

43 years of
**RELENTLESS
COMMITMENT**

annual report

2016-17



KESS
KURIAKOSE ELIAS SERVICE SOCIETY





*"The quality of life can only improve
if the individual improves his or her quality"*

Karl Kubel



St. Kuriakose Elias Chavara

Our Inspiration



.....
" Let there be no day in your life in which you did no good to others"
.....



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Message from the Patron



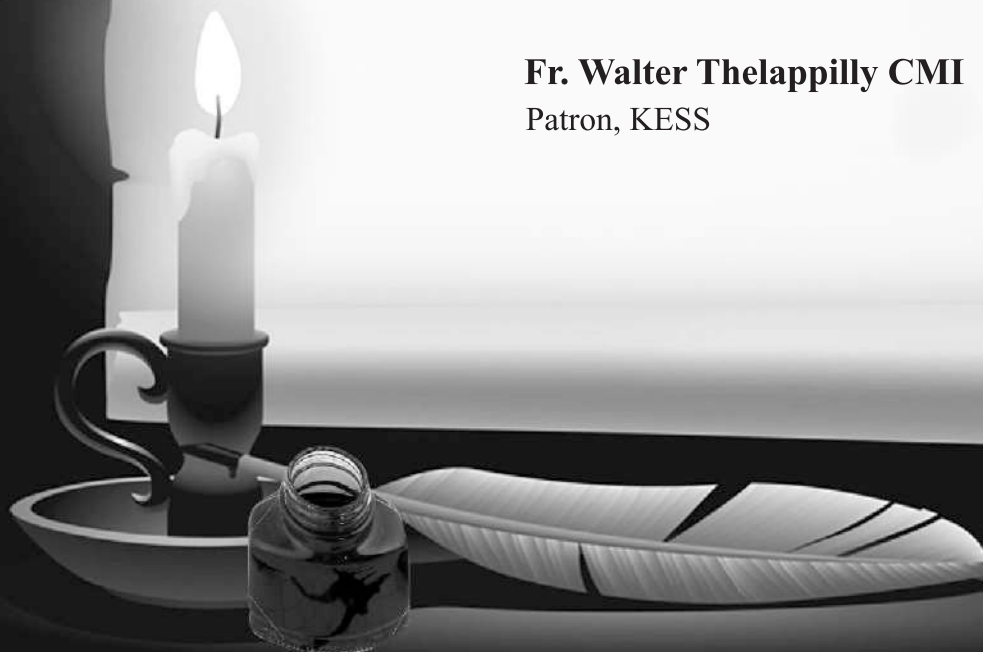
I am very proud to say that KESS is the number one agency of Devamatha Province in doing social work. Kuriakose Elias Service Society has a tradition of helping the poor and the marginalized for more than forty years.

KESS is doing a marvellous job in the field of HIV/AIDS. The AIDS afflicted patients at Thrissur, Palakkad and Kozhikode have a great advantage of the services of KESS. KESS is also in the forefront of helping the Cancer affected families.

I wish the very best for KESS in all its activities.

Best wishes and prayers!

Fr. Walter Thelappilly CMI
Patron, KESS



Message from the President



Seeds of an idea sown in 1974 have borne abundant fruits over the years, spreading its branches and sending its roots even deeper. Today, KESS stands tall, on a firm foundation, an NGO in its own right, unwavering in its drive to serve the needy.

Reflecting on the 43 years of relentless commitment of KESS, it is with great pride that I recognize the organisation's ability to become a positive social capital asset, *enhancing the quality of people's lives*, and encouraging community productivity and cohesion. In the areas of health, education, sustainable development and promotion of organisation culture, KESS is unmistakably a pioneer for many things good in our society. The strategic plans of the organization over the years were focused on our mandate, mission and vision. Our projects and programmes seem to have achieved our goals.

I would like to express my gratitude to all the participants and supporters who have contributed their knowledge, time and financial resources to make this organization a success. Under the stable and visionary leadership of the secretary – cum- treasurer, Rev Fr. Joy Vattoly CMI, with the timely advice from our Patron, Rev.Fr. Walter, Thelapilly CMI, the collective efforts of the Board of Directors and numerous individuals who work with dedication and diligence to achieve this phenomenal growth we have been able to achieve our goals. This will greatly enhance the positive outcome of KESS's efforts to go ahead. I look forward to further success and expansion through diversification of activities to improve the condition of the people and to foster a socially conscious community.

“On the road to success, the rule is always to look ahead...” I wish KESS every success, and I hope it attains many more milestones in its onward march to help the marginalized and the poor. I cannot end without mentioning the significant efforts of the entire team, - the General body which inspires, the board of directors which motivates and the Secretary and staff, who execute the vision into an impeccable mission. Thank you one and all for your support.

Wishing you all the very best!

Prof. U.V. Antony
President, KESS



Message
from the Moderator



It is with great joy and appreciation that I have witnessed the dynamic growth of KESS over the years serving as the moderator, a privileged post in which I take pride.

Forty three wonderful years with an amazing service record in poverty eradication, relentlessly and selflessly without any barriers, is overwhelming. The recent interventions aiming for the welfare of those suffering from cancer and HIV, the homeless, the marginalized and vulnerable are appreciable and recognizable.

The almighty has blest us abundantly in reaching our goals and vision and may he continue to keep us safe as we tread along this mission of good work. Congratulating the board members, especially the secretary as well as the staff for all the excellent work done through KESS. Wishing all success in the future endeavors.

With prayers and blessings,

Fr. Jose Kavungal CMI

Moderator, KESS



Message from the Secretary



I am extremely happy to present before you the KESS Annual Report of 2016-17. Over the years, KESS has been active in bringing about changes to the lives of many in different states of the country, but it was only now that KESS began interventions in the district of Kozhikode. I am sure that this Kozhikode HIV project shall reach out to the most needy and achieve its vision in time. Speaking of projects, I am glad to see the progress of the children of our beneficiaries, especially from the families afflicted with HIV and Cancer. Each intervention of KESS has brought them one step closer to their dreams, which were deemed impossible due to their families' desperate conditions. My heart swells with pride just like a parent to note that many of them have enrolled into higher studies or successfully employed in a profession, with the confidence and motivation, provided lovingly by KESS. Vadhumitra was a notable project of this period, moulding young girls into mature and responsible women. So is the KESS nursery, another wonderful venture initiated during this period, to enable the weak and the needy.

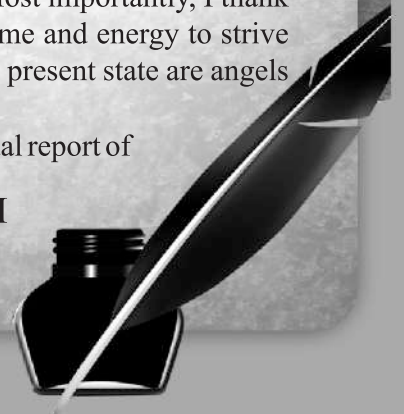
I do not intend to go into the depths of each project of KESS, which are briefly described within the pages of this Annual report. But, I would like to take this opportunity to acknowledge the people behind the success of these projects and activities rendered through this organization. KESS has been blessed with an enigmatic group of staff, especially the youngsters who are majors in MSW, striving in the most qualitative and proficient manner possible, on and off the field. I congratulate each one of them for doing their best as an inevitable part of the team. Equally noteworthy are the senior staff who have been a part of KESS for a greater part of their life, providing selfless service for the greater good of the society. Along with them, the project coordinators and all the support staff are also examples of exemplary teamwork and commitment, which have helped KESS reach where it has today. Thanking each one of you!

The Board members, especially the directors, also deserve special mention. Their timely meetings, discussions, kind corrections and encouragement have inspired the team and myself to strive for better social work interventions every time. My sincere gratitude to each one of you. The patron of KESS, Rev. Fr. Walter Thelappilly CMI- the CMI Devamatha Provincial, has been a supportive pillar who leads us by example by doing good in his every stride. Thank you for your incomparable support and contributions which has helped KESS develop immensely over these past years.

“Let there be no day in your life in which you did no good to others”, the inspiring words of St. Chavara, has been the life providing foundation upon which every soul in KESS aspires on. I most profoundly remember his holy goodness, and acknowledge his blessings. Most importantly, I thank our heavenly father who has given us the opportunity, the resources, the time and energy to strive towards our objectives. Every single person who has helped KESS reach its present state are angels sent by him and each achievement is a sign of his presence with us.

With utmost gratitude and immense joy, I hereby present the KESS Annual report of 2016-'17.

Fr. Joy Vattoly CMI
Secretary, KESS



Governance of **KESS**

The organization is regulated by the members of the General Body and the Board of Directors. The General Body, consisting of 102 members are from different walks of life. They meet annually to review the activities and provide support and suggestions for the betterment of the organization. The members of the Board of Directors are nominated and elected by the General Body once in three years. The Board of Directors meet four times annually and is responsible for the Articles of Association and the approval of the annual accounts. The Board consists of the President, Moderator, Secretary Cum Treasurer and six directors.

Board Of Directors

Rev Fr. Walter Thelappilly CMI

Prof. U. V. Antony

Rev. Fr. Jose Kavungal CMI

Rev. Fr. Joy Vattoly CMI

Mr. P. M. Thomas

Rev. Fr. Jose Edathan CMI

Mr. Mathew George

Rev. Fr. Jose Payyappilly CMI

Mr. Solly Thomas

Mr. C. P. Paul

Patron

President

Moderator

Secretary Cum Treasurer

Director

Director

Director

Director

Director

Director



KESS

AN INTRODUCTION

KESS has traversed 43 noble years extending its fruitful service in all fields offering wide horizons and opportunities for fresher and deeper commitment for the cause so close to our hearts of providing care to the downtrodden and marginalized, HIV and cancer afflicted, vulnerable groups of women and children, shelterless and landless through organic promotion, higher education support, scholarship awards, women empowerment, wedlock assistance and other need oriented activities.

Our social footsteps are eye openers in the areas of suffering, poverty, social stigma as well as to the joy of giving, helping and advocating, resulting in new heights of achievements and amazing results. These were successfully achieved with the sincere guidance, timely advice and financial support of our Hon: Patron and Provincial of CMI Devamatha Province Rev Fr. Walter Thelappilly CMI and dedicated social minded directors.

VISION

KESS is visualized as a growing resource center, responsive to changes in the global scenario, promoting developmental initiatives among the deprived and the vulnerable, based on democratic values, human rights and humanitarianism

MISSION

To realize the vision, KESS undertakes intensive community mobilization, empower it through social conscientization, life skills and appropriate livelihood systems

OBJECTIVES

1. To perform works of charity for those in need, *irrespective of race, caste, sex, community or creed.*
2. To strengthen the institution of family through *family-life education, counselling* and other support systems, thereby its tendency towards disintegration is effectively arrested.
3. To build the competency of people (HRD) through *education, awareness-generation and skill-training* so that they can mobilize and manage resources for self-advancement.
4. To develop, in partnership with the stakeholders, adequate *infrastructural facilities* such as housing, drinking water, electricity, path ways, community halls etc.
5. To focus on *health*-related matters and promote personal hygiene and environmental sanitation through health education, behavioral change communication (BCC) and immunization programs.
6. To establish *self-help groups* of men and women and engage them in creative activities so that they could enrich themselves with information, know-how and resources for improving their living conditions.
7. To address emerging issues in the agrarian sector such as low productivity, indebtedness, suicides, exploitation by traders etc and promote modern, *eco – friendly* farming practices, value additions to the produce and maximize incomes through appropriate marketing strategies.
8. To intervene immediately in disaster-hit areas and undertake relief and *rehabilitation work* in a participatory manner.



KESS

has a profound history of creating a prolific difference through its various projects and programmes.

KESS

has a profound history of creating a prolific difference through its various projects and programmes. The core thrust of our activities focus on education, health, income generation, social security, poverty eradication, socio-economic development, legal aid, child development and women empowerment. Looking back, KESS stands overwhelmed yet humble by the impact it has been able to make through various programmes such as Thrissur Integrated Development Project 89-96, Grassroot Organization Project 90-92, Prime Minister's Rozgar Yojana (P.M.R.Y) in '93; Bhakshya Samrudhi '09; Janasree Bhima Yojana '00; Trysem; Jalandidhi projects in Thekkumkara and Madakkathara Grama panchayaths; Earn While Learn Scheme; Madathumpadi Community Irrigation Scheme, which benefitted 250 agricultural families to develop 200 acres of agricultural land and 3 K Puram housing project for 52 families to name a few. Apart from these, KESS has coordinated vocational training programmes to unemployed youth through various schemes of NABARD.

Some of our timely interventions in the other states include the Silvani Project [Madhya Pradesh] '79-'80, for the development of 70 villages; Searmau Project [Madhya Pradesh] 89-95, for the development of 40 villages; Pollachi Integrated Rural Development Project 85-93, for the integrated development of the poor with emphasis to health education; and Apna Health Care Project [Maharashtra]. Disaster management and relief activities are also a prime concern of KESS. From

the '93 Latur earthquakes (where earthquake resistant houses were constructed), to the '99 Orissa's Super cyclone to Tamil Nadu's tsunami (Keezhmi dalam Tsunami Rehabilitation Project) till recent Chennai flood disaster (distributing provisions of food, water, clothing), KESS has been there for them all.

KESS has adopted a three pronged approach, where certain programmes are implemented directly, some are undertaken by independent societies formed by the beneficiaries themselves under the patronage of KESS; while some others are implemented by KESS and the follow up is entrusted to independent societies formed by/for the beneficiaries. Since its inception, KESS has maintained good liaison with all departments of Central and State Governments and has undertaken programmes with their help and guidance. Department of Industries, World Bank, Kerala State Social Welfare Board, Kerala Rural Water and Sanitation Agency (KRWSA), Grama Panchayaths etc. are some of the other notable institutions which have supported us in our endeavors.

Our heartfelt gratitude is expressed herewith to the Almighty, CMI Devamatha Province, KESS Board members and staff, various benefactors, Central and State government and all those who, have cooperated profoundly in all our endeavours. Special mention and thanks to KKS, Central Social Welfare Board, K. Chittilappilly Foundation and several others for their constant support. Social work is indeed the heart and work of many, and KESS is no different.



HHC HEALTH CARE

I. HIV/AIDS

KESS has been serving as an intervention model in HIV care and support, touching the lives of thousands of HIV infected families, successfully implementing HIV/AIDS care and support projects in the districts of Thrissur and Palakkad, the latest being Kozhikode. So far we were able to reach around 2500 HIV afflicted families. The interventions under these projects can be broadly divided into 2; HIV prevention and Care & support of People Living with HIV/AIDS (PLHIVs).

Major Interventions in HIV/AIDS	
Awareness Generation	IEC Development
Networking and linkages	Advocacy and Lobbying with Elected Members
Development of Volunteers	Formation of Local Action Committees
Formation of CBOs	Identification of PLHIV and their families
Counseling	Health Education
House Visits	IGP and trainings
Linking with Govt. Services	Educational Support
Trainings for Parents and Children	Vocational trainings



Major Achievements



- » IGP system of KESS (loans, repayment, revolving fund and its management) was selected as the best system among all KKS projects.
- » 140 beneficiaries were supported with loans for running various IGPs.
- » Around 38 lakh rupees were earmarked by various GramaPanchayats and District Panchayats for HIV care & support.
- » Local Action Committees were formed in 125 PRIs as part of social support system leading to social inclusion of PLHIVs.
- » 93 children were supported for higher studies in which around 23 are doing professional studies, 57 beneficiaries were supported for their house maintenance.
- » 7 families were supported for the marriage of their daughters.

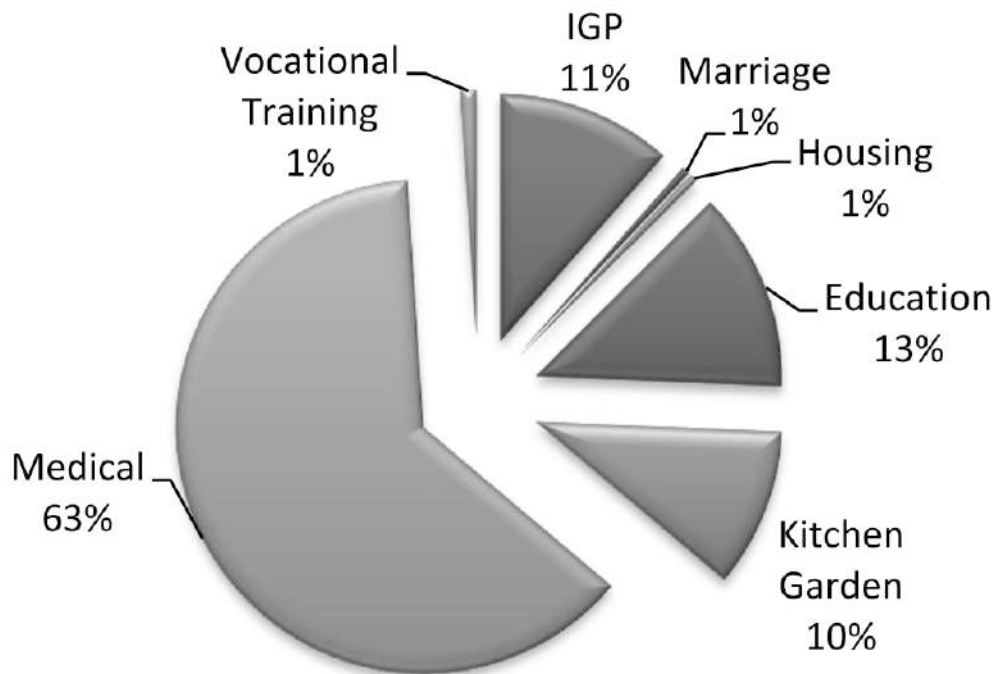
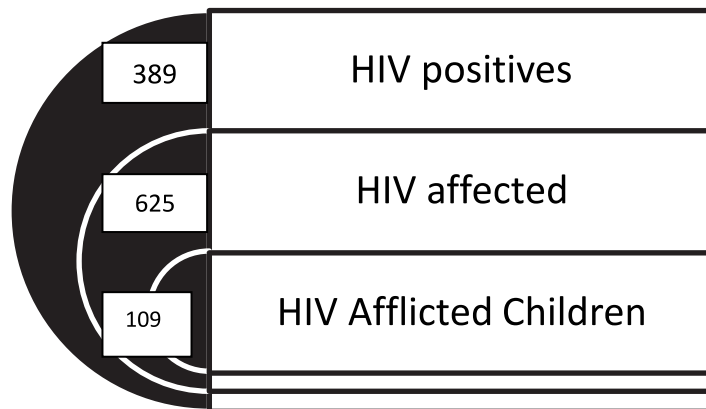


KESS KARE

Kozhikode AIDS Rehabilitation Efforts

The KESS KARE Project in Kozhikode District, which commenced in 2016, is already making a difference in the minds and lives of the residents there.

Beneficiaries Reach.....through KARE



Activities	2016-'17
Sensitization of elected members/MLAs at Gramapanchayath level	4604
Awareness programmes at educational, religious, kudumbashree, PTA, coastal, anganvadi levels	501
Formation of LACs	30
Identification of HIV infected	391
Identification of HIV affected	750
House visits (sessions)	486
Medical, travel & funeral assistance	943
Educational sponsorship/adopting a child for educational needs	121
Providing loans for Income Generation Programmes	29
Kitchen garden support	50



NOTABLE EVENTS

1. **Advocacy and Networking:** KESS-KARE received acknowledgments from the Chief Minister's office and also from the Minister of Health and Social Justice stating that they will take relevant steps for the various issues raised by KESS in the memorandums submitted to them for the welfare of PLHIVs.
2. **100% HIV literacy programme initiation** was inaugurated in various Gramapanchayats of Kozhikode by MLAs and notable social figures.



3. **Holy Year of Mercy Award:**

Thamarassery Diocese as a part of its Holy Year of Mercy Celebration, awarded KESS for its commendable services in the field of HIV.



Action oriented study for Little Flower Charitable Society

In order to facilitate medical assistance to the deserving poor, KESS conducted a study in Thrissur District through House visits and personal interaction with respondents to learn the socio demographic aspect of patients with heart conditions, kidney failure, Cancer, HIV etc. Little Flower Charitable Society has taken up the cases of the most deserving from this study and provides monthly assistance as per their medical requirements.

4. ***District Networking Agencies Meet:***

Representatives from 50 organizations came together to share their expertise and extend their support for the PLHIVs in Kozhikode.



5. ***Income Generation Programmes:*** 29 beneficiaries were supported with financial assistance to start income generation programmes to ensure regular income to their family.



6. ***Kitchen Garden Promotion Programme:*** Training, field visits and distribution of organic saplings were conducted to promote sustainable food security and organic farming.



7. ***Education Support:*** Tuition fees, transport and all required support were provided for children who are affected by HIV to pursue their education and 78 children benefitted from these services.



8. ***Family get togethers and festival celebrations*** are held frequently, where beneficiaries come together.



9. ***Local Action Committees (LAC)*** was formed in 23 Panchayat Raj Institutes (PRIs) of Kozhikode, with the aim to support the PLHIVs locally and enable social inclusion.



HAPPI- HIV/AIDS

Palakkad Project for the Infected

This project was initiated for the PLHIV of Palakkad. KESS is involved in the welfare of these beneficiaries in various ways.



a. *Educational aid distribution*

400 HIV infected and affected students were given school bags, notebooks, stationery etc before the start of their academic year at the premises of Paalana, Palakkad.

b. *Income Generation Program*

The beneficiaries of the HAPPI project are supported through various IGP to sustain themselves. KESS is constantly involved in their upliftment through frequent visits and supervision.

c. *Networking*

Collaborating with several institutions in Palakkad such as Paalana Institute of Medical Sciences, Jayamatha College and congregations like CMC have helped achieve maximum reach.

d. *Get-together of infected and affected*

Frequent get-togethers are hosted, which form a venue for the beneficiaries to come together to get informed, updated and motivated positively. Festive celebrations of Christmas and Onam are also organized during these gatherings.

HAT- HIV/AIDS Thrissur

The HAT project was carried out for the HIV/AIDS infected affected people of Thrissur. KESS plays an active role in enabling the beneficiaries through the following.

a. **Networking meet**

Linking with like minded organizations, societies, congregations and individuals and bringing them together contribute to the betterment of the afflicted in many ways. Zonal societies have contributed timely support. CMC congregation has collaborated in providing marriage support to the needy in the group.

b. **Education Support**

The students of the beneficiaries were gifted with educational aid kits just before school reopened so as to reduce the financial burden of their families.

c. **One-day outing program**

The beneficiaries were taken for a day out to relax and refresh.

d. **Nutritious food kit distribution**

a. Looking out for the good health of the beneficiaries, nutritious food kits are distributed occasionally

e. **Celebrations**

Festivals like Christmas and Onam are occasions to forget the daily miseries of life, atleast for some time. The beneficiaries come together to take part in these festivities.

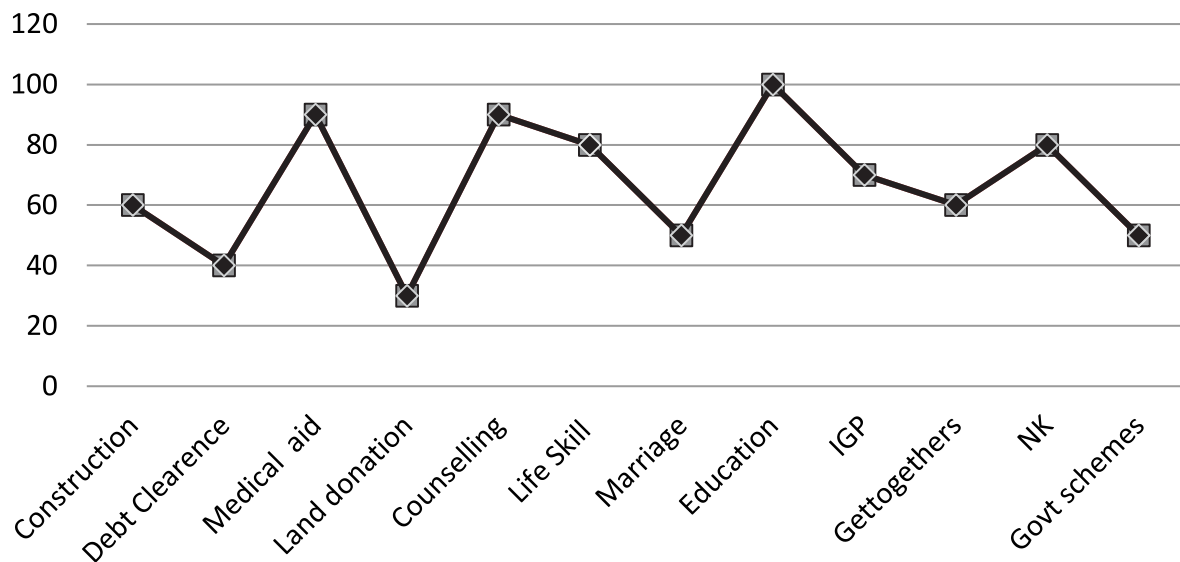


II. CANCER

Chavara Cancer Care for Children Project [4C]

One of the serious lifestyle diseases of this age, Cancer, strikes not just the infected, but traumatizes everyone associated to them. Their children, especially, are most affected. KESS has been consistently providing support to fulfill basic requirements of the Cancer afflicted through this 4C project, Covering different regions of Thrissur, Palakkad, Calicut and Malappuram, this project is carried out with the assistance of regional volunteers called 4C Associates. Almost 300 Cancer afflicted families have benefited from this project.

Support for the cancer afflicted



Region wise distribution of 4C Beneficiaries and Associates

Sl. No	Regions	No. of Families	Total Family Members	4C Associates
1.	Paturaikkal	31	129	-
2.	Nadathara	40	182	3
3.	Puthur	16	92	2
4.	Elthuruth	11	57	2
5.	Chiyaram	13	78	1
6.	Thalore	14	75	4
7.	Varandharapilly	16	87	4
8.	Mala	25	109	2
9.	Chalakudy	75	307	-
10.	Irinjalakuda	13	75	1
11.	Azhikode	38	181	2
TOTAL		292	1372	21

KESS
CANCER AWARENESS
CAMPAIGN

KESS CANCER AWARENESS CAMPAIGN

- ❖ **Documentary 'You Can Beat It'**, on Cancer awareness generation was released by KESS. One of the members of our cancer survivor group, Ms. Riya Seles, provided the major technical support. The content is on the 'why' and 'how' of the lifestyle disease with opinions by specialists. Preventive aspects and healthy living are also highlighted in it.



Riya Seles – Tale of a Cancer Fighter

Riya was an ambitious newsreader of a leading channel when she was diagnosed with stage 3 Tongue Cancer. Initially devastated, she fought through her physical frailty with an ever tougher psyche. Today, she is back on track undergoing a course in film making, specializing in direction. A member of the Cancer survivors group of KESS. Seles took it upon herself the challenge to bring the real into the reel through 'You Can Beat It'. Technical aspects like interviewing, directing, editing, etc were carried out professionally under her leadership. An inspiration to the ailing, the documentary echoes her motto, along with KESS.... “If I Can Beat Cancer, so can You!!”

❖ **School level cancer awareness** was organized with the documentary screening at various schools in Thrissur district, conscientizing staff and students on cancer. A noteworthy mention is the astonishing goodwill of the students to **donate daily provisions** for the ailing cancer patients as an after math of this program.



❖ **Hair donation campaign** helped to inspire the 'goodness of giving' from one's plate of abundance. Staff and students of educational institutions donating hair for cancer patients.



❖ **A district level cancer awareness campaign** involving **100 trainers** coordinated 88 Panchayaths and 6 Municipalities of Thrissur. Social workers, volunteers and students took active part to reach out to the public via awareness classes, camps, hair donation campaigns, walkathons, rallies, street plays etc in different parts of the district.

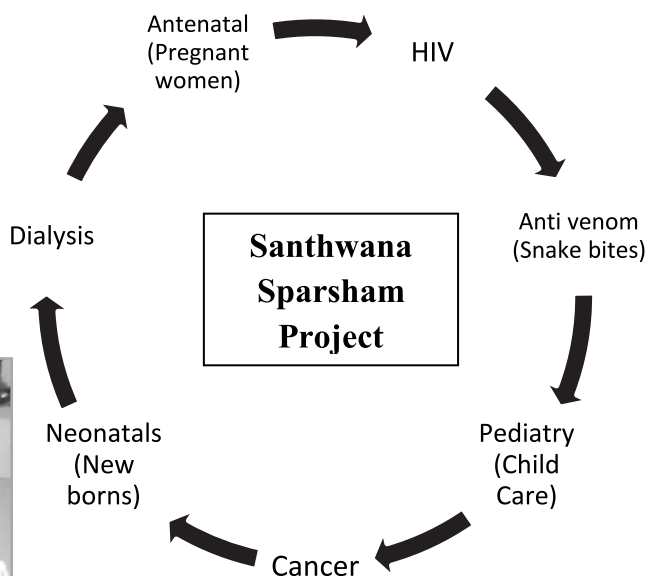


III. KESS – Paalana Projects

Paalana Institute of Medical Sciences, Palakkad, is a community healthcare institution with which KESS is in active collaboration. Many events were conducted under this partnership, some of which are as follows-

Santhwana Sparsham

This provide free medical treatment to the financially poor in various areas.



Child Health Project

This project provided medical assistance to children aged 12 years or below through free treatment worth Rs. 2500 per annum to 50 underprivileged children (HIV/AIDS infected or affected) from 3 panchayats neighbouring Paalana Hospital.



VULNERABLE CARE

Child Care

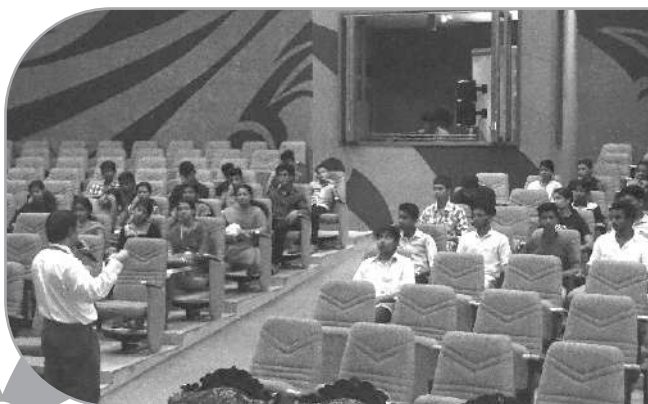
SEPPOK-

Student Education Promotion Programme of KESS

Child care and support is a major focus of KESS. From sponsoring school education to higher studies, KESS helps children develop holistically, churning out resourceful citizens of tomorrow.

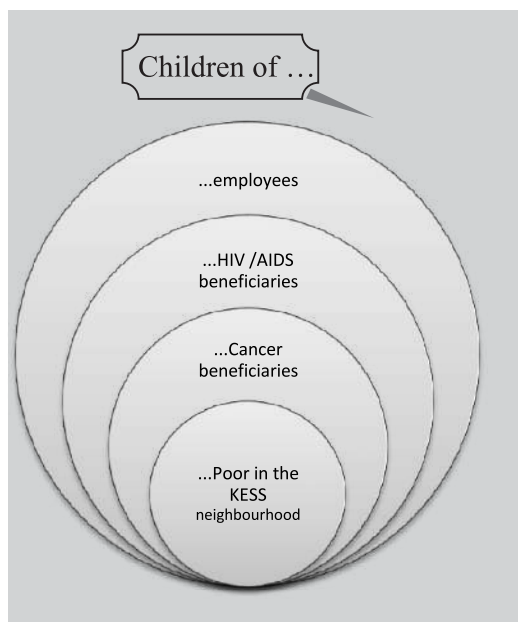
Dream Building Programme

34 talented children, who showed great prospects, were selected for the '*Dream Building Programme*' held at Bengaluru. They were given exposure visits to major institutes like the IIM and Christ University campuses and the opportunity to meet successful personalities in the corporate world. The participants also underwent classes on leadership, personality development and life skills. The aim was to empower them to dream bigger and strive for maximum potential.



Educational aid distribution

Right before the start of the academic year, educational aids were distributed to 2000 students - including children of the employees, needy families in the neighbourhood, HIV and Cancer afflicted families. Uniforms, school bags, notebooks, stationery, tuition fees, umbrellas etc were provided.



Career Expo

EDUCATION EXPO-2016	
CARRIER COUNSELING CELLS	
IIIrd FLOOR	
1.	POLICE & DEFENCE (BSF)
2.	NURSING & PARA-MEDICINE
3.	ENGINEERING & POLYTECHNIC, ITI, ITC
4.	SCIENCE & COMPUTER
➔	
IInd FLOOR	
5.	TOURISM & HOSPITALITY MANAGEMENT
6.	SOCIAL WORK & LAW
7.	B'Ed / M'Ed & JOURNALISM
8.	FILM & BROADCASTING
9.	ARTS & MUSIC
10.	SOUND ENGINEERING & PHYSICAL EDUCATION
11.	COMMERCE

A career guidance expo organized for high school and higher secondary students and their guardians, helped them make smart career choices. For this, various educational, governmental and financial institutions and their staff were brought together under one roof. 400-500 students benefitted from this program.

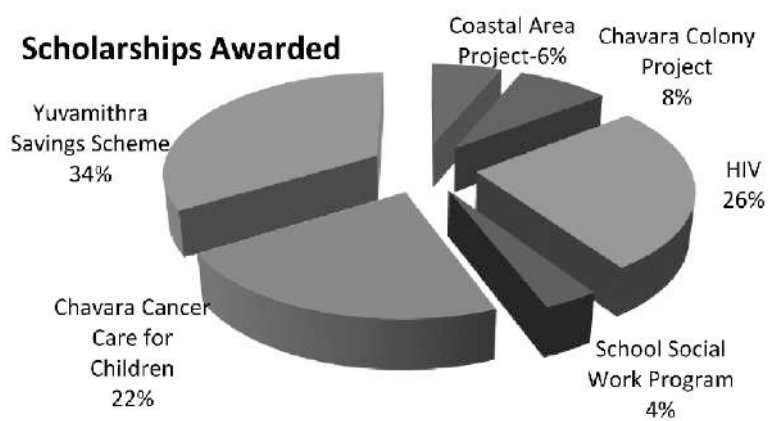


Vidhyarambam & Scholarship Day

Prior to the academic year, annually, a school re-opening day was celebrated, with children kindling the light of knowledge and rendering respect to the wisdom of 'Matha/Pitha/Guru-Devam'. Around 500

meritorious students from poor background were honoured with scholarships and educational support. Parents were given orientation and motivation to encourage their wards.

Scholarships Awarded



Exam Guidance

Today's children need support and courage to face exams without fear. This aspect along with motivating them positively through personal counselling was provided at different centres, encouraging the students to excel in competitive examinations



Action oriented leadership camps

During the summer holidays, around 1000 children attended the 'action oriented leadership camps' conducted at different centers in Thrissur, Palakkad and Calicut, aimed at enhancing life skills, personality empowerment and fine tuning them into good leaders for the future. The week long programme includes visits to community

centers like Panchayat office, post office, police station, elderly homes, rehabilitation centres etc. To instill social capital into the young hearts, the children are sent to visit and identify poor and sick people in the neighbourhood, and analyse their needs. Interaction with reputed personalities are also an important component of these camps.



KESS Crèches

Six crèches function in Thrissur under the leadership of KESS. 30-40 children within the age group of 2 to 5 attend these crèches. Picture charts, toys, play, visual techniques are all used to incorporate values and life lessons along with age specific educational classes. Nutritional food items are also distributed daily to promote good physical health. The staff conducts house visits of each child to assess their holistic levels and have a personal approach while dealing with them.

No.	Names of Crèches	Place
1	Assumption Crèche	Ponnukkara
2	Infant Jesus Crèche	Meladoor
3	Depaul Crèche	Thoombakode
4	St. Joseph Crèche	Puthur
5	Samaritan Crèche	Punnamparambu
6	St. Joseph Crèche	Elanthikkara



Child Rights and Child Protection

Child rights awareness sessions were conducted in fundamental child rights and prevention of child rights violation.



Higher Education Support

Financial support and other resources for students, especially in the lower strata, who have enrolled for professional courses like engineering, nursing, medical/para medical, IT etc are provided as need arises.

Empowering Boys' Homes

Empowering programmes such as personality development trainings, leadership sessions, career orientations and exposure visits are organized frequently.

Child Sponsorship Programme

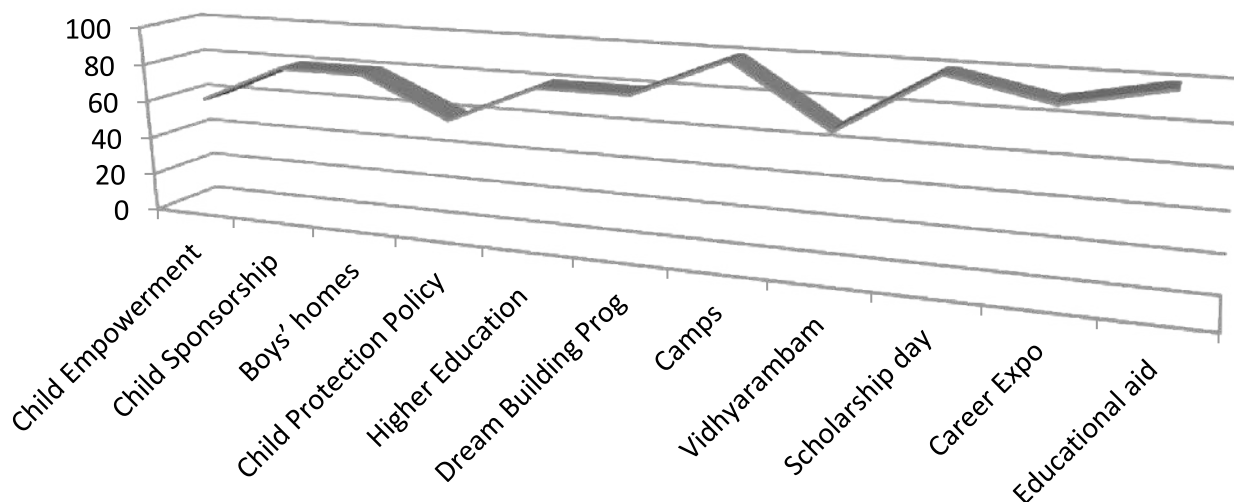
Sponsors are identified and approached to fund a needy child for all his financial needs until he finds a job and stands on his own feet.

Child Protection Promotion Programme

IEC materials have been developed and distributed to educate people and children on fundamental child rights and protection. Trainings and consultations are conducted on a frequent basis.



Child supportive activities



Women Care



Vadhumitra Project

110 girls and their families have benefitted from this project aimed at financially and holistically moulding good 'kudumbinis' for a better family and society. This project has been a blessing for the daughters of the project beneficiaries. Every month a get-together was organized, where sessions on personality, health & hygiene, life skills, marital life, Social Capital Generation, Home Science, Food and Nutrition were organized pooling in the best people for the job. Individual care and counselling were also available.

The girls were groomed to be resourceful members of a family, enabling them to think and act responsibly and lovingly. Program coordination for festive celebrations, Kudumbini awards and care for the ill and the elderly were some hands-on experience provided alongside.

13 beneficiaries in this project have entered into matrimony during this period, for which resources and financial support were provided. The newly weds were congratulated and blessings showered on them.



WE ARE MARRIED

*Christy-Sony, Samaya-Anish,
Soumya –Sinoj, Laiji-Shinoj,
Meenu-Bibin, Jereena-Jackson,
Debiya-Jerish, Shincy –Risten,
Happymol-Tinoy, Surya- Vishal,
Sarika- Prajeesh, Dency- Justin,
Abhita- Vinod*



Women friendly IGPs

Various types of Income Generating Programmes have been initiated for women like poultry, goat rearing, animal husbandry, nursery sales outlet, petty shops, tailoring unit, catering unit etc.

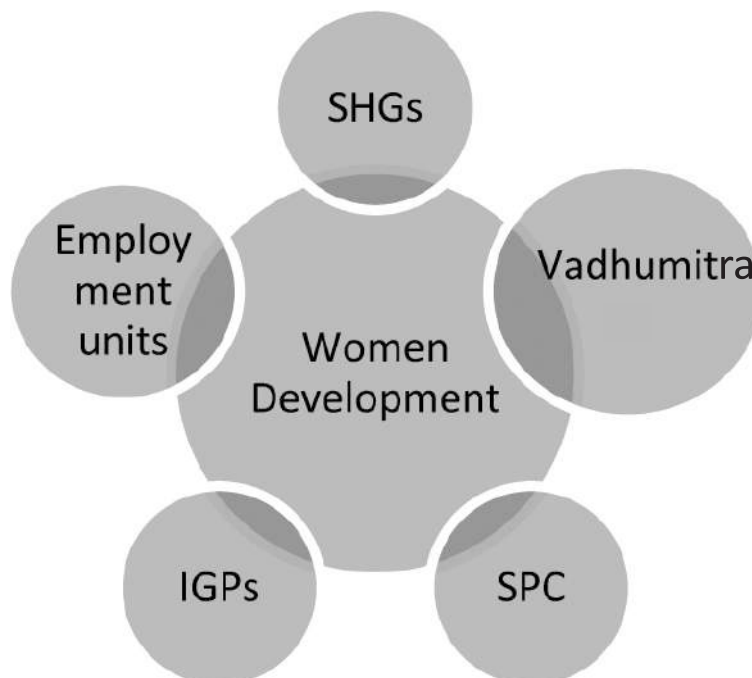


Women societies under the patronage of KESS

Two legally independent charitable societies (formed and run under the Charitable Societies Act), intended to develop and empower poor rural women, initiated decades ago by KESS, are actively functioning even today. Various employment opportunities are provided with timely quality enhancement trainings and motivational boosters.

The units are:

- a. Fr. Vynthala Vanitha Service Society at 3K Puram, Nadathara
- b. Devamatha Vanitha Charitable Society at Puthur



Elderly Care

Karunya Project

43 ailing elderly citizens in the community were brought together once a month where motivational sessions, group games, outings and meals, etc. were organized with an aim to enrich their lives. House visits were also conducted to assess their conditions and better them.



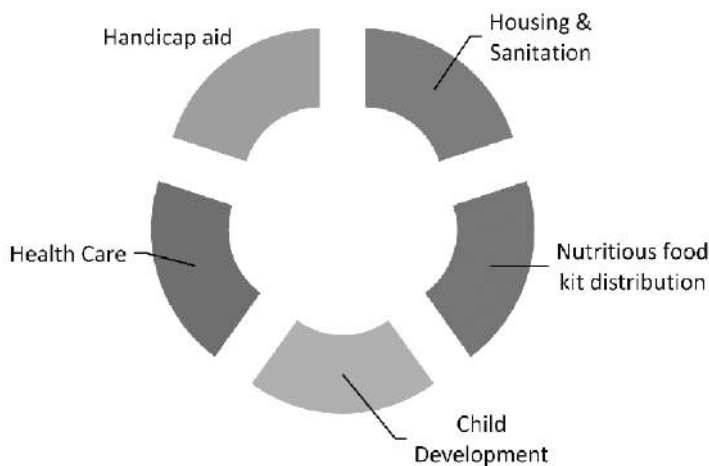
Major Activities

- Monthly get-togethers
- Motivational sessions
- Nutritious food kit distribution
- House visits
- Monsoon provision distribution
- Pleasure trip

Colony Development

Chavara Colony Development Project

Selected 32 underprivileged families and the people of Variane Lane Colony, Vikas Nagar Colony and Cherummukku Colony, located around the premises of the Devamatha Provincial House, are provided various support as shown below-



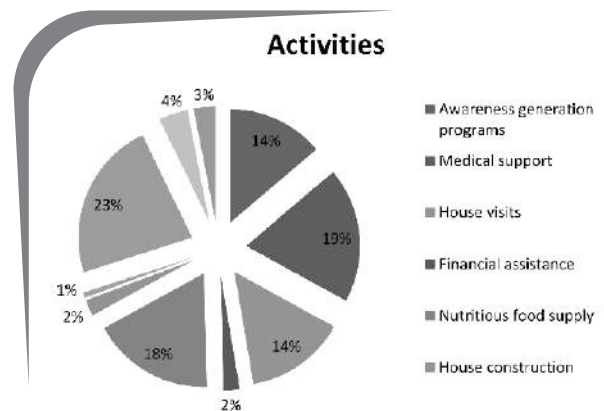
Coastal Development

Chavara Darshan Bhavan Project

The coastal community comprising of 28 families around St. Paul's Church, Kadalundy were provided the necessary resources and support for their integrated and holistic development.

Chavara Integrated Family Development Project

72 economically backward fishermen families in the Eriyad Panchayat of Azhikode are supported through this project, collaborating with Mar Thomas Pontifical Shrine, Azhikode. These families are on the path of progress through the various income generation programmes, children empowering sessions, volunteer empowerment programmes etc that were organized for them.





EC ENVIRONMENT CARE

KESS Nursery

Crossing traditional methods with new age organic techniques, the KESS Nursery at Nadathara is an example of a much needed green revolution. Seeds and saplings are developed organically, along with vermin compost, KESS Nursery is an eco friendly venture. Agricultural experts are our visiting consultants.



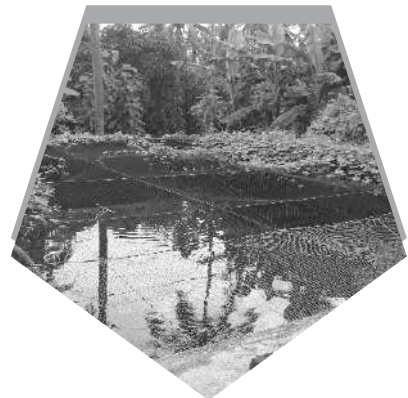
KESS Nursery Sales Outlet

The KESS Nursery has begun a sales outlet on the premises of KESS Bhavan, Thrissur. The income generated from this outlet is primarily aimed to support the cancer afflicted. Functioning as a women empowerment venture, the KESS nursery sales outlet has different types of seeds, organic manure and saplings in the medicinal, flowering and fruit bearing categories.



KESS Farm

The activities in the KESS farm are varied including vermi compost units, ponds utilized for pisciculture, cultivation of bigger trees and plants on a larger scale. All cultivation is strictly organic. The farm also develops organic and biowaste induced manure, and livestock development. A team of proficient farmers strive to ensure the farm functions well.



Awareness on Organic Culture

Organic kitchen garden awareness classes are conducted for the workers of the KESS Nursery and project beneficiaries. The agricultural officers from the regional Krishi Bhavans lead sessions on organic farming techniques.



Nurturing, consuming and investing in healthy and nutritious organically grown food, right from one's own backyard is the need of the hour for beneficiaries and their afflicted families alike. Along with creating a green community, food security and savings also improve. 300 beneficiaries were enabled this year through the ***kitchen garden promotion programme***. The group received orientation sessions by agricultural professionals as well as green kits containing organic fruit and vegetable saplings, manure, seeds and soiled grow bags. The recipients are challenged to create competitive kitchen gardens, the best of which are rewarded.

Kitchen Garden Promotion Programme



Distribution of Organic Saplings

To develop a green community having strong relations with the soil and its fruits, organic saplings were distributed to several categories of people such as students, auto drivers, project beneficiaries and employees of the organization at different occasions.



Organic sapling gifting as mementos

'Something green to remember us by' – is our tagline when it comes to acknowledging the goodness of our well wishers or the service providers who have selflessly given us their time, energy and support. Rather than gifting showcase pieces, we give organic saplings to our honorable guests.



Green skill upgradation of staff

The staff in the nursery and farm units received skill updation trainings on organic farming.

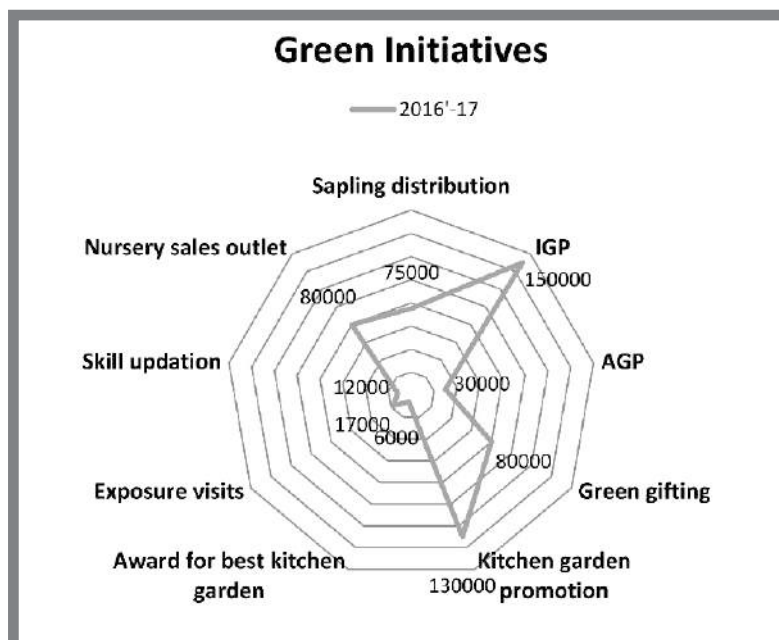
Exposure visits

For better awareness and a professional approach to organic culture, exposure visits were organized for the beneficiaries and staff to well developed kitchen gardens and institutes like Indian Institute for Spices Research, Krishi Vigyan Kendra etc.



KESS Marketing Centre

A market for organically grown fruits and vegetables, directly from the produce of self help groups and organic farmers is actively thriving at KESS Bhavan premises.



Taste for Waste

What was used and discarded is collected, recycled and reconditioned as part of this programme. The income derived from the value of these items is utilized for the rehabilitation of cancer patients and mobilized for constructing houses for the deserving poor.



WATER CARE

Jalanidhi

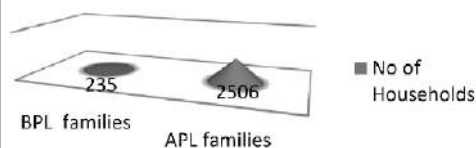
The World Bank-assisted "Kerala Rural Water Supply and Sanitation Project" better known as "Jalanidhi", that was implemented at Nadathara Gramapanchayath by KESS, has successfully tackled the water scarcity in 2741 households, together with the support of the community. The activities undertaken by KESS during the past financial year include extensive house visits through which data collection, verification and updating of records for documentation were made possible. Interventions include providing underground pipe connection facilities to the beneficiaries, facilitating repair and restoration of damaged pipes, provision of water and maintenance of the water sources.



No. of Schemes	4
No. of Active bgs	56
No. of households covered	2741
Jalanidhi coverage (in %)	34 %
Project Duration	2012-2017



Economic status of beneficiary households



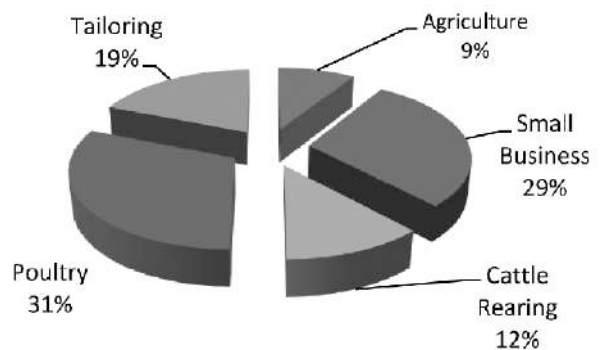
● Chavara Housing Project ●

House construction, repair and maintenance, sanitation and toilet repair works have been a major activity during the period. Rather than contributing a full amount to such works, we liaison with the administrative bodies, possible donors and mobilize resources for the beneficiaries. Together, we have enabled 143 people to fulfill the basic need of shelter.



Income Generation Program ●

IGP is a participatory, self sustaining program that is developed, with the welfare of the beneficiaries in mind. The staff and beneficiaries are provided orientation by professionals. Various IGP's that were provided include lottery, poultry, studio, catering, animal husbandry, fish vending vehicle, tailoring unit, weaving unit, dog boarding, kitchen garden and cattle rearing. Constant monitoring and supervision is arranged along with house visits to ensure each IGP's smooth functioning.



Land Donation ●

The Government constructs houses only for those who have their own land. For the poor landless, KESS reached out to them and distributed land so they can build up their safe haven of shelter.

Assistance in Debt Clearance ●

Those in financial crisis, especially among the beneficiary groups, were helped by networking with benefactors and discussions with financial institutions. As a result, some debts were reduced and others cleared. In order to prevent such mismanagement of funds in future, orientation on financial management is also provided on a frequent basis.

KESS Events

Karunya Varsha Samapanam

The culmination of the 'Year of Mercy' was officially celebrated at Mar Thoma Pontifical Shrine, Azhikode. KESS played an eminent role in conducting various activities related to the Papal call for mercy throughout the year. This concluding event had several highlights like honoring service oriented civilians and institutions, smart cane distribution to 25 visually impaired, land donation, house donation, and karunya sadya. 400 disabled were the chief guests for the day. More than 2000 people attended this event.



Karunya Kiranangal – Socially committed Rays of Hope

20 selfless, enthusiastic social workers from different realms of life were selected from Thrissur, Palakkad and Ernakulam by an exclusive panel. Mr. Anto, Mr. Devassy, Ms. Elsy, Mr. Johnson, Mr. Jose, Ms. Mary, Mr. Micheal, Mr. Nikhil, Mr. Sebu, Mr. Silvester, Mr. Didi, Ms. Jansy, Mr. Johnson T, Mr. Joy, Mr. Mathews, Mr. Mukesh, Mr. Pauly, Mr. Shoby and Ms. Zeenath were the outstanding people with hearts of gold who were applauded for their good work.

Days of Observance

A black and white photograph capturing a public gathering. In the lower-left foreground, a police officer in uniform is seen holding a large Indian national flag. To his right, a woman dressed in a traditional saree stands prominently. Behind her, a group of children are seated along a long table, some looking towards the camera. The background is filled with more people, including men and women, some wearing identification badges. A large banner is visible behind the group, featuring text in Malayalam script and a circular emblem on the right side.



Dignitaries visit KESS



Bridge Builder Program

KESS was one of the coordinating agencies of the Bridge Builder Program of Weltwärts, German Federal Ministry, who had sent volunteers from their country to India with the objective of developing intercultural sensitivity and familiarizing with social initiatives here. Mr. Florian Wölfl & Mr. Joshua Kauss, were with KESS this year, supporting our activities and actively participating in our mission for social welfare.



Celebrations



Staff Welfare



KESS Publications



KESS Accolades



KESS in Media



KESS in Collaboration with

KCHITILAPPILLY FOUNDATION

Central Social Welfare Board

Government of Kerala
Local Self-Government Department

weltwärts
Der Freiwilligendienst des Bundesministeriums für wirtschaftliche Zusammenarbeit und Entwicklung

THE WORLD BANK

FEDERAL BANK

Central Social Welfare Board

Karl Kübel Institute
for Development Education

Federal Ministry
for Economic Cooperation
and Development
BMZ

german cooperation
DEUTSCHE ZUSAMMENARBEIT

giz

CMI DEVAMATHA
PROVINCE, THIRISSUR

Karl Kübel Stiftung
für Kind und Familie

CYRIAC ELIAS VOLUNTARY ASSOCIATION
SERVICE & CO-ORDINATION

Jalanidhi
KERALA RURAL WATER SUPPLY & SANITATION AGENCY

John's

State Bank of India

Cyriac Elias Voluntary Association (CEVA)

Govt. Of Kerala
Department of Agriculture

Govt. Of Kerala
Department of Agriculture



കെസ്സ് നഴ്സറി

തെങ്ങ്, മാവ്, പ്ലാവ്, കശുമാവ്, ജാതി,
റമ്പട്ടാൻ, പിസ്താ, ഓംഗോസ്റ്റിൻ, സപ്പോട്ട, ചമ്പ, നെല്ലി, മുളുമാത്ത, പുലാസൻ,
മുളക്, നാരകം, കറിവേപ്പ്, ചീര, ബോഗയ്ൻ വില്ല, ഓർക്കിഡുകൾ, യൂഫോബിയ,
ഇറ്റാലിയൻ ബാംബൂ, ക്രോട്ടൻസ്, ഇൻഡോർ പ്ലാന്റ്

സി.എം.ഐ ഫാദേഴ്സിന്റെ സഹകരണത്തോടെ വനിതകളുടെ നേതൃത്വത്തിൽ ആരംഭിച്ചിരിക്കുന്ന ഒരു സംരംഭമാണ് കെസ്സ് നഴ്സറി. പൂർണ്ണമായും ജൈവ കാർഷിക രീതിയിൽ വളർത്തിയെടുത്തതും ഗുണമേന്മയുള്ളതുമായ പച്ചക്കറി തൈകൾ ഫലവൃക്ഷതൈകൾ നാണ്യവിളകൾ, അലങ്കാരച്ചെടികൾ എന്നിവയെ കൂടാതെ കൃഷിക്കാവശ്യമായ ജൈവവളം ഗ്രോ ബാഗുകൾ, ചെടിച്ചട്ടികൾ മുതലായവ ഇവിടെ ലഭ്യമാണ്.

കെസ്സ്- നഴ്സറി

കെസ്സ് സെന്റർ, ഇലഞ്ഞിക്കുളം, മണ്ണുത്തി പി.ഒ
തൃശ്ശൂർ- 680651, ഫോൺ : 0487-2371839, 2373148

വനിത ജൈവകാർഷിക സംരംഭം

2016-17



KESS

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