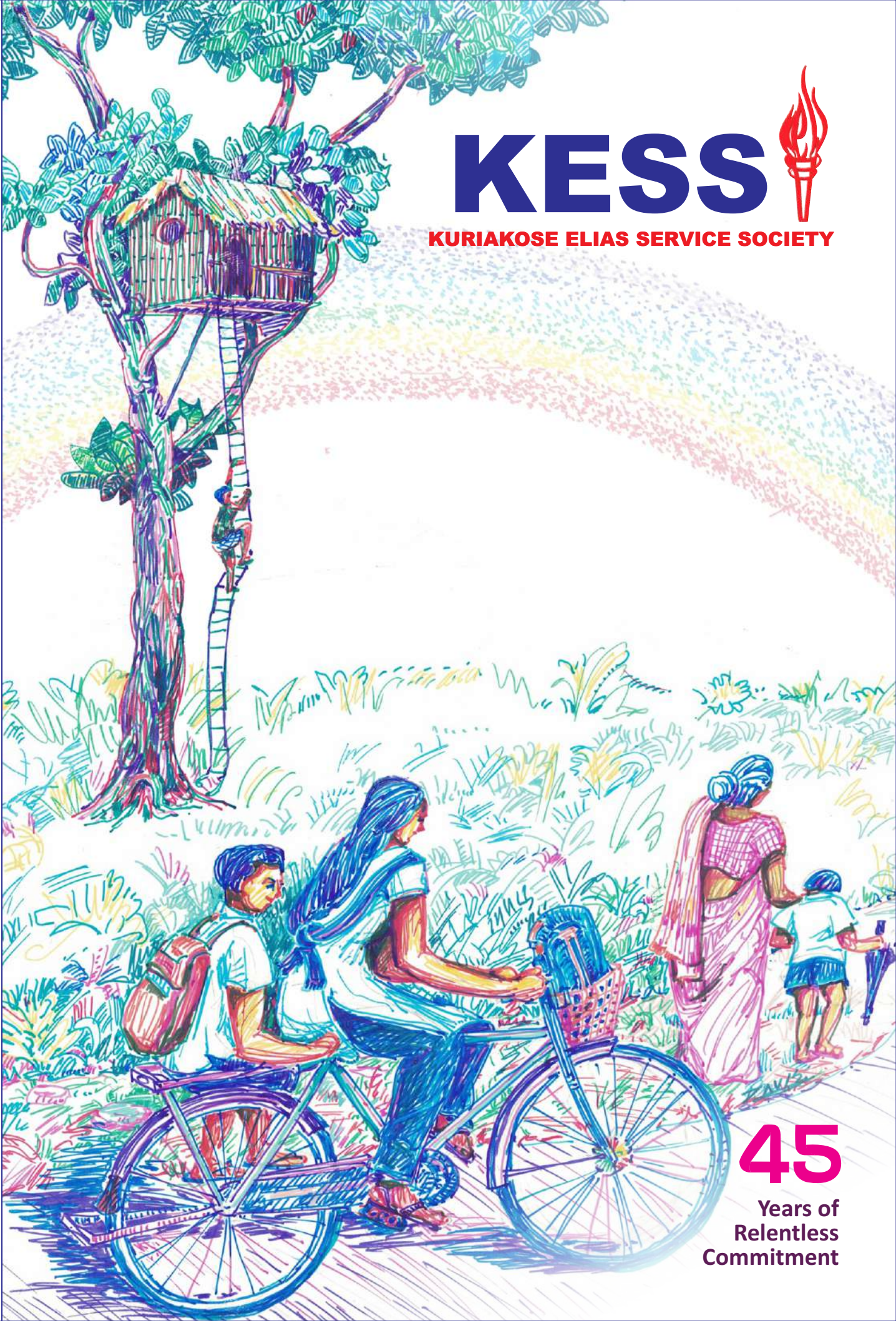


ANNUAL
REPORT
2018-19

KESS



KURIAKOSE ELIAS SERVICE SOCIETY



45

Years of
Relentless
Commitment

45

years of
Relentless Commitment





St. Kuriakose Elias Chavara
- our inspiration

"Let there be no day in your life in which you did no good to others"

**“Never doubt that a small group of thoughtful,
committed citizens can change the world.
Indeed, it is the only thing that ever has.”**

- Margaret Mead



PATRON'S MESSAGE

I'm very happy to acknowledge KESS as it publishes its Annual Report this year. The Society has been doing a great job in the field of social work. The state of Kerala faced one of its greatest disasters with the floods during this period. KESS helped thousands of people to alleviate their suffering. The team was involved in so many programs to help the flood victims. I appreciate KESS to identify the really deserving poor affected people and helping them in all ways possible. This deserves special congratulations. KESS is also involved in different social work activities like helping the HIV/AIDS and cancer affected families. Patients undergoing kidney dialysis, mental illness, severe heart conditions also are supported by KESS. I take this opportunity to congratulate Fr. Joy Vattoly for initiating programs like Yuvamithra, Vadhumithra and Housing for the poor. The KESS Nursery has also become a big support helping the jobless people, and bringing them back to nature.

As Provincial, I do appreciate KESS for helping the poor families. I wish more fruitful projects will be executed by KESS in the coming years. My sincere thanks for all who spend their time and energy for the programs of KESS.

Fr. Walter Thelappilly CMI
Patron, KESS

Testimony

“ KESS has given our family new breath of life. We were drowning in misery with debts and loans, making us consider suicide as our only option. But KESS has given us a ray of hope, helping us clear dues and providing income generation solutions. Now we can live in peace, all thanks to KESS”.



PRESIDENT'S MESSAGE

KESS is catering and promoting social welfare activities among the abandoned, homeless and marginalized, who are literally living in squalor and poverty. Looking back to the 45 years, our hearts overflow with gratitude to our well-wishers' involvement and solid cooperation from all sides; we earnestly solicit continued patronage in the days ahead.

KESS in its role of facilitating and supporting people living with HIV/AIDS, Cancer and other miserable maladies along with their dependents empower the vulnerable socially, economically and legally, encouraging poor children holistically, crusading against drug addiction and domestic violence through various schemes such as Yuvamithra, Vadhumithra, Organic Kitchen Garden, Santhwanam etc.

The full-fledged intervention of KESS during the flood that swallowed almost the whole of Kerala during this period is praiseworthy where in our instantaneous micro level activities, relief camps, mobilization of volunteers for cleaning and counseling and providing essential kits are all unforgettable in this year's KESS activities.

Fr. Dr. Joy Vattoly CMI, our secretary-cum-treasurer, an energetic and dynamic personality works down to dusk selflessly and unceasingly. He is an asset to KESS.

Let us move with greater vigour and confidence towards a glorious journey alleviating the agony of the poor. May the almighty continue to shower his blessings upon us!

Prof. U.V Antony
President, KESS

Testimony

“ In our struggles and misery, there was only KESS which came as a savior to revive our desperate lives. The floods took everything- our home and things. We were shattered. But KESS helped us get it all back-shelter, clothing, children's education. Thank you KESS for being God's angel at the right time.”



MODERATOR'S MESSAGE

The quickening of the energy we have acquired in the last 45 years of KESS history which is echoed in this annual report awards an evidence where we stand. There is no reluctance on my part to express sincere appreciation to all those who partnered with us in the endeavours primarily in all the ongoing KESS projects. This reporting year's dedicated actions towards the dangerous flood and aftermath activities is reckonable and deserves indebtedness. My sincere appreciation and thanks are due to the General Body, Governing Body, grass root level partners, dedicated staff and particularly to our KESS Secretary Rev. Fr. Dr. Joy Vattoly CMI who stood as the back bone to face the multi-dimensional problems strictly keeping the financial discipline, striving with relentless dedication.

Let our Lord lead us to newer heights. I conclude with the ardent desire and unshaken belief that His invisible hands will lead us in these acts of humanity and onward journey to more accomplishment.

Fr. Paulson Paliakkara CMI
Moderator, KESS

Testimony

“ We had lost all funds for the treatment of our dear one's illness and did not know where to go to take care of our little ones. We had no provisions to continue their education or meet our daily needs. KESS came to our rescue, helping me find a job and finding sponsors to educate my children. We can now think of a better future, with God's grace that came through KESS”



SECRETARY'S MESSAGE

This reporting period was a challenging one for KESS as we immersed ourselves into high volt action against the biggest disaster that our state faced-the Kerala Monsoon Floods of 2018. This was a time when the government, funding agencies, associations, congregations and entire communities worked together, hand in hand with the flood affected, waving their various differences apart. This teamwork, where the government and people worked together, was indeed an achievement just as the acronym TEAM stands for – Together Everyone Achieves More. The often spoken ideal methodology of intervention, where the support system and the supported, worked together with equal participation towards their goals, thus became a reality, an exemplary model for generations to come.

KESS was also involved in the development of poor children and their families affected by chronic illnesses, empowerment of vulnerable groups of women and youth, care and support for the destitute and marginalized, networking with like- minded agencies and individuals as well as intervening in policy making – all for the benefit of the poor, needy and voiceless. All our interventions and activities were possible only because of the wholehearted cooperation and guidance of many. I take this opportunity to appreciate and thank the members of the General Body, the Board of Directors, KESS staff and volunteers for their hard work and dedication as part of a responsible team to help us reach out to the people in need, effectively. Special thanks to all the benevolent benefactors who have supported us financially and through various resources...I thank you all for your goodness and warmth which helped us do our best this year. Above all, I give thanks to the Almighty for his abundant blessings without which we would not have reached this far. With these words, I proudly present this year's Annual Report of KESS.

Thank you once again! God Bless!

Fr. Dr. Joy Vattoly CMI
Secretary cum Treasurer

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KURIAKOSE ELIAS SERVICE SOCIETY (KESS)

ANNUAL REPORT 2018-19

Kuriakose Elias Service Society (KESS), a registered, charitable society, under 80G, has been tirelessly and relentlessly traversing uneven paths aimed at empowerment, development and overall progress of the society. Since its inception in 1974 by the CMI Congregation and other socially committed members, in tune with the vision of St. Chavara, the founder and our inspiration, KESS has come a long way in promoting and developing social welfare through committed social research and social action. With the broader aim of creating and sustaining qualitative development especially amongst the underprivileged, the organization has been making visible and tangible waves in the lives of its beneficiaries who are victims of chronic illnesses like HIV and Cancer, targets of abuse and negligence, deprived of basic essentials like food, clothing and shelter. With its soothing branches spread all over the state and its readiness to reach any remote area in the country, KESS stands apart as an exemplary model of social work, striving to promote integrated and holistic development.

MISSION

To realize the vision, KESS undertakes intensive community mobilization, empowering it through social conscientization, life skills and appropriate livelihood systems.

VISION

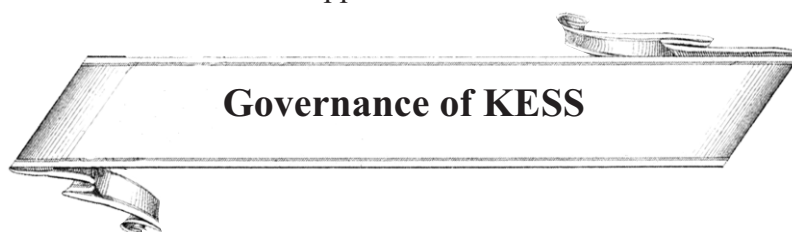
KESS is visualized as a growing resource center, responsive to changes in the global scenario, promoting developmental initiatives among the deprived and the vulnerable, based on democratic values, human rights and humanitarianism.

OBJECTIVES

1. To perform works of charity for those in need ***irrespective of, caste, community, creed, race or sex.***
2. To strengthen the institution of family through **family-life education, counselling** and other support systems, thereby effectively arresting tendency towards disintegration.
3. To build the competency of people (HRD) through **education, awareness-generation and skill-training** so that they can mobilize and manage resources for self-advancement.
4. To develop, in partnership with the stakeholders, adequate **infrastructural facilities** such as housing, drinking water, electricity, path ways, community halls etc.
5. To focus on **health**-related matters and promote personal hygiene and environmental sanitation through health education, behavioral change communication (BCC) and immunization programs.
6. To establish **self-help groups** of men and women and engage them in creative activities so that they could enrich themselves with information, know-how and resources for improving their living conditions.
7. To address emerging issues in the agrarian sector such as low productivity, indebtedness, suicides, exploitation by traders etc and promote modern, **eco - friendly** farming practices, value additions to the produce and maximizing income through appropriate marketing strategies.
8. To intervene immediately in disaster-hit areas and undertake relief and **rehabilitation work** in a participatory manner.

KESS has been prominent in reaching out to the struggling, ailing people who seek help through its various projects and programmes. KESS aims at poverty eradication and socio-economic development supporting aspects of health, education, income generation, social security, legal aid, child development and women empowerment, to name a few. The organization stands today on the impact it has been able to make through various programmes in the past such as Thrissur Integrated Development Project 1989-'96, Grassroot Organization Project 1990-'92, Prime Minister's Rozgar Yojana (P.M.R.Y) in 1993; Bhakshya Samrudhi 2009; Janasree Bhima Yojana 2000; Trysem; Jananidhi projects in Thekkumkara and Madakkathara and Nadathara Gramapanchayaths; Earn While Learn Scheme; Madathumpadi Community Irrigation Scheme, which benefitted 250 agricultural families to develop 200 acres of agricultural land and 3 K Puram housing project for 52 families. Apart from these, KESS has coordinated vocational training programmes to unemployed youth through various schemes of NABARD. Some of the timely interventions of the organization in other states include the Silvani Project [Madhya Pradesh] 1979-'80, for the development of 70 villages; Searmau Project [Madhya Pradesh] 1989-'95, for the development of 40 villages; Pollachi Integrated Rural Development Project 1985-93, for the integrated development of the poor with emphasis on health education; and Apna Health Care Project [Maharashtra]. Disaster management and relief activities are also a prime concern of KESS. From the 1993 Latur to 2001 Gujarat earthquakes (where earthquake resistant houses were constructed), from 1999 Orissa's Super cyclone to Tamil Nadu's tsunami (Keezhmidalam Tsunami Rehabilitation Project), from the 2015 Chennai flood disaster (distributing food, water and clothing), the 2017 Ockhi cyclone disaster (construction of houses, higher education support etc), to the recent Flood Disaster, KESS has been an icon of hope for them all.

The three pronged approach of KESS includes certain programmes implemented directly, some undertaken by independent societies formed by the participants themselves under the patronage of KESS and others implemented by KESS and the follow up is entrusted to independent societies formed by/for the target group. KESS has always maintained good liaison with all departments of Central and State Governments and has undertaken programmes with their help and guidance. NABARD, Department of Industries, World Bank, Kerala State Social Welfare Board, Kerala Rural Water and Sanitation Agency (KRWSA), Grama Panchayaths, Kerala Institute of Local Administration (KILA), CMI Generalate, CMI Devamatha Province, Kochouseph Chittilappilly Foundation(KCF), Joy Alukkas Foundation, Karl Kubel Stiftung (KKS) Germany, Federal Ministry of Economic Cooperation of Germany (BMZ), CEVA (Cyriac Elias Voluntary Association), Board of Directors of KESS and philanthropic organizations and individuals who supported us in our endeavours.



KESS Board of Directors 2017-2020

Patron	:	Rev. Fr. Walter Thelappilly CMI
President	:	Prof. U.V. Antony
Moderator	:	Rev. Fr. Paulson Paliakkara CMI
Secretary	:	
cum Treasurer	:	Rev. Fr. Dr. Joy Vattoly CMI
Directors	:	Rev. Fr. Jose Eduthan CMI
Directors	:	Mr. P. M. Thomas
Directors	:	Mr. Mathew George
Directors	:	Mr. Solly Thomas
Directors	:	Rev. Sr. Lekha CMC
Directors	:	Dr. Elizabeth Kurian

The organization is regulated by the members of the General Body and the Board of Directors. The General Body, consisting of 102 members are from different walks of life. They meet annually to review the activities and provide support and suggestions for the betterment of the organization. The members of the Board of Directors are nominated and elected by the General Body once in three years. The Board of Directors meet four times annually and is responsible for the Articles of Association and the approval of the annual accounts. The Board consists of the President, Moderator, Secretary cum Treasurer and six directors.

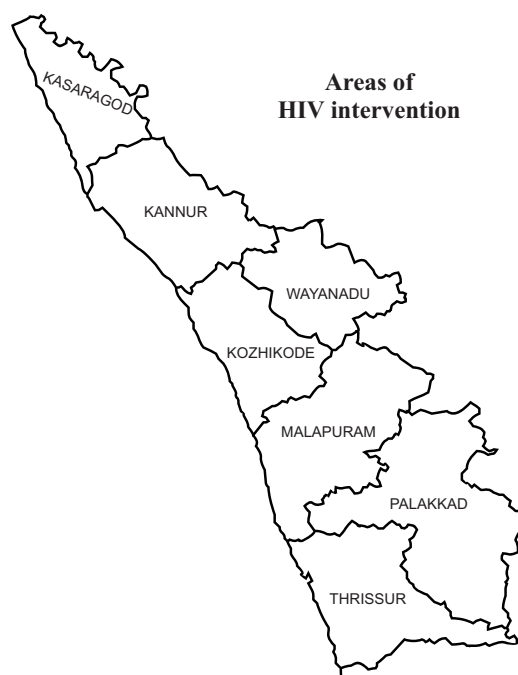
Interventions of KESS

KESS in Health Care

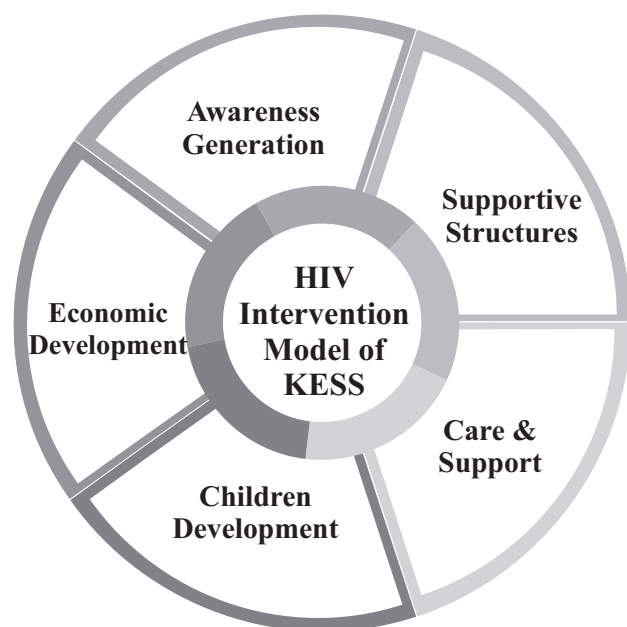
KESS is today synonymous with care and support for the poor affected with chronic illnesses such HIV/AIDS, Cancer, mental illness, kidney failure etc.

HIV/AIDS

The greatest devastating disease ever known to mankind, perhaps, is HIV/AIDS, having infected around 36.7 million people and claiming over 1.1 million lives around the world since it was first recognized in 1981(WHO-GHO, 2015). KESS has been involved in the prevention, care and support aspects of this catastrophic disease since 2006. After successfully sensitizing and establishing sustainable registered bodies to continue the care of such infected & affected families in the districts of Thrissur [HAT project] and Palakkad [HAPPI project], KESS is in its final year of HIV intervention in Kozhikode [KARE project].



KESS model of HIV intervention



KESS model of HIV intervention is a process through which the general community and the PLHIV [People Living with HIV] start peeking out of their cocoons of ignorance, the former removing social stigma and the latter, accepting their condition seeking care and support for them and their dependents.

Networking & Collaboration-the success of sustainable social work

HIV interventions of KESS across the state is not a solo venture. Identifying, persuading, influencing, motivating, and inspiring various resourceful individuals, agencies, institutions, religious congregations etc., have helped us to continue the support and make necessary interventions in each region, thereby creating a lasting impact. It has the essence of people's participation and democracy, hence can withstand the test of time. KESS initiated groups for the welfare of the HIV affected that actively run with the goodwill of well wishers. There are also other benevolent souls who have initiated such programs for the HIV affected, inspired by the initiatives and interventions of KESS.

Kozhikode AIDS Rehabilitation Efforts (KARE)

K E S S K A R E [K o z h i k o d e A I D S Rehabilitation] project initiated in 2016, is targeted to support 800 PLHIV, 35 CLHIV, 2000 affected family members and 320 children to achieve a healthy and dignified life in the Kozhikode District of Kerala by reducing discrimination and improving their political relevance leading to social inclusion.



Activities

Awareness Generation

3371 sensitization sessions were conducted for elected members at Gramapanchayath level to lobby in policy making on reformations in HIV care and support and 962 sensitization sessions were taken for volunteers (Anganvadi workers, ASHA, health inspectors). 16 local MLAs were sensitized for submitting memorandum in the legislative assembly for the welfare of PLHIV. 53 HIV related project proposals were submitted at PRI levels. 106 awareness programmes were conducted at educational and religious institutions, Kudumbashree, PTA and coastal areas which include 13 short film presentations.

Supportive Structures

LAC

LACs (Local Action Committees) act as a guardian for PLHIVs in their respective panchayats. 64 LACs have been formed by this project where 6 was formed this year. 60 committee meetings took place this year.

PLHIV Group

These groups formed within a panchayath, are a venue for the PLHIV to discuss their problems and ventilate their feelings thereby improve their emotional health. Peer educators are affected members who are trained to educate and inspire other affected members. 31 gramapanchayat level PLHIV groups are formed in total in which 6 were formed during this year.

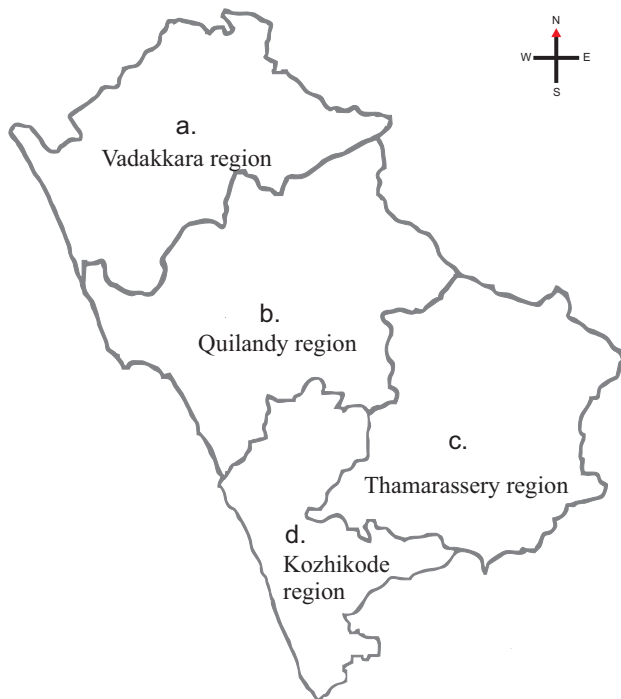


Kozhikode Dist.

847 HIV positives + 2021 affected members



Society for Social Support (SSS)



- a. Sayoojyam Charitable Society
- b. Kiranam Charitable Society
- c. Disha Charitable Society
- d. Mukulam Charitable Society

SSS [Societies for Social Support] are community based registered societies formed by our intervention to support the PLHIV and their families in the 4 zones that the district has been divided into, for convenience in intervention, with their sustainable welfare in mind. The societies are taken care of by people from various walks of life, who have been motivated to work for the welfare of the affected. This includes elected members of PRIs, political leaders, academicians, government officials, merchant association executives and representatives from PLHIV and their family members'. Various activities include networking, lobbying, family get-togethers and other training programmes required for PLHIV and their families. The 4 SSS formed in the 4 zones of Kozhikode have completed their formal registration process during this period and trainings have organised to enable them to function well.

Networking Agencies Group

Includes individuals and agencies that provide services for PLHIV. They can also lobby PRIs and the Government at a larger level to make policies for PLHIV. Seminars and meetings were conducted where the networking agencies came together. 12 training programs were conducted for them this year.



Care & Support

214 HIV infected and 371 affected were identified during this period, where 3949 one to one sessions were conducted with them and 1055 house visits were made for providing various care and support activities for them. 164 caretakers were developed and 1566 counselling sessions (emotional, ART, deaddiction, career, job etc) were provided. We linked 280 PLHIVs with Government schemes and services.

Housing Support

Thirty six families were identified and funds mobilized to provide houses for the affected who had no proper shelter of their own. Some required complete housing support whereas others required repair and maintenance. With the help of benevolent agencies and groups, we could provide a safe and secure housing.



Family get-togethers: a sociable life-thread for the affected

10 family get-togethers were organized during this period, especially during the occasions of festal celebrations of onam and xmas, where they get to forget their sorrows atleast momentarily knowing they are not alone, share about their situations and learn to adopt tested strategies of coping better with their life situations. The zonal societies have taken up the leadership of arranging get-togethers and the knowledge that a group of people in the region are working for the welfare of their families and their peers, influences them to open up, disclose themselves and share their burden.



Children's Development

Children in HIV affected families live in more fear and stigma than other chronic illness affected families. They are often on the verge of no hope and no resources to help them complete their educational needs, study or extra curricular requirements due to lack of motivation, financial aid or any assistance for that matter. This project directly caters the promotion of safety, security, dignity and rights of HIV affected children and provides them various support in the form of educational materials, schooling sponsorships, higher education support, child rights awareness programmes, trainings to improvise life skills for children, training session for thier parents, exposure visits, career guidance and life skill development.



Manaswini : A marriage support initiative

Girls of marriageable age in the HIV affected families are provided emotional and psychological support through one to one and group sessions, giving them the confidence and motivation to step onto their next major milestone in their lives- Marriage- despite the health conditions in their families. Sponsor identification, financial assistance for marriage, life skill development, personality grooming, educative and entertaining outings, counseling are all part of this programme.



Economic Development

Many of the PLHIV families live in poverty and despair because the bread winners are incapable of working and earning money, either being the infected or full time care taker. After assessing their interests and health conditions, we have provided various activities to raise their economic conditions. We organised meetings of Income Generation Programmes (IGP) managing committees, conducted IGP and vocational trainings and successfully facilitated 50 IGP grants for the PLHIV. Different IGP's include poultry, tailoring, small business, goat rearing, agro based and cattle.



HIV State Conference – towards policy reformation for the HIV affected

On 11th & 12th of August, 2018 we organized a two day State Level Conference on HIV aimed to bring out recommendations that would contribute to policy modification in the field of HIV prevention, care and support and contribute towards the overall well-being of PLHIV. All relevant stakes including PLHIV, affected members, NGOs, Government departments, field experts, academicians etc., along with many eminent personalities from all walks of the society participated. The conference was inaugurated by Shri. Adv. V.S Sunil Kumar [Hon. Minister for Agriculture]. Smt. Ajitha Jayarajan [Mayor, Thrissur Corporation], Dr. Joy Elamon [Director, KILA], Dr. Bindhu Thomas [Deputy District Medical Officer, Thrissur], and Adv. K. Rajan [MLA, Ollur Constituency] were present. 307 participants took part in the conference. There were key presentations on 5 major themes in which physical, psychological, social and economic challenges of PLHIV were discussed and which was finally brought together as response strategy in the final session. Participants also had the opportunity for presentations and all the inputs and discussions were recorded and published as a document. This publication has been forwarded to concerned Govt. departments and other stakes that design policy and implement various welfare schemes for PLHIVs.



Milestones



1. With the involvement of elected members, the project was able to link 9 PLHIV with various government schemes like Life project, Bhavanapadhadhi, Andyodhaya etc and an amount of Rs.287050 was mobilized for organizing family get-together events.
2. All the 13 Members of Legislative Assembly (MLA) of Kozhikode District intervened with our project along with MLAs and ministers from other Districts. Shri.Adv. K Rajan (Ollur MLA), Shri. V. S. Sunil Kumar (Thrissur MLA), Sri.Kadakamappally Surendran (Hon. Minister of Cooperation, Devasoms and Tourism) and Smt. Shailaja Teacher (Hon. Minister of Health and Social Justice) were the other prominent elected members of State Legislative Assembly who gave us full support.
3. 15 LACs were formed during the reporting period in the panchayats of Narikkuni, Chengotukavu, Thalikulathur, Ayanchery, Kizhakoth, Villiappily, Balussery, Meppayur, Maniyur, Naripatta, Koothali, Changaroth, Cheruvannur, Thurayur and Kizhariyoor. LACs in 12 PRIs influenced their elected board members of their respective panchayats to earmark funds for fixing awareness boards valued Rs.64200 and 29 PRIs for PLHIV support valued Rs.287050 and thus the total fund mobilized was Rs.3,37,750.
4. 269 PLHIVs have received ART pension and 25 have received Chief Minister's relief fund from State government and 185 have received the nutritional food kit support from district panchayat during the reporting period. Besides this, we were able to link 5 PLHIV with panchayats and were able to provide them with housing support.



HIV/ AIDS Palakkad Project for the Infected [HAPPI]

Palakkad Dist.

1278 HIV positives + 2879 affected members



KESS continues the care and support to the HIV/AIDS infected and affected in Palakkad through the four SSS [Societies for Social Support] namely Karunya Deepam, Snehakripa, Alathur, Swapnam, Prateeksha, supporting approximately 400 people. The Societies were actively involved in conducting monthly get-togethers of the beneficiaries, mobilizing nutritious kits and other resources for their medical expenses, children's education etc.

During the occasions of Onam and Christmas, kits were distributed along with games and activities for their enjoyment. KESS had been active guiding and supporting them by taking part in their executive body meetings, mobilizing resources to encourage the affected members to start their own IGP. We mobilize education kits to 1000 affected children, nutritional food kits worth 1000 rupees for 750 affected family every month, medical support for 250 families every month and higher education support for 10 students undergoing Ph.D, Civil Service coaching, ITI diploma, engineering, Post Graduation in science and arts subjects. These societies took leadership and initiative to support house construction and other vital assistance for the flood affected members.



HIV/AIDS Thrissur [HAT]



Thrissur Dist.

976 HIV positives + 2000 affected members

KESS continues its care and support activities to the HIV/AIDS afflicted in Thrissur through the Santhwanam Project. KESS supports these societies namely Asha Society, Karuna Society, SWAS Society, Sakti Society and Saphalya Society by assisting in educational support, marriage support, nutritional kits, income generation programmes, outing etc.

Chavara Cancer Care for Children Project (4C)

Cancer, one of the major lifestyle diseases is on the rise. All members of a cancer stricken family endure the trauma related to the condition especially children whose requirements such as education, marriage and career go unnoticed. The 4C Project of KESS aims to provide support to such children and their families. This project is a people's participatory one. Mobilization of resources especially financial assistance came from many well wishers, to whom we are highly indebted. We network with other agencies and like minded organizations to help us to support them better.

Activities

Educational Support

When a person has Cancer, it is as if the whole family has Cancer and the most affected members in the family are the little children as all the resources and attention get diverted for the treatment and care for the infected person. In such conditions, the education and associated matters of the child take a back step and his/her childhood is lost. KESS has taken upon itself to bring up these children holistically, providing all support especially with regard to their education-schooling and higher studies until they are capable of standing on their own feet and supporting their fallen families. Various interventions include education kit distribution before every academic year, coordinating summer camps, motivational and personality development sessions, career guidance and assistance for extra coaching, tuition, travelling etc.

Project area	Project beneficiaries	Project goal
Thrissur, Palakkad, Calicut and Malappuram	300 Cancer afflicted families	Care and Support for Cancer Afflicted Children



IGP

Various income generation programmes have been initiated for the cancer stricken families to enable them to develop financially and help in the overall economic situation. These include nature friendly, small scale ventures such as raising poultry, kitchen garden etc in which the cancer patients can also be a part and earn money to support themselves and their families.

Nutritious Kit Distribution

Lack of healthy and nutritious food can stunt physical and mental development of children. With the help of kind hearted sponsors, we were able to provide cereals, pulses, eggs etc for these families.

Marriage Support

For families that have lost all funds and resources to cancer, the concept of getting their daughters married is a huge burden. More than that, they are not in a mental state of moulding them for this milestone in their lives. We give them support through personality development sessions, life skill trainings and help build savings in time for their marriage.

Housing Support

A safe shelter is usually a distant dream for the poor who struggle to make daily ends meet. There are families who live without a proper roof, doors or walls. We have supported such families with their needs of complete or partial construction, repair and maintenance of their houses.

Availing Government Schemes

We act as liaison between Govt and other supportive agency's projects and schemes for the cancer affected, networking with administrative bodies, assisting in official formalities, processing documents etc ensuring that the affected get what they deserve in time.

4C Associates

4C Associates are the region wise volunteers who support and assist zonal/regional activities of the KESS 4C project. Identification and evaluation of new beneficiaries, house visits, networking with the regional power centers, authorities and other extended support are all provided by this team of angels. Currently we have 23 Associates.



Debt clearance assistance

For those who have taken loans from banks and other financial institutions repaying the capital itself is a cumbersome task, not to mention the regular interests to be paid at intervals. We have come across cancer affected that are on the verge of depression and suicide, not being able to cover these endless dues. KESS has taken up many of these hopeless families and intervened amongst their debtors, helping them to clear their debts or giving them income generative solutions to clear their situations.

1000 gift program

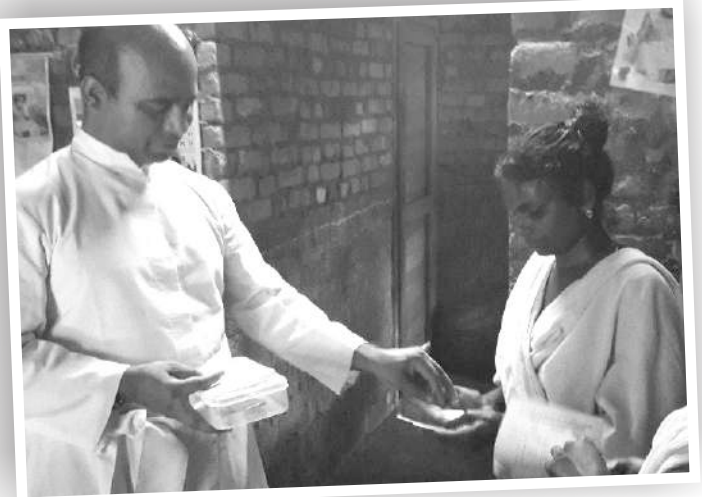
As a regular support of at least Rs. 1000 per month for the affected families, we found over 100 sponsors who happily contribute this amount or more, supporting one or more families according to their financial status.

Festival Celebrations

We take special care to get the affected families together and celebrate Christmas, conducting games, distributing goodies and spreading the joy of the season giving them peace and hope, knowing the KESS family is there for them. This festival time was all the more celebrative since onam was lost in floods, and six months hence, the flood affected among them also got this chance to forget their woes and get the strength to move ahead. KESS distributed mango saplings to all to instill hope for the future generations and as symbol of survival.

KESS intervention for the Cancer affected

KESS was able to assist 264 cancer affected families, as a result of encouraging them to include the cancer affected as part of their medical assistance program. The official requirements of selection, documentation, and other administrative responsibilities were efficiently taken care of by KESS, helping both the project facilitators and beneficiaries.



Beating all odds to become a rank holder-Kudos to Anjitha

Anjitha's mother had died of cancer, leaving behind her father in huge debt and the four daughters, including her in deep agony and pain. Yet, Anjitha went forth with her degree in Radiology, supported by KESS and emerged with flying colours, winning the first rank and placement in the reputed medical college she studied in. Her younger sisters have been inspired by her mettle and are undergoing their education with our support.

Mind Care Project

In the midst of the vicious circle of poverty, there are families who have a mentally ill member, often the parent of the house. The children suffer the most with this condition. KESS has initiated a project this year to provide that extra care and support to 26 such families, giving more focus to their little ones and reviving the general condition of the family.

Activities

Counselling

One to one and family group counselling sessions were held to help the children and every family member to be considerate and caring for the ill member, to be conscious and to accept the situation. The family can only move ahead if every member is happy to be part of the group and takes turns to help the ill member.



House visits

The KESS team conducted house visits and identified poor households unable to fend for themselves, let alone take care of their children's education. They are visited at regular intervals to assess the progress of our interventions.

Housing support

In the midst of caring for the ill member, the other family members overlook their basic necessities of shelter and safe living. We identified many of their houses in a pathetic state and have initiated support to restore doors, windows and sanitation facilities.

Educational material support

With the minimum resources at hand, these families go ahead with their lives which are also adapted by the children. We analyzed the situation and limitations that hinder the students from progressing in studies and distributed educational aids, material, study desks, chairs, etc..



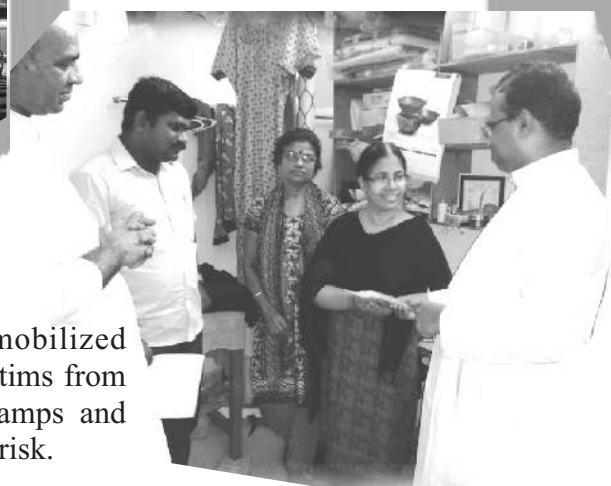
IGP

With the able members forced to care full time for the ill person, the economic condition of the household stands still. Assessing the space, interest, health and opinion of the caretakers, we provided income generative solutions like poultry for meat and egg, rabbit rearing, vegetable garden, giving them coops, feed, vet support etc by which they feel confident and motivated to bring up their family's situation.

KESS Flood Rehabilitation Mission

KESS has been completely immersed in its Flood Relief Mission right from the beginning of the floods during the monsoon of 2018. Aiming not just to reach back to the basic state they were, our mission was to help them reach 'back to better'. From rescue to relief camps, re-entry to the on-going rehabilitation, we have intervened and provided sustainable solutions to the flood affected victims through a systematic and professional manner. For this, we adopted a structure which helped us intervene better. The mission was led by a Coordinator, with a team of professional social workers, superiors and social work in-charge priests in the ashrams, local volunteers and leaders from beneficiaries. As per the requests received from the flood affected victims along with the recommendation of the regional centre heads and the local volunteers, the KESS team made assessment of the most needy victims. Apart from the funds mobilized by KESS, we also arranged meetings and direct linkages of sponsors with the select flood affected victims so that they could provide assistance personally.

Activities



Rescue Work

Rescue teams were mobilized effectively, saving stranded victims from their water filled houses to camps and hospitals, despite great personal risk.

IT Cell

An active IT cell with professional volunteers handling the data of people for rescue was worked 24 x 7, utilizing various social media and internet based platforms to share information and coordinate the rescue operations.

Counselling Services

A trained team of counsellors have been providing psycho traumatic counselling for the affected victims, through individual and group sessions. Affected children were also provided special care through creative therapies of art and games.

Relief Camps

KESS coordinated 12 camps in Thrissur, based around our regional centres and institutions for the flood affected victims over two weeks. Devamatha Public School, Patturaikkal; Infant Jesus Monastery, Thalore; Christ Monastery, Irinjalakuda; St. Joseph's Monastery, Pavaratty; Immaculate Heart Monastery, Varandharapilly; Snehagiri Bhavan, Snehagiri; St. Teresa's Monastery, Kottackal; St. Xavier's Monastery, Pullur; Galilee, Chiyaram; Carmelgiri Monastery, Kormala; St. Thomas' Monastery, Azhikode and Kuriakose Elias Chavara U.P. School, Potta were shelter homes for 15,000 people during this period.



Disaster Management Cell in Action

One of the primary initiatives of our province was to formulate a responsible team to take care of all the flood relief related interventions. Pooling all our funds, manpower and resources, we went into action reconstructing our community. We are thankful for this timely disaster management cell which rose like a phoenix from that crucial incident and is still actively helping others to rise up from the ashes of this disaster.



Resource mobilization

Resources such as funds, food items, and essential materials were mobilized from generous well wishers from all over the world to distribute among the affected.



Medical Assistance

Medical camps were conducted and medical assistance provided to the flood affected, networking with Amala Medical College and collaborating with the Government medical machinery. Teams consisting of doctors and medical practitioners provided medical check-ups, and medication.

Counselling Services

A trained team of counsellors have been providing psycho traumatic counselling for the affected victims, through individual and group sessions. Affected children were also provided special care through creative therapies of art and games.

Cleaning service

We coordinated volunteer groups who arrived in time from across the country to clean the drenched and dirt filled homes and chlorinate wells of the affected. They cooperated selflessly and wholeheartedly.

Preparation and distribution of Family Kits

Basic materials required for a household such as clothes, bedding, toiletries and cleaning materials were collected, segregated and packed into kits.



Help Desk

A team providing guidance on Government services for the flood affected worked at each of our centres. Our team included local volunteers, who were trained to be sensitive to the concerns of the affected people and assist them to avail the schemes, projects and services in a smooth manner.

House Visits

House visits were being conducted to console and comfort the flood affected to help them get back to their normal lives.



Case Studies

A group of trained professionals from the fields of social work, psychology, counselling etc conducted house visits of the affected flood victims where they could personally identify the situation of the house, people, assets etc and assess the gravity based on which the next phase intervention was determined and provided accordingly.

Housing Support

Many houses suffered critical damages during the floods, some completely ruined and others requiring repair and maintenance. We supported such victims by helping them to make a budget to re-build their homes, linking them to government schemes and other funding agencies, and providing funds to complete the work of a safe shelter. In this way, KESS helped to rebuild and restore houses of 106 flood affected victims.



Income Generation Program [IGP]

We could identify and support those who had lost their income sources in the flood. After assessing their skill and interests on the basis of which they could start their own income generation ventures we helped them to start plantain farming, nursery sales outlet, poultry, animal husbandry, cattle/ goat rearing, detergent making, tailoring, petty shop, pisciculture etc.



IGPMela

We conducted a special 'IGP Mela' to introduce different options of generating income for the flood affected. Professionals trained in the rearing and development of different types of poultry, rabbit, goat, cattle and other livestock explained about each aspect in detail with live display. Those who were interested submitted applications and they are now availing this assistance.

Agro based IGP trainings

Agro based IGP trainings were organized for capacity building and skill development for the flood affected. This was done with the support of professional agricultural and horticultural institutes and universities.

Marriage Support

Some of the poor flood affected had barely anything to go by, let alone set apart any financial reserves towards their girl children as they approached marriageable age. 19 girls from 17 families were assisted to lessen the burden of marriage expenditures.



Educational Support

School children were some of the most traumatized victims of the flood as most of them lost all materials related to their education, which made some of them think of dropping out. We supported 118 flood affected children providing them with books, uniforms, bag, study furniture, bicycle, support for tuition, T. A etc. The children were also provided psycho trauma sessions on a one-to-one and group counselling basis.



Trauma revival outing for children

A refreshing trip was organized for the children of flood affected families which helped rejuvenate their traumatized minds and helped them realize they were not alone in this suffering seeing other children like them. We motivated and helped them reflect on the lessons of the flood generating a sense of sharing and helping. This joyous exposure also helped them take their mind off life's hardships and vitalize their senses.



Higher Education Support

Those who had completed their schooling meritoriously but could not further their education in professional courses of their choice due to resources lost in the floods were identified from among the victims. Support is being provided on a regular basis to 5 students who are pursuing their higher education in LLB, nursing, diploma and PG courses.

Chavara Darshan- a refreshing trip

We coordinated a tour program taking the flood affected victims for a one day trip, to experience boat rides, visiting the birthplace of the social reformer-St. Chavara, and adjacent areas there which had been initially hit by the floods and to learn how they are recovering from the disaster. The trip also was a venue for the victims to share their experiences, sorrows and hope.



Debt clearance support

We had identified poor families who were neck deep in loans and debt especially due to the floods. They were families who had invested their all in their homes and in the little land they owned. Some of them were on the verge of bankruptcy, utter depression and suicide, because of the merciless floods. We helped such families by paying off their debts, and giving them opportunities to face life hopefully.



Coming together for Xmas

We organized a get together and celebration during the joyous season of Christmas, spread over a week, bringing more than 1000 flood affected victims under one roof. They experienced the happiness of being together as one family sharing in the sufferings, pains, expectations, and support received when calamity struck. People shared their experiences and ventilated their sorrows. They ate together, laughed, cried, sang and danced together, trying to forget the pain of the tragedy. They were entertained, empowered and enriched. It was an occasion to acknowledge and appreciate those who reached out to the flood affected, right from the beginning until now. The resilience of the affected to bounce back despite not receiving the support declared elsewhere, was also appreciated. The respective zonal ashram superiors and social work in charge priests, who had striven for the welfare of the most needy in their area of work were also honoured. It was a feel good factor for all, reminding us that God's protective hands are always there. The flood victims were gifted mango and rose saplings to commemorate the help they received when disaster struck, to care for others in need and to share its fruits with others. They returned to their homes with a better hope, to strive better, for their children and for their future.

Honouring flood volunteers

We honoured volunteers who showed profound leadership skills from the very moment our district tumbled into the floods. Each Ashram region identified these selfless heroes who gave their energy, time and resources for others. They were the first ones to rush to rescue the stranded, mobilize required resources to the camps and coordinate with our ashram fathers and institutes to help the flood affected brethren around them. At a venue graced by our Reverend Prior, these 'guardian angels' were invited, awarded, honored and appreciated because we believe that good deeds should indeed be acknowledged and made known to the world.



1000 gift for the flood affected

Some of the victims require a regular mode of support, which we provide through a monthly provision of Rs. 1000. It brings them hope when they have none. We hope to continue this venture with the goodwill of benevolent sponsors and until these poor families can stand on their own feet.



Special priority to destitute, differently abled, chronically ill and marginalized flood victims

Our heart went out to the miserable conditions of the houses, institutes and residential schools assisting children and adults who require special needs. Believing they are God's most precious gifts to us, we took it up as our special mission to help these dear souls with infrastructure, special equipment, technical devices along with all the basic amenities to help them live happier, healthier and in a safer environment. For those who were already in despair due to chronic illness, losing all resources due the heavy expenses of treatment, the floods came as a curse carrying away every last asset they owned. We took special care and priority to restore their lives by providing kits of household items, saplings and other essential goods

Go Green Chavara Project

Jnattuvela Chandha

A 3 day 'Jnattuvela Chandha' was coordinated in various KESS zones such as Pullur, Snehagiri, Thrissur etc during the Jnattuvela, which is one of the best seasons plants sowed. Organic saplings, seedlings, manure as well as grow bags and potted plants were sold at a reasonable rate to encourage people to get into nature and soil to sow more green.

Edeniley Nalla Vithakaran Award

As a practical response to the 'Cry of the Earth', as called for in Pope Francis' encyclical, 'Laudato Si'; KESS brought up this green idea to promote 'green thinkers' among God's chosen. The aspiring novitiates and postulants in the convents and seminaries in the district were motivated to be part of a greener community by nurturing saplings and extending a 'green' hand to convert barren lands into fruit and flower yielding 'Gardens of Eden.' The best garden and team were honoured with an award after a 6 month review.

Honouring best farmers

The best farmers were identified, especially those who had produced significant yields despite adverse situations.

Agro based IGP initiatives

We helped three nursery sales outlets at various parts of Thrissur as an income generative venture run by poor women from cancer affected families. They were assisted with training and technical support, knowledge and skill updation. Apart from the nursery unit at the premises of KESS HQ at Thrissur, one is at Mannamangalam and the other at Nadathara; both in the personal premises of respective ladies who are involved in this venture.

Garden setting training program

As a part of initiating a group income generation unit to be proficient in garden setting and landscaping, KESS is developing a team who can be trained and motivated to help others to have beautifully set gardens. For this initial training and orientation programs were organized during this period.



Capacity building and training for nursery management

Nursery management training programmes are organized by KESS as an income generation training and knowledge expansion for those engaged in plant nursery care and management. Based on set modules, experts and professional trainers well versed in this field take representations and sessions on various methodologies and techniques in cultivation, organic fertilizer preparation, re-planting, fertigation, pest control etc to bring out better nurseries. The participants consist of farmers, nursery owners/staff, prospective nursery outlet managers and beneficiaries of our projects who were interested to consider nursery outlets as a sustainable solution towards their economic development.

KESS Farm

KESS farm has been in the forefront of the green initiatives of KESS. All cultivation is strictly organic and no chemical fertilizers are used. Some of the activities undertaken in the farm include vermi compost units, cultivation of cash crops, vegetables, fruits and flowering plants. The farm also develops organic and biowaste induced manure, and livestock development.



Special Applause to the Chavara Nursery in Calicut-supporting education of the poor

Not many would be kind hearted to spare a little space for the welfare of the poor. This is why we need to highly appreciate and congratulate St. Mary's Retreat Centre at Chathanagottunada for generously opening its premises for the functioning of this 'green culture' venture, the returns of which will be used to provide educational support for poor children. Sr. Mary Jose [Mother Superior, St. Mary's Retreat Centre] deserves special mention. This is also an IGP opportunity for an HIV infected person who is managing this nursery for his income.



Women Empowerment

Service Providing Centre (SPC)

KESS has been active as a Service Providing Centre since 2013, under the Social Welfare Board, for the protection for women against domestic violence. This socio legal division of KESS has a legal counselor who works in the district court, Adv. Reena John, whom we specially acknowledge for her selfless service, energy and efforts taken to tackle a number of atrocities against domestic abuse and women in distress. The one to one sessions with the lawyer is conducted three days a week in the centre, where they are counselled and as required, registered and taken to court. Awareness classes about anti dowry, women abuse and the laws that support them have been conducted in many social forums during this period to industries, educational institutions, health institutions, government administrative bodies, parishes, congregations, police officials, women based work units and socially oriented organizations.

Activities

No. of cases registered:	52
Domestic Violence	33
Others	19
Cases received through referrals	42
Cases received directly	10
Cases settled only through counselling	37
No. of DIR filed	16
No. of cases presented in court	20
No. of cases referred to KELSA/DELSA	15
Number of awareness sessions conducted	37



Success Story

Ms. A had been denied, by her in-laws, of her own valuables and assets brought in through marriage, after her husband suddenly died. They refused to give the rightful share of his property to his son too. When she sought justice at KESS SPC, we intervened cautiously and persistently, counselling the in-laws to give all that Ms. A and her son rightfully deserved. It was a long struggle but we won in the end.

SPC District Meet

KESS played host to one of the district meetings of the SPCs in Thrissur during this period, where, KESS was recognized and appreciated for its profound work in the field of socio legal support for the society through its activities as the SPC.





International Women's Day

KESS observed International Women's Day on March 8th 2019, inaugurated by Mrs. Mary Thomas, District Panchayath President, Thrissur. KESS honored three women, who beat all odds such as floods and cancer, with the 'Dheeravanitha' award. Mrs. Thresyamma Davis worked hard on her agriculture farmland and yielded good produce even when the flood took away every known crop she had developed. Ms. Riya Seles survived Cancer and works in the media. Ms. Anjitha Ramanunni, inspite of hailing from a poor family, under the weightage of her late mother who succumbed to cancer and little sisters is the Degree rank holder in Radiology at Amala Institute of Medical Science. After the honoring session Mrs. Reena John Legal Counsellor of KESS Service Providing Centre took a session on increasing trend of women harassment.

Self Help Groups (SHGs)

KESS has a number of SHGs which have benefitted many families to rise up from a lower economic strata mainly due to the availability of loans for different income generative start ups. The members have developed self esteem and economic development as mini entrepreneurs and skilled workers. The different programs they are involved in are papad making, umbrella making, pork meat sales, grocery outlet, chain cutting, fritter snack production, catering etc.

Women Employment Units under the patronage of KESS

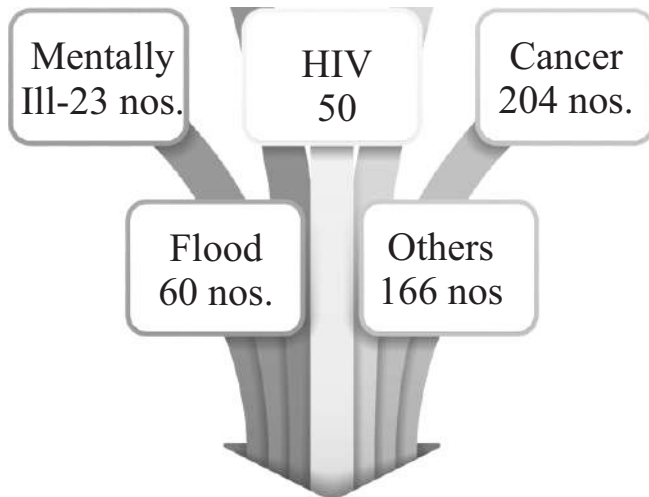
About 25 years back, KESS initiated two legally independent charitable societies (formed and run under the Charitable Societies Act), to develop and empower the poor rural women by providing them employment opportunities. Today, 30 women are members of each unit, responsible breadwinners of their once desperate families. The units are Fr. Vynthala Vanitha Service Society [VVSS], Nadathara and Devamatha Vanitha Charitable Society [DVCS], Puthur.

Vadhumitra- moulding 'Uthama Kudumbinis'

KESS has been coordinating the Vadhumitra Project for the empowerment and enrichment of girls aged 16 and above, from the families of the KESS projects as well as the domestic workers of the ashrams, aimed to mould them into future 'kudumbinis', with 23 of the beneficiaries stepping into marital bliss, assisted by our 'Vadhumitra' team, on a holistic basis. Several programmes are organized on a regular basis such as get-togethers, sessions on personality development, life skill education, edutainment etc. A participatory financial assistance scheme is also a part of this project to promote savings in time for their marriage. There is evident change in the overall attitude and happiness in the lives of these girls and their families as a result of our intervention through this programme.

Child Care

KESS has been assertive in upholding child rights especially the education of children under distress. Children in extreme poverty, infected or affected by chronic illness, natural disasters or even dysfunctional families are given an extra care and support under child development initiatives of KESS.



Education Kit Distribution

As the new academic year dawns, the 1000 + school going children that KESS caters to, cheered and smiled in gratitude, inspite of the miseries that enveloped their families. KESS distributed a brand new education kit to each of those students, from LKG to Std 12th at different regions spread over Thrissur, Palakkad and Kozhikode. They pledged to be better students, responsible to their studies and their families as they welcomed the new school year.

Honouring Board Exam Toppers

The class 10 and 12 students of the staff/projects of KESS, who scored more than 80 % were awarded and honoured after their results were declared in May. 18 students were applauded from all the zones.

Dream Building Programme 2k18

The best campers of KESS were taken to Bangalore for a 7 day dynamic camp in May. This 'Dream Building Program' aimed to mould the students and expose them to diverse possibilities and dreams for their future. With the support of the principal and staff of Christ Academy, Bangalore; the campers experienced self reflective and vibrant sessions from industrialists, academicians, journalism and visual media experts, musicians, therapists and the like. The students were thrilled with this eye-opening intervention and promised they would strive even harder to visualize dreams and make a better future irrespective of their poor backgrounds.



Yuvamitra

The project to instill a sense of saving among school children was initiated during the initial months of this year. Students were asked to deposit a petty amount each week, which would be returned along with a 50% addition by KESS, before the start of the school year. The goal was to teach them to incorporate wiser spending habits and save even the smallest penny, however poor they are. 218 students were active participants in this project.



Vidyarambam

Tiny tots entering school this year were given a hearty welcome and initiated into education by the Leaders of KESS who are teachers themselves. 'Adhyaksharam kurikkal', the traditional first letter writing with guidance, was ceremoniously conducted for the various newbies in our projects. Their induction was celebrated with fun and gifts- happy memories to treasure forever!



Creches

Initiated in 2006 under the Rajiv Gandhi National Creche Scheme for Children of Working mothers and presently under the Social Welfare Board, KESS has been coordinating the functioning of five creches in Thrissur, associated with congregations. In Ponnukkara, Meladoor, Puthur, Thoombakodu and Punnamparambu, 30-40 children within the age group of 0- 5 attend each of these crèches. A teacher and a helper, develop and coordinate various programmes to educate and promote proper growth and development of each child. The creches are a blessing for working mothers and a stepping stone of value education for tiny tots of those regions. Nutritional food items are also distributed daily along with holistic learning.



Summer Camps

KESS made the summer holidays memorable and worthwhile for the students of its projects, by conducting five day camps at several venues. Capacity building, personality development and soft skill training through veteran's sessions, activities, games and exposure visits; the 300 plus students were rejuvenated and inspired to better their thought processes, lifestyles, skill sets, talents and character.

Exam Guidance

In preparation to the upcoming final school examinations in March, KESS conducted an exam guidance and motivation session for all the children in our projects, in High School and Higher Secondary. The professional counsellor, Sr. Neema Grace CHF, led the one-day session tackling topics on stress relieving techniques, positive thinking, and tips to prepare for exams in the best possible manner.

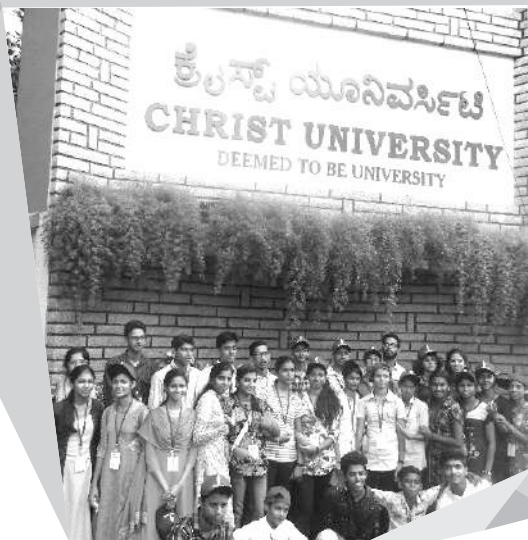


Success Story

Anjali had completed her Degree with flying colours when her house was hit by the Ockhi cyclone in the coastal areas of Azhikode. Her father – a fisherman has a medical condition that prevents him from going for fishing which was their primary source of income. Her mother now goes for menial coolie work which is not sufficient for their daily needs. The little material they had in their home, along with Anjali's educational documents were lost in the disaster's havoc and almost made her drop her dreams. That is when KESS stepped in and supported them, especially in helping Anjali complete her Masters in Nanotechnology. Anjali strove hard and emerged with a second rank. We appreciate her in fighting all odds to reach this achievement.

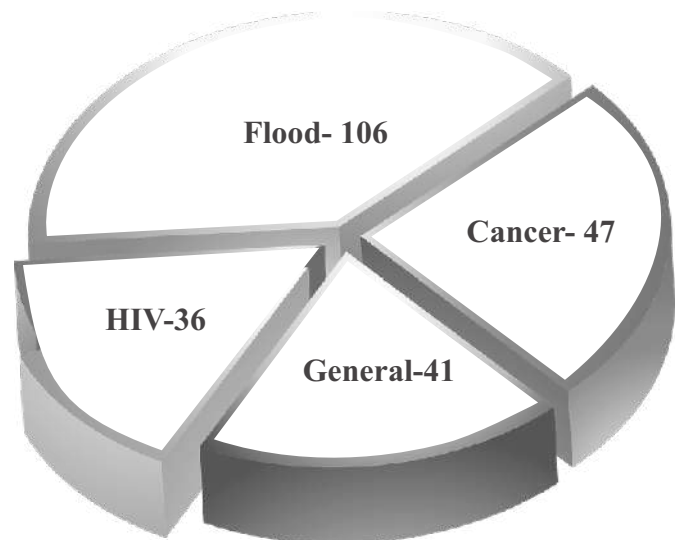
Higher Education support

KESS has been supporting meritorious students who are undergoing professional courses after 12th. There are students undergoing para- medical, engineering, nanotechnology and the like from extremely poor backgrounds.

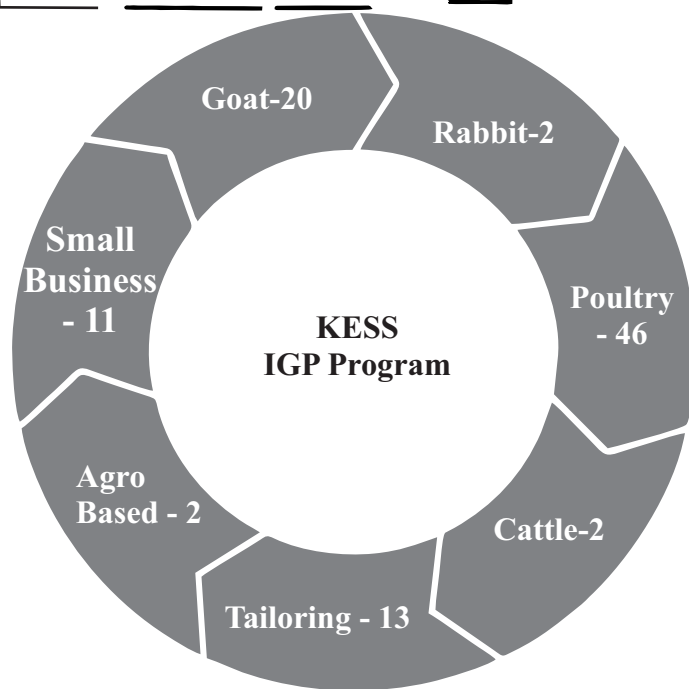


Housing Support

Having a home of one's own is indeed a blessing as well as the effort of hard work and lifetime investment. For those who are affected by chronic illness and suffers severe financial constraints due to it, retaining or owning a house of one's own is a distant dream. Apart from the housing support provided for the flood affected, KESS has assisted 30 poor families to have a safe and secure shelter to call their own during this year. Housing support includes house construction completely or partially, re construction and maintenance. KESS was able to support those in dire need of such housing support from across the state extending its hand in Thrissur, Kozhikode, Palakkad, Punalur and Tiruvalla. Government and private projects that implemented housing support from time to time were also availed for those needy who approached us. KESS ensured that their documentation and banking requirements were all intact and facilitated the process hence ensuring the neediest got what they deserved. We acknowledge all the support received through various benefactors, agencies and individuals who helped the poor needy build safe shelters.



KESS IGP Program



KESS was able to increase the economic status of poor families by providing various options of income generation.



Annadaanam

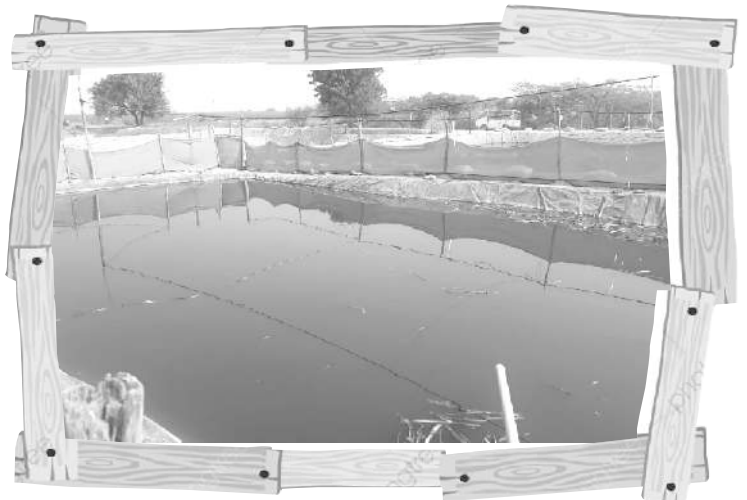


Food is a basic necessity of life but in today's world, consumption of healthy and nutritious food is what matters the most for good health and longevity. For those who live in poverty, unable to fend for themselves or earn an income to attain at least this basic need of nutritious food, KESS has identified 34 persons in different regions in the district and with the help of kind hearted benefactors, a nutritious kit consisting of rice sacks and pulses are distributed.

Safe Drinking Water Program

Natural Water Reservoir for Tribals

For the poor tribals in the drought scorched district of Jalgaon in Maharashtra, drinking water was the rarest of resources and a highly expensive basic requisite of life. Rain was only a few days in a year with intense summer. They needed water reservoirs to store water. KESS intervened upon their request and acquired a project to help them build natural water pits and wells for water storage.





Water Purifier Distribution

One of the result of the flood disaster was the contamination of pure drinking water sources. People could not even drink the water from their own wells. Water borne diseases were on the rise. KESS helped provide 96 water purifiers to needy applicants. The products were sourced directly from USA, by a team of technical experts providing free training, orientation and demonstration to the beneficiaries.

Chavara Integrated Family Development Project

37 selected poor fishermen families of Eriyad Panchayat are the target group of this project. Great progress is seen since the few years KESS has been actively empowering and motivating the children, men and women folk of these families. The mostly illiterate parents are now well aware of the need to educate their children, and the children are active participants of all sessions that KESS conducts for their development and better future. The community is now more aware about their health, economy and living standards. The Mar Thomas Pontifical Shrine and the Mar Thomas Research Centre at Azhikode have played an equally exceptional part in collaborating with KESS to bring a continuous impact in the lives of these people.



Chavara Colony Development Project

The economically backward colonies located in Patturaickal and Punkunnam are part of this project. Once living in dilapidated houses, in starvation and extreme poverty, the residents are now conscientised about education, health, hygiene, income generation programmes and family budgeting through the intervention programs of KESS under this project. Festival celebrations, housing support, nutritious food, health care and medical support, support to the elderly and handicapped, education support etc have created a positive outlook and impact to the inhabitants. During the floods, we were able to mobilize household appliances to 35 flood affected families in the colonies networking with schools and congregations from other states.



Days of Observance

World Day of the Poor

In accordance with the Papal call to observe the 'World Day of the Poor' annually, KESS coordinated various zone wise programmes reflecting its solidarity with the poor, going with this year's theme, "This poor man cried, and the Lord heard him". At each venue, the marginalized and vulnerable groups in the community were brought together to a festive and jovial ambience with games, cultural programmes, gifts and food. They were given a chance to feel they are part of the society with loving guardians working for their welfare. KESS also initiated the 'One for the Poor' Award '18 - a special program, to identify and recognize pro-poor people and institutions in each community as part of this. This was to encourage those good hearted souls to keep doing good for the poor and inspire others to come forward to provide their resources, especially their time, energy and money for the good of the poor. Around 300 good hearted people were honoured in this way. The day was observed at KESS, Patturaickal, Sevanagiri, Snehagiri, Amala, Carmel-Chalakudy and Azhikode, proclaiming the happiness of sharing and being one with the poor.

Cancer Day

KESS observed World Cancer Day on February 4th this year by extending a hand to the cancer infected undergoing treatment in the Oncology wards of Thrissur Medical College and Amala Hospital. The Patron of KESS, Rev. Fr. Walter Thelappilly and the Secretary, Rev. Fr. Joy Vattoly along with the KESS team met 122 inpatients and their caretakers, distributing nutritional kits and essential clothing, with a word of courage and love.

KESS Day 2019

In commemoration of St.Chavara, our inspiration; KESS Day was observed on the day of his feast- January 3rd, starting with the Holy Qurbana by 8 newly ordained priests, honouring those who selflessly reached out for the poor, especially during the floods. Our book, 'Athijeewanam', describing our collaborated efforts of flood relief and rehabilitation with the CMI Bhopal province, was launched by Rev. Fr. Justin Akkara CMI(Provincial), during the official meeting during the KESS Day celebrations. The day was graced by the presence of Rev. Fr. Dr. Paul Achandy CMI(Prior General), Rev. Fr. Davis Pattath(Director, Jerusalem) and several others.





World AIDS day

World AIDS Day which falls on the 1st of December was organized various events all over the Kozhikode & Thrissur districts in association with PRIs in the respective areas. The programme included creative events such as awareness rally, street play, flash mob, awareness classes, poster exhibitions etc. to create public awareness. ion.

KESS Events

A facelift for KESS Centre

We were able to construct a good auditorium, by taking another floor to KESS Centre Office at Nadathara. This indoor hall will be useful to conduct official meetings, programs and activities related to our projects. With a seating capacity of 50-60, this facelift to KESS will indeed open many more doors of opportunities to better the lives of the needy.



Active Participation in Social Worker's District Forum

The KESS team actively took part in the annual district chapter's meet of Kerala Association of Professional Social Workers. The discussions were prevailing to the current trends and progress in the social work stream and how efficiently the members can work towards achieving their goals, in association with government and other helping agencies.

Congrats to the latest Doctor in Town!

The KESS family congratulates and applauds its Secretary, Rev. Fr. Joy Vattoly, on being awarded Ph. D in November from The Gandhigram Rural Institute – Deemed University. His thesis titled, "Intervention Strategies for HIV/AIDS Infected Women in Kerala: An Appraisal of Models of Social Inclusion and Social Capital, analyzes the concept of social capital generation, and how it has helped the socially marginalized and stigmatized community to be socially included, especially through the intervention strategies of organizations like KESS, successfully bringing a positive difference to the well-being of such people. God bless you, Dr. Joy!





Volunteer Empowerment Programme

A 11 member group consisting of KESS staff and 4C Associates represented KESS to attend the CMI Social Apostolate Summit held at Christ University, Bangalore in November. The team was able to reflect and participate in discussions and presentations on the current issues related to NGOs and Community Based Organizations Major components like networking, innovative initiatives, project cycle management, financial management, working environment etc were given focal importance for discussion. The participants were given a chance to introduce the organizational activities as well as share their experiences.

KESS Team Celebrations

The KESS family gets together for occasions like xmas, onam, birthday or feast celebrations, sharing in the unity and joy of being one big team for the good of the society. This time the family pooled in and contributed towards the flood relief mission for onam whereas for xmas, we celebrated with entertainment, cake cutting and gift exchange. The team has a little outing once a year and make it a point to evaluate monthly, quarterly and yearly its activities and the team's performance. Special appreciation to each one in the team for their valuable services selflessly and energetically.



KESS Accolades

Certificate of Appreciation

Kuzhur Gramapanchayath and the board members take this opportunity to thank Kuriakose Elias Service Society (KESS) and Rev. Fr. Joy Vattoly CMI for their relentless support, provided during the flood rescue and relief activities in our panchayat. The assistance provided by KESS in terms of cleaning the houses, providing relief kits etc., has been extremely beneficial for the people of our Panchayat and we expect all your cooperation in our ventures to rebuild the community which was devastated during floods. I wholeheartedly wish the very best to KESS and its team members for all their endeavours in lending a helping hand for people in need and further guiding them to the path of development and happiness.

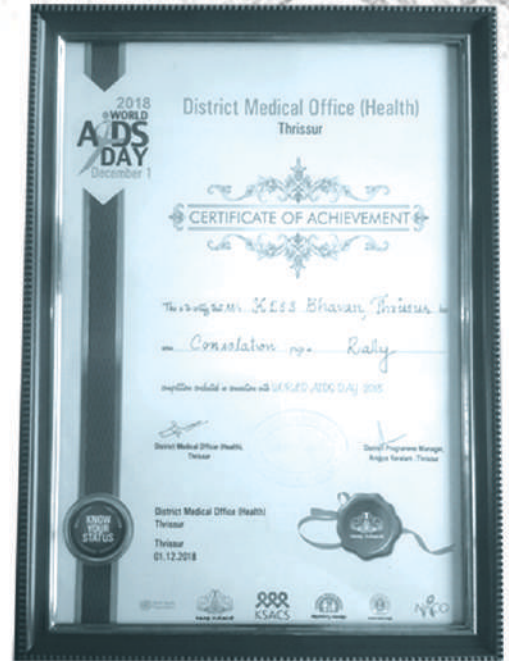


Thanks & regards

P. Sankar Kumar

President

Kuzhur Grama Panchayat



Certificate of Appreciation

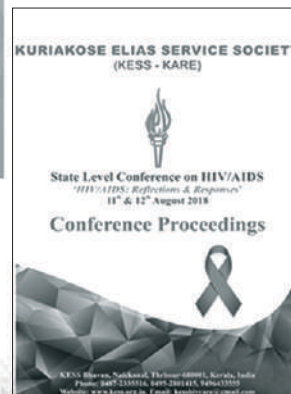
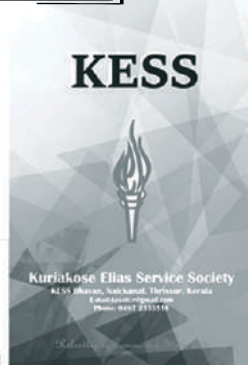
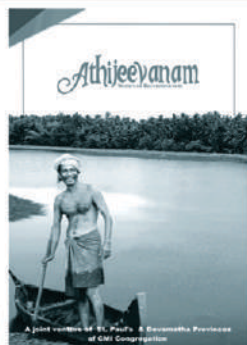
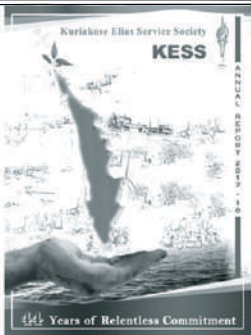
Nenmanikkara Grama panchayath and the board members take this opportunity to thank Kuriakose Elias Service Society (KESS) and Rev. Fr. Joy Vattoly CMI for their relentless support, provided during the flood rescue and relief activities in our panchayat. The assistance provided by KESS in terms of cleaning the houses, providing relief kits etc., has been extremely beneficial for the people of our Panchayat and we expect all your cooperation in our ventures to rebuild the community which was devastated during floods. I wholeheartedly wish the very best to KESS and its team members for all their endeavours in lending a helping hand for people in need and further guiding them to the path of development and happiness.

Thanks & regards

[Signature]
PRESIDENT
Nenmanikkara Grama Panchayat



KESS Publications



KESS in Media



കൊല്ലം ജില്ലാ പഞ്ചായത്ത് സെക്രട്ടറി എച്ച്.എസ്. ജോൺ പങ്കെടുത്ത കോർപ്പറേഷൻ യോഗം. മുകളിൽ: കോർപ്പറേഷൻ സെക്രട്ടറി എച്ച്.എസ്. ജോൺ. താഴെ: കോർപ്പറേഷൻ സെക്രട്ടറി എച്ച്.എസ്. ജോൺ.

പെരുവയലിൽ എയ്ഡ്സ് പ്രതിരോധം ഊർജിതമാക്കും

കൊല്ലം ജില്ലാ പഞ്ചായത്ത് സെക്രട്ടറി എച്ച്.എസ്. ജോൺ പങ്കെടുത്ത കോർപ്പറേഷൻ യോഗം. മുകളിൽ: കോർപ്പറേഷൻ സെക്രട്ടറി എച്ച്.എസ്. ജോൺ. താഴെ: കോർപ്പറേഷൻ സെക്രട്ടറി എച്ച്.എസ്. ജോൺ.



എച്ച്.എസ്. ജോൺ പങ്കെടുത്ത കോർപ്പറേഷൻ യോഗം. മുകളിൽ: കോർപ്പറേഷൻ സെക്രട്ടറി എച്ച്.എസ്. ജോൺ. താഴെ: കോർപ്പറേഷൻ സെക്രട്ടറി എച്ച്.എസ്. ജോൺ.

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കെസ് വനിതാ ദിനാചരണം നടത്തി

കൊല്ലം ജില്ലാ പഞ്ചായത്ത് സെക്രട്ടറി എച്ച്.എസ്. ജോൺ പങ്കെടുത്ത കോർപ്പറേഷൻ യോഗം. മുകളിൽ: കോർപ്പറേഷൻ സെക്രട്ടറി എച്ച്.എസ്. ജോൺ. താഴെ: കോർപ്പറേഷൻ സെക്രട്ടറി എച്ച്.എസ്. ജോൺ.



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എയ്ഡ്സ് ബാധിതർക്കായി ക്ഷേമ പദ്ധതി

കൊല്ലം ജില്ലാ പഞ്ചായത്ത് സെക്രട്ടറി എച്ച്.എസ്. ജോൺ പങ്കെടുത്ത കോർപ്പറേഷൻ യോഗം. മുകളിൽ: കോർപ്പറേഷൻ സെക്രട്ടറി എച്ച്.എസ്. ജോൺ. താഴെ: കോർപ്പറേഷൻ സെക്രട്ടറി എച്ച്.എസ്. ജോൺ.

2019 മെട്രോ 26നവം

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for Development Education



കെസ്സ് നഴ്സറി

ഒരു വനിതാ ജൈവകാർഷിക സംരംഭം

“ഒരു ചെടി നടു, ജീവകാരുണ്യ പ്രവർത്തനങ്ങളിൽ പങ്കാളിയാകൂ”

കാൻസർ ദുരിതമനുഭവിക്കുന്ന കുടുംബങ്ങൾക്ക് സാമ്പത്തിക സഹായം എന്ന ജീവകാരുണ്യ ലക്ഷ്യത്തോടുകൂടി, കെസ്സിന്റെ സഹകരണത്തോടെ വനിതകളുടെ നേതൃത്വത്തിൽ ആരംഭിക്കുന്ന ഒരു സംരംഭമാണ് കെസ്സ്- നഴ്സറി. പൂർണ്ണമായും ജൈവ കാർഷിക രീതിയിൽ വളർത്തിയെടുത്ത ഗുണമേന്മയുള്ള വിവിധ തരം ഔഷധ ഫല സസ്യങ്ങളും, ജൈവ വളവും, വിത്തുകളും, മിതമായ നിരക്കിൽ തൃശ്ശൂരിന്റെ ഹൃദയ ഭാഗത്ത് നായ്ക്കനാലിലുള്ള കെസ്സ് ഭവനിൽ ഒരുക്കിയിരിക്കുന്നു.

കെസ്സ് സെന്റർ, ഇലഞ്ഞിക്കുളം, മണ്ണുത്തി P.O.

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