI, Secretary, KESS. Each kit included a school bag, notebooks, a water bottle, a tiffin box, stationery, and an umbrella, helping children begin school with confidence. In addition to this, KESS also brings patients and their families together through gatherings, festivals, gift distribution, home visits, counselling, and social support.

12. Nourishing Hope: Over 50 Nutritional Food Kits distributed for Onam and Christmas

As part of the KESS Cancer Care Project, nutritional food kits were distributed to beneficiaries and their families during Onam and Christmas celebrations. These kits were designed to provide not only essential dietary support but also a sense of joy, care, and inclusion during festive seasons.

13. Timely Relief: Home visits & Medical Assistance for Chronically ill Patients

KESS extends vital medical assistance to its 4C beneficiaries, ensuring they receive timely support for their treatment and care needs. During the period, with the support of CEVA, KESS provided financial assistance to help patients cover their treatment and other medical expenses, ensuring they received timely help and relief. Additionally, the social work team from KESS conducts home visits to offer psychosocial support and strengthen the care system within the community, ensuring a holistic approach to patient well-being.

14. Community Contribution Boxes at Shops

KESS places collection boxes in local shops in collaboration with shopkeepers, encouraging contributions from the general public. The funds collected through this initiative are directed towards supporting cancer beneficiaries of KESS, helping them meet essential medical and livelihood needs.

HIV/AIDS PROJECT

The greatest devastating disease ever known to mankind, perhaps is, HIV/AIDS, having infected around 40.8 million people, according to the data published by World Health Organization in 2024. KESS has been involved in the prevention, care and support aspects of this catastrophic disease since 2006. After the sensitization and establishing of registered bodies, the societies have been continue the care and support of the infected and affected families in the districts of Thrissur (HAT Project), Palakkad (HAPPI Project) and Kozhikode (KARE Project). KESS has initiated the groups for the welfare of the HIV affected that actively run with the goodwill of well-wishers. This sustainable model has been effective in reducing discrimination and promoting social inclusion.

15. Resource Mobilisation and Financial Assistance for HIV patients during Festive Celebrations

KESS mobilizes resources and extends financial support to ensure festive celebrations for the beneficiaries affected by HIV/AIDS, particularly during Christmas and Onam. The KESS team actively participates in these celebrations and collaborates with the societies and community groups, ensuring joy, social inclusion, and dignity for the beneficiaries at Palakkad and Kozhikode during the term.



KESS for the Community

16. Vayomithra Savings Scheme for 70 elderly persons

The Vayomithra Savings Scheme is a valuable initiative designed to support the elderly associated with KESS. This scheme is particularly beneficial for families caring for ailing, bedridden, or differently-abled parents or grandparents at home, helping to ease their financial burden and promote better caregiving.

17. Safe Shelter : Bhavanamithra Housing Support Scheme

The housing support project helps the needy people around the regional centres to acquire land if they are landless, construct new homes for the homeless or repair and maintain existing homes for those with dilapidated ones. Being a participatory project, it requires that the beneficiaries also share in the fundraising. As part of the Jubilee year KESS has been able to construct a homes for two poor families from the community, along with the support from CEVA and Devamatha.

18. Marriage Support: Vadhumithra Assistance

The Vadhumithra project is designed to assist the daughters (aged 16 and above) of workers employed in and around our regional centres and institutes. The initiative provides financial support through a structured savings scheme, complemented by psychological counselling and access to other essential resources that promote health and overall well-being. The goal is to ease the financial and emotional burden on families during the time of marriage, ensuring that daughters are supported holistically both economically and socially as they enter a new phase of life.

19. More than 56 Youth supported through Yuvamithra Savings scheme

The Yuvamithra project is designed to support young people associated with our regional centres and institutes. The initiative provides financial assistance through a structured savings scheme. The goal is to strengthen the financial security and personal growth of youth, helping them pursue higher education, entrepreneurship, or other aspirations with confidence and stability.

20. Summer Camps: KESS and CEVA Join hands to impart Life skills training to 75+ adolescents

KESS organized a Summer Camp for adolescent children at Meloor Panchayath and Snehagiri Sacred Heart Church, in association with the ICDS of the panchayat, with funding support from CEVA. The camp aimed to promote the holistic development and well-being of adolescents through a range of activities including life skills training, health and hygiene awareness, creative arts, and counseling sessions. This initiative provided a safe and engaging environment for young participants to learn, grow, and connect during the summer break.

21. Over 196 Laptops distributed to Youth

As part of the Youth Empowerment initiatives, KESS distributed over 196 laptops to young people across Thrissur district through six rounds of distribution. The initiative was designed to promote digital literacy, enhance technical skills, and open pathways to education, employment, and entrepreneurship. The impact has been significant: recipients have gained better access to online learning platforms, improved their digital capabilities, and developed greater confidence in using technology for personal and professional growth.

22. Safe Water for Healthy Living: Water Purifier Distribution

As part of the community development initiatives, KESS distributed 9 water purifiers to families in need to ensure access to safe and clean drinking water. This effort aimed to reduce the risk of waterborne diseases and improve overall community health. The initiative directly supports SDG 3 – Good Health and Well-being and SDG 6 – Clean Water and Sanitation by promoting better hygiene and ensuring the availability of safe water for vulnerable households.

23. Women Empowerment- Providing Tailoring machines for poor women

To support women's empowerment and financial independence, KESS provided power lock and interlock sewing machines at a 50% subsidy to women from local communities. A total of 14 machines were distributed, helping beneficiaries start home-based tailoring businesses. Many of them, trained through our fashion designing course, now earn ₹10,000–₹12,000 per month by making garments for local markets. This initiative not only provides income but also encourages women to take part in community projects and train others, spreading empowerment and skills.

24. Jail ministry Interventions

KESS, under the leadership of Fr. Thomas Vazhakkala CMI, continues its long-standing partnership with the Jail Ministry and the Central Prison, Viyyur. With the support of police officials and the welfare officer, cultural programmes were organized to highlight inmate talents, bringing joy and dignity. KESS also supported Onam and Christmas celebrations inside the prison. In addition, assistance was extended to families of inmates through marriage support, house construction, and kit distribution.

25. Onam and Christmas celebrations for the community

During the festivals of Onam and Christmas, KESS organized get together for the chronically ill, children, youth and elderly from poor families. During these celebrations KESS distributed nutrition kits for the participants. During Onam, the beneficiaries come together as one and take part in the games, cultural programmes and Onasadya.

26. Internships & Fieldwork Training for 42 students at KESS

KESS offered practical training and internship opportunities to more than 42 students studying social work, sociology, law, agriculture, and related subjects. These hands-on experiences helped students use what they learned in class in real-life situations while supporting community development projects. KESS also organized observation visits and orientation sessions for students from different colleges and universities in Kerala and beyond, giving them a clear understanding of social work at the grassroots level and how the organization works.

27. Counselling Support for College Students

The KESS team provided counseling services for students of Chetana Media Institute, helping them cope with academic stress, personal concerns, and emotional challenges. In 2024–2025, 10 sessions were held, benefiting 19 students through one-to-one guidance by Ms. Laisa Paul. Moving forward, the committee aims to expand services and introduce mental health workshops to further strengthen student well-being.

28. Employability Upskilling and Livelihood Think Tank Workshop for Transgender Community

KESS Centre, Nadathara, hosted a two-day Employability and Livelihood Think Tank Workshop for the transgender community in Kerala in September. The programme focused on enhancing skills, confidence, and livelihood opportunities. A special session was also held on *The Transgender Persons (Protection of Rights) Act, 2019*, enabling participants to understand their rights and legal protections. The initiative provided a safe and inclusive space that empowered participants to explore employability pathways, strengthen self-reliance, and work towards sustainable livelihoods.

29. Networking with NGOs, Hospitals and LSGDs

KESS has been actively networking with NGOs, hospitals, and Local Self Government Departments (LSGDs) to strengthen its community development initiatives. Notable NGO collaborations include Cyriac Elias Voluntary Association, Kochi; AVARD Bhavan, Chalakudy; and Don Bosco Bhavan, Mannuthy, among others.

30. Research Study on Tribal Communities

Counsellors and field staff from KESS visited tribal areas as part of data collection for the study titled “Financial Capability and Reproductive Health Awareness: Practices and Decision-Making among Women from Particularly Vulnerable Tribal Groups (PVTGs).” The initiative aims to generate insights that can inform policies and programmes for the empowerment and well-being of tribal women.

KESS for Children

KESS has undertaken the **Kaval Plus Project**, a state government-funded initiative supported by the Department of Women and Child Development, Kerala, the Nirbhaya Cell, and the Integrated Child Protection Society (ICPS). The project primarily benefits children in need of care and protection (CNCP) as defined by the Juvenile Justice Act (2015).

Kaval Plus focuses on providing **psychosocial care and support** to two major categories of children:

- Community-based rehabilitation and reintegration of **Children in need of Care and Protection (CNCP)**
- Community-based rehabilitation of survivors of **Child Sexual Abuse (CSA)**

Since its launch in 2022, KESS has been actively implementing the project. The team consists of one Project Coordinator and two Case Workers, handling both CNCP and CSA cases. Their activities include Case interventions and follow-up, Counselling and psychosocial assessments, Home visits, Participation in CWC (Child Welfare Committee) and DCPO (District Child Protection Officer) review meetings. From October 2022 to March 2025, the project has addressed 88 cases in CNCP and 46 cases CSA categories. Many of the children referred to the project face socio-economic challenges and family dysfunctions, requiring holistic interventions.

31. Life Skills Training and Psychosocial Interventions for CNCP (Children in need of care and Protection) and CSA (Survivors of Child sexual abuse) survivors

The Kaval Plus team organised life skills sessions and group work to enhance children's coping abilities, resilience, and social skills. These activities help children build confidence, improve communication, and develop problem-solving strategies essential for their overall well-being.

32. Parent Management Training for 20 Kaval Plus beneficiaries

During the term, the team also conducted special training sessions for parents and caregivers to strengthen parenting skills, promote positive discipline, and equip families to provide a safe and supportive environment for children under the scheme.

33. Kaval Plus - Community Awareness and outreach sessions

Through awareness programs in anganwadis, schools and colleges, KESS Kaval Plus programme addresses topics such as stress management, mental health, and adolescent developmental changes. Additionally, funds are also mobilised to support economically disadvantaged students by providing school kits, nutrition kits, and financial aid to ensure their continued education.

34. Higher Education and Professional Training Assistance

Recognizing the aspirations of talented students from low-income families, KESS extends financial assistance for higher education and professional training. Support includes covering tuition fees, housing, study materials, and other related expenses, enabling students to pursue their academic and career goals.



Service Providing Center

Service Providing Centre (SPC) KESS continues to be active since its inception in November 2013. Currently under the Department of Women and Child Development of the Government, KESS SPC has been intervening vigorously for the protection of women against all violence, especially domestic. Awareness classes and legal intervention through the KESS legal advisor as an SPC has helped to reduce the intensity of ill treatment towards women.

For the past year, KESS SPC has been conducting legal awareness sessions in various communities. These sessions aim to increase general knowledge about existing laws and policies concerning children and women. These sessions, in turn, help people identify their rights and duties and empower them to raise their voices against inequalities.

KESS SPC 2024-2025			
Total Cases Registered	71	Other Socio Legal Services	18
Domestic Violence Cases	63	DV Cases Backlog	3
Types Of DV		Cases Settled Through SPC	48
1.Physically	57	Mediation Only	
2.Sexually	39		
3.Verbally And Emotionally	63		
4.Economically	34		
Cases Referred For Medical Examination	4	Domestic Incident Reports Filed	5
Cases Who Were Given Medical Aid	4	Cases Presented In Court	19
Cases Referred To A Clinical Psychologist	0	Cases From Kess SPC Referred To Kelsa/Delsa	14
Remedies Obtained Through Kess SPC			
Protection Order	5	Monetary Relief	5
Interim And Exparte	5		

Service Providing Centre (SPC) acts as a resource centre for the women in the community to depend on as a free legal aid for discussing the issues of domestic violence and to seek solutions for the problem. The sessions also provide counselling services to help women, to understand their legal options and make informed decisions. This includes emotional support to help them cope with the stress of legal proceedings.

35. Awareness Sessions conducted under SPC in Schools & Colleges

KESS SPC conducts regular awareness sessions in schools and colleges to educate young people about gender equality, rights, and protective laws. These sessions create safe spaces for dialogue on issues affecting women and children. By empowering students with knowledge, KESS helps build a more sensitive and responsible generation.

36. Justice for All: Free Legal Aid Services under SPC

Through its legal advisor, KESS SPC provides free legal aid and counselling to women facing violence and discrimination. The services include guidance on legal rights, assistance in filing complaints, and follow-ups. This initiative ensures that justice becomes accessible even to those from marginalized backgrounds.

37. Voices Against Violence: Orange the World Campaign

KESS SPC actively conducted 'Orange the World Campaign', a series of sessions conducted in observation with the world campaign for preventing violence against women under Department of Women and Child Development, Thrissur.

38. V Guard - Women Self-help Groups

KESS continues to actively support two women's employment units – Devamatha Vanitha Service Society (DVSS) and Vynthala Vanitha Service Society (VVSS) – at Nadathara, which involve nearly 60 families from Nadathara and Puthur. These women-run units, originally in collaboration with V-Guard, gave women steady income and the dignity of work. Even though the stabilizer production has stopped, KESS keeps these networks active today. The women regularly take part in festival celebrations, awareness programs, and Women's Day events, staying connected, supported, and empowered within the KESS community.

KESS Green Initiatives

39. Jaivagramam Fertilizer Aid

With 50% financial aid, KESS distributed fertilizers to farmers in the community to support their agricultural needs. The project aims to promote farmers' livelihoods while encouraging sustainable farming practices

40. Livelihood Promotion through Animal Husbandry

A new cow farm has been established and a rabbit farm was inaugurated to create alternative income opportunities.

41. 50 Jaathi Saplings – A Memory of 50 Golden Years of KESS

The farm workers at KESS are actively engaged in growing jaathikka (nutmeg) saplings to promote long-term cultivation. This initiative helps farmers increase their income while supporting sustainable and eco-friendly farming practices.

Observation Days

42. Health for All: World Health Day Awareness

In April, KESS organized a gathering for its chronically ill beneficiaries and their families. The event included distribution of nutritious food kits and an informative session led by the KESS team on the importance of health and hygiene practices.

43. Spreading Hope: World AIDS Day Programme

KESS has celebrated World AIDS Day. One of the renowned projects of KESS, supporting the HIV- AIDS patients of three different districts Thrissur, Calicut and Palakkad celebrated the day by organising awareness sessions for the youth and the adults in the Panchayath. The beneficiaries of the project also joined the celebration.

44. Empowering Girls and Women: National Girl Child Day & International Women's Day

- National Girl Child Day: With the initiative of the Service Providing Centre (SPC), KESS conducted awareness sessions on child rights, laws, and government schemes related to the girl child for children in the community.
- International Women's Day: Led by social work interns, KESS observed Women's Day by conducting an opinion poll among women in the community to gather perspectives on gender, marriage, and equality.

Upcoming Projects

45. Production Unit of Hot Oven Bakery

KESS plans to establish a bakery production unit at Nadathara, Thrissur aimed at creating sustainable employment opportunities for economically disadvantaged individuals. The initiative will support income generation, skill development, and community upliftment by engaging local people in bakery production and related activities.

46. Ganashram Project

Ganashram, an eco-friendly music campus at Nadathara, near Mannuthy in Thrissur district, Kerala, spread over 8 acres, with the vision of fostering spiritual energy, peace, and inner harmony through music and meditation. The ashram will focus on holistic health and well-being by integrating music meditation, therapy, and yoga. This upcoming project of KESS in collaboration with Chetana Music Academy embodies commitment to community wellness and social transformation, uniting people under the spiritual umbrella of music and meditation.

47. Research and Community Impact Study

A two-year collaborative project under the Centre for Research Projects, Christ University, Bangalore, through the Kuriakose Elias Chavara Research Fellowship (KECRF), has been launched to evaluate 50 years of KESS's contributions in social upliftment, education, healthcare, and community development. The study, undertaken jointly by Christ College, Irinjalakuda, and KESS staff, will critically document and analyze the organization's impact, with the findings to be published in a Scopus-indexed journal.

48. KESS Upcoming Income Generation Programs (IGP)

Paper Bag Project – Establishing a paper bag unit to promote eco-friendly alternatives while creating employment opportunities.

JEAK Project (Tailoring Unit) – A tailoring initiative launched in honor of the former director of KESS, Late Rev. Joseph Elias Ainickal Kannath CMI, aimed at providing sustainable employment to poor women.

LED Bulb Making – Training and production of LED bulbs to generate income and encourage the use of energy-efficient products.

Sound System Making – Developing skills and employment opportunities through the assembly and production of sound systems.

49. KESS Infrastructure Development

KESS plans on new infrastructure upgrades to strengthen its facilities and community services. Key initiatives include the installation of solar panels aimed at promoting renewable energy and reducing electricity expenses through solar power generation, creation of comfortable rooms at the KESS Centre for trainees and visitors, provision of a lift at KESS Bhavan to ensure accessibility to all including staff, visitors, and differently-abled individuals, regular kitchen maintenance and upgrades to improve service quality, and the facilitation of a mobile tower to enhance connectivity for the local community.

50. Intervention study among Adolescent Children

Rev. Fr. Ginto Chirayath CMI, as part of his PhD thesis has developed an intervention module for youth focusing on providing real interventions for improving mental health and reducing stress among adolescents.



a) Athma - My Mind, My Care

This organisation is the closest collaborator of KESS in promoting mental health and wellbeing. Working in the field of mental health, Athma has reached out to more than thousand clients and has provided all counselling services and different psychotherapies to people of all age groups in India and abroad. They are also involved in the awareness generation about child development, mental health of different groups.

b) Dotz Audio

The Light and Sound unit at Padavarad provides income generation to the poor around them through the production of decorative chain LED bulbs. This is also a poverty eradication activity that KESS promotes.

c) Inter press service

This paper bag production unit at Puthur opens up whole new world of possibilities being environment friendly with producing bio degradable bags, and providing employability to the poor in the neighbourhood. KESS connects with both these aspects and support them in this venture.

d) Jesus Arts Statue Works

The statue making unit at Nadathara, functioning under KESS Centre, gives opportunity for skill enhancement in a unique profession. KESS has joined hands with them to provide a chance to train those interested and provide certificates.

e) Insight Counselling Centre

KESS linked with Insight located at Chettupuzha, which has their own expert professionals in cognitive behavior, various psychotherapies and learning disability trainings. Various sessions, trainings and workshops were collaboratively conducted for the empowerment and development of children, youth and women.

f) FAWECOP

FAWECOP is a Society aimed for the welfare and upliftment of rural families dependent on agriculture and development of organic farming for sustainable livelihood. KESS coordinated interventions to boost their livelihood options during this pandemic, providing support and mobilising materials needed for the same.

g) Udaya Karshaka Sangham

The paddy fields at Padavarad were given for lease to group farmers, experts in reviving this dying art of yielding rice grains from our own lands. This in turn gave them an income generative opportunity and a blessing to the land itself. KESS has a shared responsibility in taking care of its productivity and financial status, helping them to resolve internal issues and improve efficiency.

h) Aurretz –Home Decor enterprises

Our sister concern provides customized home interiors and furniture manufacturing services, creating employment opportunities in line with SDG 8: Decent Work and Economic Growth. By combining quality craftsmanship with community empowerment, the venture contributes to sustainable livelihoods while upholding the values of KESS.



Staff Achievement

We extend our heartfelt congratulations to Adv. Reena John, KESS Advocate (SPC), on being selected as a Mediator at the Kerala State Mediation and Conciliation Centre (KSMCC), High Court of Kerala, Kochi. This prestigious appointment is a recognition of her professional excellence and commitment to justice. We wish her continued success in her new role.

Social Work Excellency Award

At a get-together programme for HIV patients in Calicut, KESS Secretary Fr. Ginto Chirayath was honoured with the Social Work Excellency Award. The award was presented by Hon. MLA Thottathil Ravindran in recognition of KESS's dedicated service and compassionate outreach to vulnerable communities.

KESS Family

The KESS family gets together for different festive occasions like Onam, Christmas, Birthdays and feast celebrations sharing the unity and joy of being one team. The staff receive trainings, seminars, workshops, exposure visits which facilitated and led to the overall personal and professional development of the staff.

KESS CARE - Amala



Support to Ashram Workers



Care for HIV infectants



Vocational Training



Vocational Training



Women on wheels



Laptop Distribution



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KESS
KURIAKOSE ELIAS
SERVICE SOCIETY

Web: www.kess.org.in

HEAD OFFICE

KESS Bhavan
Naickanal, Thrissur-680 001
Kerala, India
Ph: 0487 - 2335516,
Mob: 9207715410
Email: kesstcr@gmail.com

REGIONAL OFFICE

KESS Centre
Elenjikulam, Mannuthy
Thrissur-680 651
Kerala, India
Ph: 9207715417
Email: kesscentre@gmail.com

“Let us care for one another and let us be loving custodians of creation” Pope Francis