

42 years of
**RELENTLESS
COMMITMENT...**

ANNUAL REPORT

2015-16



KESS
KURIAKOSE ELIAS SERVICE SOCIETY





42 years of
**RELENTLESS
COMMITMENT...**



KESS

KURIAKOSE ELIAS SERVICE SOCIETY

VISION:

KESS is visualized as a growing resource centre, responsive to changes in the global scenario, promoting developmental initiatives among the deprived and the vulnerable, based on democratic values, human rights and humanitarianism.

MISSION:

To realize the vision, KESS undertakes intensive community mobilization, empower it through social conscientization, life skills and appropriate livelihood systems.

Saint Kuriakose Elias Chavara

Our Founder, Our Inspiration



"Let there be no day in your life in which you did no good to others."

Message from the Patron



Kuriakose Elias Service Society(KESS) is doing a great service to the entire nation. KESS is the brand name in the field of Social Work. Devamatha Province is very proud of the activities of KESS. Recently KESS started a new venture for the HIV infected patients. The AIDS patients in Thrissur, Palakad and Kozhikode are getting the benefits through KESS.

KESS is involved in different creative social service activities. Chavara Cancer Care for Children, Vadhumithra, Social Work for Children at schools and Child Protection Programs are some of the exemplary projects of KESS. St. Kuriakose Elias Chavara is the inspiration for us. Let us take the example of St. Chavara and try to do maximum good for others.

I wish all the best to KESS. May Almighty God bless all the activities of KESS and may the intercession of St. Chavara be with all our activities.

Fr. Walter Thelappilly CMI
Patron, KESS

Message from the President



KESS, like the biblical 'strong house built on rocks', stands tall and firm braving all storms because its foundation and roots are stronger. This millennium belongs to the stronger, wiser and faster mindset where technology and progress go hand in hand. Hence it is only befitting that KESS runs with the times, undeterred in its march towards human welfare.

Over the years, I have seen and known the struggles and strains that Team KESS has been undergoing to create indelible impressions providing solutions where others have failed. This organization, with the Almighty's blessings and St Chavara Kuriakose's abundant intercession and inspiration successfully strived to open locked doors in order to mitigate the suffering and misery of the yearning poor. More than reaching out to the downtrodden, KESS has been instrumental in opening the eyes of the fast moving world to see themselves and the less fortunate ones who happened to falter due to no fault of theirs.

KESS has been successful in not just curbing the spread and woes of the HIV infected but also in enlightening the common man about the dangers of the dreaded disease. Palakkad, today, is the first and the only district in the country to achieve a complete literacy accolade in terms of HIV/ AIDS awareness, and KESS is the reason behind this achievement.

This organization, with its visionary goals and values, is bound to reach greater heights in course of time. In true Christian spirit, KESS, blessed and directed by the Almighty, leaves no stone unturned and no life untouched. The path it has chosen is not the easiest. It surely is a hard task to fight for the downtrodden and take up the cause of the abandoned. But God works wonders for those with a heart of gold and a zealous spirit endeavouring to restore goodness and justice.

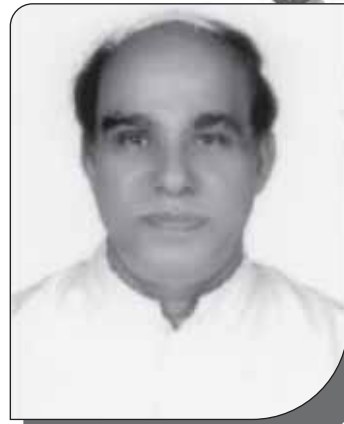
Without pride and without humility I must note that KESS members under the able leadership of the secretary-cum -treasurer, Rev Fr. Joy Vattoly, and the unstinted cooperation of the staff renders commendable service to the marginalized and afflicted people in every walk of life. Let me put on record the generous and whole-hearted support of the Devamatha Province in general, and Rev. Fr. Walter Thelappilly CMI, the Provincial, in particular. A million thanks to every one of them. I am sure KESS will sail forth with their continued cooperation and support creating an impact on the coming generation.

Treading the path less travelled enables KESS to attain its goals, one step at a time, and this makes all the difference.

Wishing the very best to one and all,

Prof. U.V. Antony
President, KESS

Message from the Moderator



Standing on the threshold of its 42nd year, KESS still shines as a beacon of light and hope to several needy and underprivileged people. It gives me immense pleasure to be associated with such a socially uplifting organization which asserts to bring smiles and hope into the lives of all whom it illuminates. Just as our founder, St. Chavara visualized, Kuriakose Elias Service Society has been successful in bringing about a difference to the lives of the destitute and the deprived, in many levels. The many projects of KESS tackling issues related to health, education, sustainable development, organic culture promotion are just the tip of the iceberg. The reach and the circumference of each activity in relation to its objectives can only be truly identified within the perimeters of each beneficiaries' heart. Many a times, the sudden outcomes may not be visible right away, but in the long run the impact that this organization has created, talks volumes on how strong the foundation and values on which KESS thrives.

In tune with the changing era, KESS has changed and evolved. Social values of sharing, caring and loving have taken up different definitions in terms of development and progress. Sustainability is a keyword when it comes to progressive growth and its continuation. Looking at the future with eyes at the roots is something that keeps an organization like KESS stand firm and see long. Sustainable solutions such as holistic development programmes for children by catching them young, empowering families by empowering the womenfolk through income generation endeavors and instilling saving tendencies are creating tremors that are bound to have lasting effects. The green initiatives of KESS are also worthy of note. I take this opportunity to applaud and acknowledge KESS for all its milestones. Special mention to the mentors, patrons, leaders and team members for coming this far and reflecting the vision of its namesake in its every mission, to make the world a better place to live in.

God Bless!

Fr. Jose Kavungal CMI
Moderator, KESS

Message from the Secretary



Inspired by St. Chavara, Kuriakose Elias Service Society (KESS) is in its 42nd year of relentless commitment for the development of the underprivileged. Through a professional and organized approach, KESS has been able to become a model organization in social work and social action.

One of the notable achievements during this reporting period is the declaration of Palakkad as the first complete HIV literate district in India. In its voyage towards developing a healthy society, immense effort was taken by KESS to transform the perspectives of a district that was the most affected by HIV/AIDS, as per statistics. Kerala is concerned about global warming, inflation and other international affairs but the dying poor next door is turned a blind eye. Social Capital Generation, is a silent, yet strong lesson KESS tries to instill through its many programmes. By strengthening the people through various methodologies of social work, KESS made it possible to bring them to the forefront of Social Capital. This revolution to make a better community through sensitization and social capital generation reflects the success of KESS as an exemplary unit in creating a better state with a better perspective.

The 4C Project of KESS, committed to provide care and support to cancer families, deserves special mention. People's participation through voluntary associations and societies that have formulated as a result of the interventions of KESS has been taken as a model formula even by foreign social work agencies. KESS also strives for the development of the vulnerable sections in the society such as women and children, destitutes, the chronically ill and disabled as well as victims of abuse and disaster.

KESS makes this all possible only with the timely coordination, cooperation and commitment of its many parts that make it a whole. The board members, the general body, KESS coordinators and staff members are all part of this venture and requires special mention. They deserve wholehearted thanks and applause, for it is their dedication which helped in materializing each project and each dream, this year. I take this opportunity to congratulate the committed KESS team in the field of action, especially all those who have shown readiness and endured all hardships, forgetting themselves or their convenience to complete their mission of social welfare. All project coordinators, animators and volunteers are also acknowledged with all my heart. A profound word of gratitude to all those who are associated with KESS, especially funding agencies such as the Devamatha CMI Province, KKS, KCF etc. I would also like to appreciate and thank the reverend director priests, our loyal resources in each project area, without whom our interventions would not have attained full bloom.

The good Lord has blessed us abundantly, clearing all hassles and lighting every dark step we had to endure to reach our vision. His grace has been imminent to our achievements and we thank him from the bottom of our hearts. In the spirit of His love, with profound happiness and wholehearted gratitude, I hereby submit the Annual Report of KESS 2015-'16.

Thanking you,

Fr. Joy Vattoly CMI

Secretary and Treasurer, KESS

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KURIAKOSE ELIAS SERVICE SOCIETY (KESS)

42 years of Relentless Commitment

In tune with the vision of St. Chavara, the founder and our inspiration, Kuriakose Elias Service Society (KESS), a registered, charitable society, under 80 G, has walked tirelessly and relentlessly leaving behind a legacy of 42 years. Since its inception in 1974, by the CMI Congregation and other benefactors, KESS has come a long way in promoting and developing social welfare through committed social research and social action. With the broader aim of creating and sustaining qualitative development especially amongst the underprivileged, the organization has been making visible and tangible waves in the lives of its beneficiaries who are victims of chronic illnesses like HIV and Cancer, targets of abuse and negligence, deprived of basic essentials like food, clothing & shelter, as well as those in disaster struck regions. With its soothing branches spread all over the state and its readiness to reach any remote area in the country, KESS stands apart as an exemplary model of social work, striving to promote integrated and holistic development in the lives of all it touches.

Vision

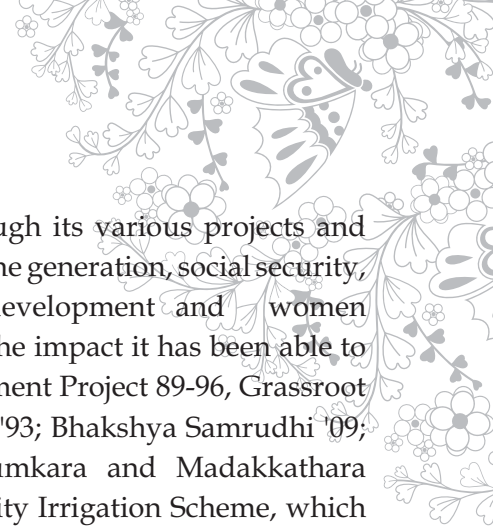
KESS is visualized as a growing resource center, responsive to changes in the global scenario, promoting developmental initiatives among the deprived and the vulnerable, based on democratic values, human rights and humanitarianism

Mission

To realize the vision, KESS undertakes intensive community mobilization, empower it through social conscientization, life skills and appropriate livelihood systems

Objectives

1. To perform works of charity for those in need, irrespective of race, caste, sex, community or creed.
2. To strengthen the institution of family through family-life education, counselling and other support systems, thereby its tendency towards disintegration is effectively arrested.
3. To build the competency of people (HRD) through education, awareness-generation and skill-training so that they can mobilize and manage resources for self-advancement.
4. To develop, in partnership with the stakeholders, adequate infrastructural facilities such as housing, drinking water, electricity, path ways, community halls etc.
5. To focus on health-related matters and promote personal hygiene and environmental sanitation through health education, behavioral change communication (BCC) and immunization programs.
6. To establish self-help groups of men and women and engage them in creative activities so that they could enrich themselves with information, know-how and resources for improving their living conditions.
7. To address the emerging issues in the agrarian sector such as low productivity, indebtedness, suicides, exploitation by traders etc and promote modern, eco – friendly farming practices, value additions to the produce and maximize incomes through appropriate marketing strategies.
8. To intervene immediately in disaster-hit areas and undertake relief and rehabilitation work in a participatory manner.



KESS has a profound history of creating a prolific difference through its various projects and programmes. The core thrust of our activities lies on education, health, income generation, social security, poverty eradication, socio-economic development, legal aid, child development and women empowerment. Looking back, KESS stands overwhelmed yet humble by the impact it has been able to make through various programmes such as Thrissur Integrated Development Project 89-96, Grassroot Organization Project 90-92, Prime Minister's Rozgar Yojana (P.M.R.Y) in '93; Bhakshya Samrudhi '09; Janasree Bhima Yojana '00; Trysem ; Jananidhi projects in Thekkumkara and Madakkathara Gramapanchayaths; Earn While Learn Scheme; Madathumpadi Community Irrigation Scheme, which benefitted 250 agricultural families to develop 200 acres of agricultural land and 3 K Puram housing project for 52 families to name a few. Apart from these, KESS has coordinated vocational training programmes to unemployed youth through various schemes of NABARD. Some of the timely interventions of our organization in the other states include the Silvani Project [Madhya Pradesh] '79 -'80, for the development of 70 villages; Searmau Project [Madhya Pradesh] '89-'95, for the development of 40 villages; Pollachi Integrated Rural Development Project '85-'93, for the integrated development of the poor with emphasis to health education; and Apna Health Care Project [Maharashtra]. Disaster management and relief activities are also a prime concern of KESS. From the '93 Latur to '01 Gujarat earthquakes (where earthquake resistant houses were constructed), from '99 Orissa's Super cyclone to Tamil Nadu's tsunami (Keezhmidalam Tsunami Rehabilitation Project) till the recent Chennai flood disaster(distributing provisions of food, water, clothing), KESS has been there for them all.

KESS has a profound history of creating a prolific difference through its various projects and programmes. The core thrust of our activities focus on education, health, income generation, social security, poverty eradication, socio-economic development, legal aid, child development and women empowerment. Looking back, KESS stands overwhelmed yet humble by the impact it has been able to make through various programmes such as Thrissur Integrated Development Project 89-96, Grassroot Organization Project 90-92, Prime Minister's Rozgar Yojana (P.M.R.Y) in '93; Bhakshya Samrudhi '09; Janasree Bhima Yojana '00; Trysem ; Jananidhi projects in Thekkumkara and Madakkathara Gramapanchayaths; Earn While Learn Scheme; Madathumpadi Community Irrigation Scheme, which benefitted 250 agricultural families to develop 200 acres of agricultural land and 3 K Puram housing project for 52 families to name a few. Apart from these, KESS has coordinated vocational training programmes to unemployed youth through various schemes of NABARD. Some of the timely interventions of our organization in the other states include the Silvani Project[Madhya Pradesh] '79 -'80, for the development of 70 villages; Searmau Project [Madhya Pradesh] 89-95, for the development of 40 villages; Pollachi Integrated Rural Development Project 85-93, for the integrated development of the poor with emphasis to health education; and Apna Health Care Project [Maharashtra]. Disaster management and relief activities are also a prime concern of KESS. From the '93 Latur to '01 Gujarat earthquakes (where earthquake resistant houses were constructed), from '99 Orissa's Super cyclone to Tamil Nadu's tsunami (Keezhmidalam Tsunami Rehabilitation Project) till recent Chennai flood disaster(distributing provisions of food, water, clothing), KESS has been there for them all.

KESS has adopted a three pronged approach, where certain programmes are implemented directly, some are undertaken by independent societies formed by the beneficiaries themselves under the patronage of KESS; while some others are implemented by KESS and the follow up is entrusted to independent societies formed for the beneficiaries. Since its inception, KESS has maintained good liaison with all departments of Central and State Governments and has undertaken programmes with their help

and guidance. NABARD, Department of Industries, World Bank, Kerala State Social Welfare Board, Kerala Rural Water and Sanitation Agency (KRWSA), Grama Panchayaths etc. are some of the other notable institutions which have supported us in our endeavors.

Governance of KESS

The organization is regulated by the members of the General Body and the Board of Directors. The General Body, consisting of 102 members are from different walks of life. They meet annually to review the activities and provide support and suggestions for the betterment of the organization. The members of the Board of Directors are nominated and elected by the General Body once in three years. The Board of Directors meet four times annually and is responsible for the Articles of Association and the approval of the annual accounts. The Board consists of the President, Moderator, Secretary Cum Treasurer and six directors.

Board of Directors	Fr. Walter Thelappilly CMI	Patron
	Prof. U. V. Antony	President
	Rev. Fr. Jose Kavungal CMI	Moderator
	Rev. Fr. Joy Vattoly CMI	Secretary Cum Treasurer
	Mr. P. M. Thomas	Director
	Rev. Fr. Jose Eduthan CMI	Director
	Mr. Mathew George	Director
	Rev. Fr. Jose Payyappilly CMI	Director
	Mr. Solly Thomas	Director
	Mr. C. P. Paul	Director

No organization can survive on its own. KESS acknowledges all its benevolent benefactors who are associated with us. These include the CMI Congregation with special regard to its Patron-the Provincial of Devamatha CMI Province in particular, K Chittilappilly Foundation, Karl Kubel Stiftung (KKS) Germany, Federal Ministry of Economic Cooperation of Germany (BMZ), Johns Umbrellas, Commission of European communities, CEVA (Cyriac Elias Voluntary Association), Board of Directors of KESS as well as all other philanthropic organizations and individuals.

None of these would have been possible without the blessings from Providence and his people within the organization and at all fields of work. This is the hope which drives our future visions just as it has helped us come this far. In tune with building a socially responsible world, KESS instilled Social Capital Generation is creating waves along with health awareness and sustainable holistic development. KESS foresees greater prospects for the underprivileged and deserving many. Keeping up with the need of the age, plans are in progress to foster more employment opportunities to create youth and women empowerment scenarios as well as instill preventive and promotive health intervention initiatives along with developing motivated, inspired children thus bringing about a happy and healthy nation for tomorrow.

I. **for HIV/AIDS Infected and Affected**

For the last decade, KESS has been actively involved in the field of HIV/AIDS in the state. Areas of our intervention are spread throughout Thrissur, Palakkad and Calicut districts. We began this outreach in Thrissur in 2006, which is still being sustained and continued. The Palakkad project ended in December 2015, and from January 2016, a similar project has been initiated in Calicut district.

Given below are the details regarding these HIV/AIDS intervention projects of KESS.

a) **HAPPI : HIV/AIDS Palakkad Project for the Infected**

Project Summary

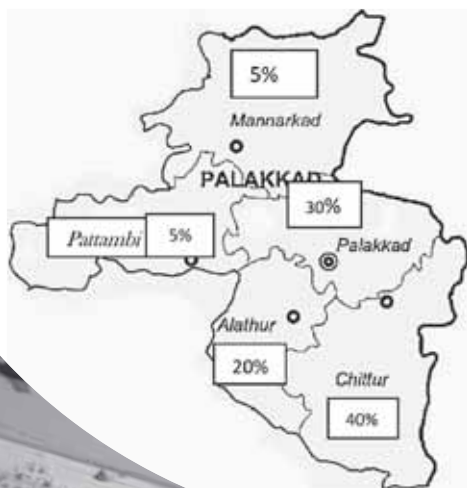
Title of the Project :	Strengthening the Right to health and protection from discrimination of persons living with HIV and their families in Palakkad District
Project Area	Palakkad District
Target group	People living with HIV/AIDS and their families of Palakkad District
Project Goal	The right to best possible health of PLHIV and people suffering from AIDS as well as their families in Palakkad district is sustainably strengthened
Target Population	1500 PLHIV and 4500 PAHIV
Project Duration	2011-2015

Activity Table

No.	Activities	No.	Activities
1	Awareness Generation Programs :	3	Supportive Structural Formation :
	a. Jyothirgamaya		a. Community Based Organisation (CBO)
	b. World AIDS Day Observation		b. LAC
	c. 'Naira', a short film for awareness generation		c. PLHIV groups
2	Care and Support activities :		d. Networking groups
	a. Identification of PLHIV & PAHIV	4	Economic Development :
	b. One to one counseling sessions		a. Implementing Income Generation Programmes (IGP)
	c. Health education		b. Vocational Training
	d. House visits		c. Job Counselling
	e. Nutritious food supply	5	Holistic development programmes for children :
	f. Financial assistance		a. Educational support
	g. Medical assistance		b. Life skill training
	h. Marriage support		c. Formation of parents/guardians groups
	i. Peer Educators' development		d. Trainings for parents
	j. Caretakers' development		
	k. Assistance for house construction		
	l. Developing counsellors		
	m. Availing Government services for the PLHIV		

Regional Categorization

Palakkad District was divided into 5 zones for convenience of project implementation. These zones were registered as societies. The members of these societies include PLHIVs and well wishers consisting of teachers, lawyers, social workers, elected members etc. The map below shows the division of zones and the extent of beneficiaries in each zone.



5 zones and beneficiaries spread:

1. Palakkad : 30%
2. Alathur : 20%
3. Mannarkad : 5%
4. Pattambi : 5%
5. Chittoor : 40%



Beneficiary Age Categorization

Age group	Number
50-60	35
40-50	400
30-40	650
20-30	250
<20	70

Table 1. Beneficiary age group

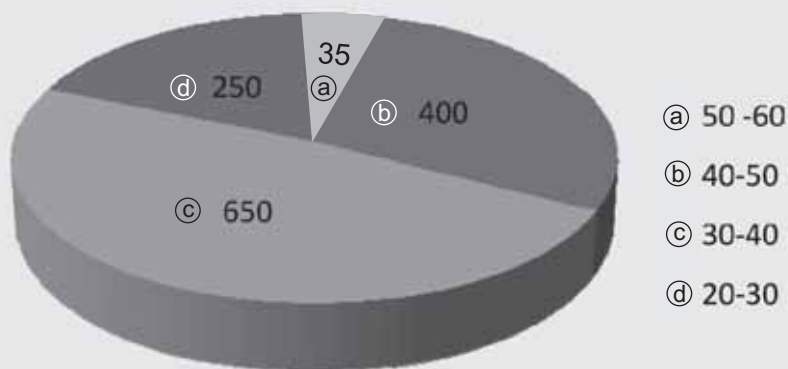


Fig 1. Beneficiary age group

Explanation : With reference to Table & Figure 1, we can observe that the most infected category of HIV belongs to the most productive age group among the identified beneficiaries in Palakkad. Among the infected, 57 % has been identified as females and 43% as males.

Result Highlights:

1. Sensitization programs to governing bodies resulted in:
 - a. Formation of Core Committees and LACs (Local Action Committees).
 - b. 43 PRIs have earmarked funds around Rs. 26,50,000 for education support and nutritious food kits for children infected and affected with HIV and they are being made available for the beneficiaries.
 - c. Extensive cooperation from the governing bodies especially the members of the panchayats, MPs and MLAs.
2. Memorandums regarding needs of PLHIVs were submitted to pressurize the government, resulting in:
 - a. Educational sponsorship programme for HIV infected/affected children mandatory for all gramapanchayaths.
 - b. A dialysis unit specifically for PLHIVs was made available to improve the treatment facilities for PLHIVs in the Ottapalam Taluk Hospital.
 - c. 55 panchayats have implemented HIV specific projects.
 - d. 38 panchayats have taken up sustainable options in implementing HIV specific projects.
3. Palakkad is declared the 1st 100% HIV literate district of India.
4. The Chief Minister of Kerala, Mr. Oomen Chandy participated in the 'Jyothirgamaya' campaign.
5. 73% of PLHIV's social inclusion has been made possible.
6. 20 full time and 450 part time volunteers were developed.
7. A large number of sponsors such as Lions Club, Congregations, Schools and Colleges came forward to support PLHIVS.
8. A short film –'Naira' was developed for this project.
9. More children of PLHIV/PAHIV were motivated to pursue higher professional education.



HAPPI's happy stories : Motivated to face life

Case 1: Seema (name changed) was happily married off to an interstate driver. Initially all seemed well with a consistent flow of income and a happy family. Once the husband was diagnosed with TB and stopped work, everything changed for the worse. There was no money for treatment nor for children's education. Furthermore, they were both tested positive for HIV, which shook the husband so much, he left home and never returned.

Seema fell into absolute despair especially having no support from her in-laws or her own family. HAPPI learned about her situation and motivated her to stand up and support herself and her children. Seema found courage to face life and stand on her own feet. HAPPI helped to find her a good job and get access to medical support.

Today, she earns a consistent income and meets all the needs of her family including quality education for her children. "I would have given up my life if it were not for HAPPI", says a happy Seema.

Networked Agencies

Sector	Nos
Integrated Counselling & Testing Center (ICTC)	11
Anganwadis	2181
Panchayathi Raj Institutions (PRI)	95
Community Care Centers (CCC)	1
ART Center	3
Target Intervention (TI) Projects	4
Hospitals and other Health Institutions	309
NGOs	33
Educational Institutions	150
Clubs	116
Religious Organizations	42
Individual Supporters and Sponsors	423

Explanation: Table 2 reflects the number of associated agencies and service providing units that networked with the project for its successful implementation. Volunteers came forward from the religious, medical, social and like minded forums to work hand in hand with HAPPI. This is also a reflection of the support that the project received from all walks of life in the district, especially in mobilizing and sharing resources.

Table 2: Agencies that networked with HAPPI

HAPPI's happy stories : Developing Women Leaders

Case 2: Molly was a bedridden cancer infected woman who was neglected and in depression. The HAPPI team came to know about her condition and situation and gave one to one sessions to motivate and restore her decreasing mental health more than her physical illness. This repeated care, and concern and motivation greatly inspired her. Her strengthened mind also strengthened her troubled physique. She was determined to be active and mobile again. With the assistance of the HAPPI team, she started to take continuous treatment and began to move on her own and do her daily chores by herself.

Today, Molly is an active volunteer and is also the president of one of the Societies formed for the welfare of PLHIV. She takes care of people like her as well as her family members including her bedridden Father-in-law.

INCOME GENERATION PROGRAMMES (IGP)

Promoting economic sustainability was one of the most challenging goals to which Income Generation Programmes were the answer. These programmes not only brought economic stability to the families but also empowered them and contributed significantly to their overall wellbeing. The project could support 118 individuals for IGPs. Considering all the activities implemented by the project, the impact of IGP stands exceptional with significant changes in the lives of PLHIV.

118 families are supported with IGP through 28 major trade options such as goat rearing, tailoring, agriculture, cloth trade, lottery trade, cattle rearing, and other small scale businesses. More than 70% of the IGP holders are regular, less than 40% are defaulters and less than 70% are irregular in repayment. 18 IGP holders have completely repaid their loans and 3 IGP holders' loans have been written off due to their death or ill health. Majority of the IGP holders (29%) undertake goat rearing as an income generation activity followed by small scale industries (25%) and tailoring units (17%). At present, the total beneficiaries provided with IGP are divided into 5 regional groups and they are brought together once in 3 months to evaluate their progress in IGP and clarify

their doubts. Training needs identified are addressed using experts in their respective IGPs.

IGP Managing Committee is a structure developed to ensure the sustainability of IGP even after the project withdrawal. The major role of this committee is to discuss & take decisions about application, selection, implementation, monitoring, repayments, distribution of revolving funds, training, consultation and development and all other activities related to IGP. The IGP holders have been educated to properly develop and manage their IGP in a systematic and professional manner. Through efficient monitoring, frequent trainings and development programmes for the IGP holders, they have become empowered to manage their work and income in a progressive manner. The success of these individual IGPs have resulted in the consideration for implementing group IGPs in the future. The foreign funding agency of this project were quite impressed with the IGP model implemented here that they have taken it up as a model IGP.

IGP DISTRIBUTION- TRADE WISE

No	IGP	Beneficiaries
1	Small scale business	30
2	Goat rearing	35
3	Tailoring	21
4	Agriculture & grocery	9
5	Cattle	14
6	Cloth & Lottery	9
	Total	118

Table 3: Trade- wise IGP Distribution

Explanation: Table 3 and Figure 3 exhibit the success of the Income Generation Programme that the project undertook to empower the infected and affected. The trade - wise distribution and the number of beneficiaries who undertook each IGP are also specifically denoted.

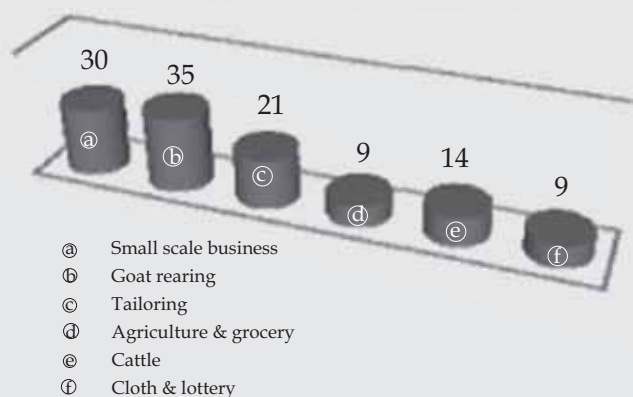
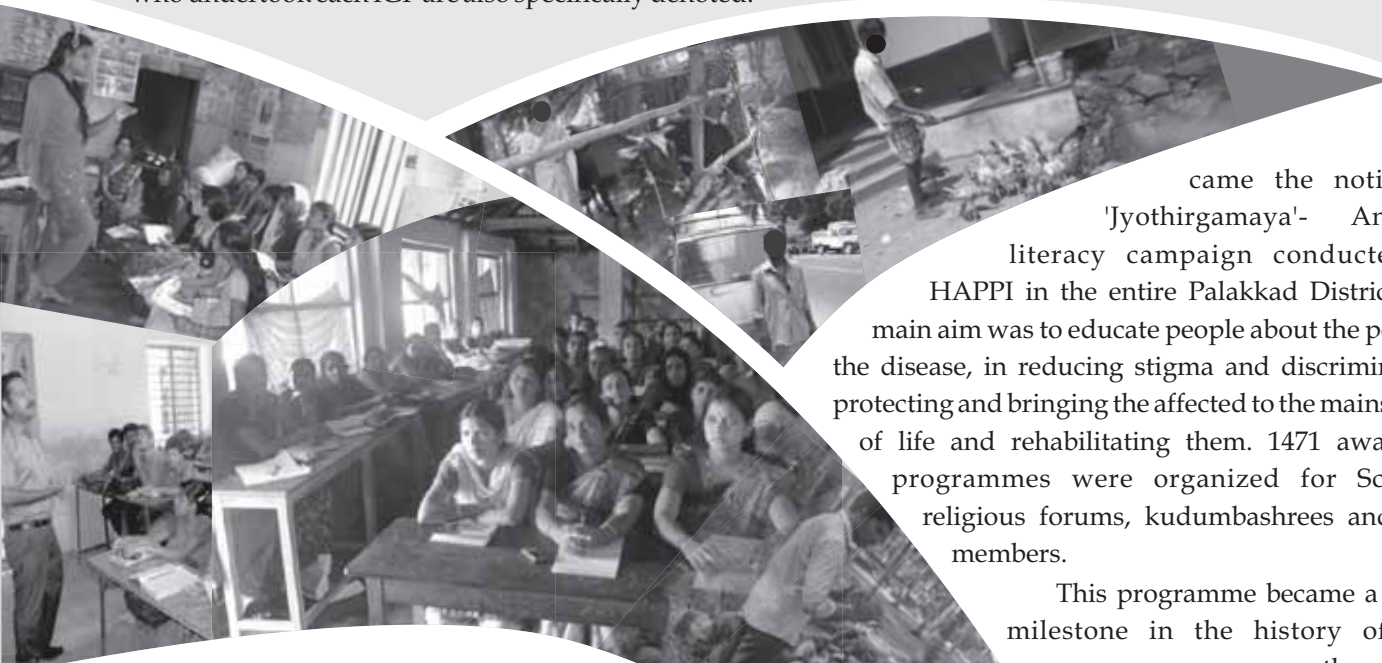


Fig 3: Trade -wise IGP Distribution



came the notion of 'Jyothirgamaya'- An HIV literacy campaign conducted by HAPPI in the entire Palakkad District. The main aim was to educate people about the perils of the disease, in reducing stigma and discrimination, protecting and bringing the affected to the mainstream of life and rehabilitating them. 1471 awareness programmes were organized for Schools, religious forums, kudumbashrees and PTA members.

This programme became a great milestone in the history of HIV awareness programmes, the result of which Palakkad became the first district in India to achieve a record of 100% HIV literacy.

claim this status. The entirety of Palakkad District, i.e. 91 gramapanchayaths and 4 municipalities were involved in this programme.

The district level valedictory function of Jyothirgamaya and the declaration of Mankkara as 1st gramapanchayat in the country to be 100% HIV literate, was organized on 24th September 2015 with eminent dignitaries such as the Hon. Chief Minister of Kerala, Mr. Oomen Chandy; Hon. Chairman, Palakkad Municipality, Mr.

JYOTHIRGAMAYA

Social capital generation was an aim of Jyothirgamaya where social values, customs and traditions were reinstated into the otherwise self-centered psyche of the non affected people. Jyothirgamaya (literally meaning 'Enlightenment') was initiated as a social inclusion strategy of the HIV awareness campaign. Many a time, the infected /affected, though not because of any reason of theirs, are not accepted or included in a social venue. The major reason being the fear of the unknown that drives people to treat them as aliens and distance themselves. This 'illiterate' practice needed to be wiped out. Hence

KESS INITIATIVES

- ➔ P.V.Rajesh; Palakkad District Panchayat President, Mr. T.N. Kandamuthan; Cine-artist, the late Mr. Kalabhavan Mani and elected members of LSGs gracing the event. More than 700 people living with HIV/AIDS participated in this event.



b) KARE : Kozhikode AIDS Rehabilitation Efforts

Project Summary

Title of the Project:	Strengthening the Right to Health for persons living with HIV and their families in Calicut
Project Area	Calicut district
Target group	People living with HIV / AIDS and their families
Project Goal	The quality of life of at least 800 PLHIV and their families is improved sustainably and maintained by community level activities
Target Population	800 PLHIV and 2000 HIV affected
Project Duration	2016-2019



Project Objectives

1. To form supportive structures to support PLHIV and their families thus giving them improved access to public services and increased social inclusion
2. To ensure better access to health services and knowledge
3. To enable children infected or affected by HIV, the access to non discriminative education
4. To bring about significant improvement in the economic conditions of the HIV infected/affected

Activity Table

No.	Activities	No.	Activities
1	Sensitization sessions for elected members	5	One to one sessions with PLHIV and PAHIV
2	Development of peer educators and caretakers at the community level	6	House visits
3	Development of project specific IECs	7	Financial assistance
4	Identification of HIV infected/affected and formation of HIV infected database	8	Counseling sessions
		9	Educational assistance

Intervention to PLHIV and PAHIV

Interventions	Number
One to one sessions	14 sessions with PLHIV & 10 sessions with PAHIV
House visits	3 families
Financial assistance	11 PLHIV
Counseling sessions	10 on general issues, 12 on ART, 3 on job
Educational assistance	5 sponsors identified

Table 4 : Intervention Table

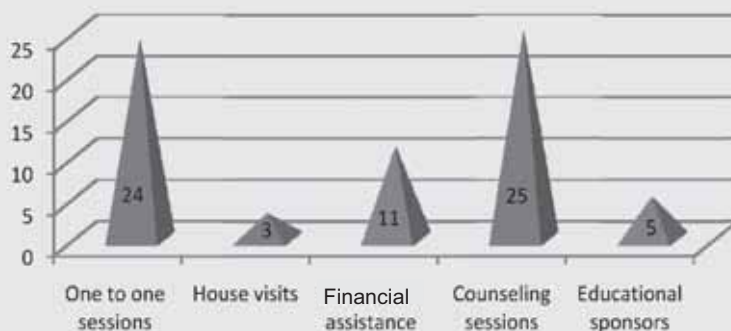


Fig 4 : Intervention Chart



Explanation: Table 4 and Figure 4 denote the activities through which the project has directly intervened in the lives of the PLHIV and PAHIVs. Even though it has only been a few months since KARE began, the project is off to a good start.

c) SANTHWANAM

Project Summary

Title of the Project	SANTHWANAM - Project to support HIV infected and affected children in Thrissur
Project Area	Thrissur District
Target group	Children living with HIV and their families in Thrissur
Aim of the Project	Holistic development of HIV infected and affected children.
Target Population	27 PLHIV and their families

27 most deserving infected and their families are the beneficiaries of this project. The main aim is to strengthen and empower them. As a result of our intervention, they have developed leadership skills and organize get-togethers on a regular basis. Under the patronage of KESS, festivals like Onam and Xmas are organized and celebrated by the societies with much enthusiasm.

Activity Table

No. Activities	No. Activities
1 Counselling Services	8 Medical support
2 Nutritious food kit distribution	9 Psycho social support
3 Assistance for house construction	10 Bereavement Support
4 House visits1	11. G.P training programme
5 Educational support	12 Marriage support
6 Marriage support	13 Beneficiary group get-together
7 IGP	



d) HAT - HIV/AIDS Thrissur

In continuation to the HAT project, 5 societies were formed namely Asha Society in Kodakara; Karuna Society in Wadakkanchery; SWAS Society in Thrissur; Sakti Society in Chavakad and Saphalya Society in Irinjalakuda. Initiated by KESS, these independently run societies are intended for the welfare of the HIV infected/affected people in Thrissur. The officials of these 5 societies get together on a regular basis to discuss, review, find gaps and formulate suggestions to fill the gaps in the services offered by these societies.

Each society gives different services to the infected/affected such as educational support, marriage support and nutritional kits distribution. KESS has always supported such initiatives and promotes such services undertaken by the societies.

II.

For Cancer Afflicted

Chavara Cancer Care for Children Project (4C)

Cancer is one of the major lifestyle diseases which is on the rise. All members of a cancer stricken family endure the trauma related to the condition especially children whose requirements such as education, marriage and career go unnoticed and into the unknown. The 4C Project aims to provide support to such children who are afflicted by Cancer. It also includes availing schemes for cancer patients.

This project is a people's participatory one. Mobilization of resources especially financial assistance has been availed from many well wishers. Like minded organizations have come forward to network with this project. Meetings were conducted with participants from palliative care units and service providing centers to discuss and identify gaps in services and bring about possible solutions.

Project Summary

Project area	Thrissur, Palakkad, Calicut and Malappuram
Target group	Cancer afflicted children and their families
Project goal	Care and Support for Cancer Afflicted Children
Target population	500

Activity Table

No.	Activities
1	Educational Support
2	IGP
3	Nutritious Kit Distribution
4	Marriage support
5	House construction, repairs and maintenance
6	Counselling support
7	Life Skill Education
8	Family Get-together
9	Cancer Day Observation
10	4C Associates Get-together
11	Awareness Generation Programmes
12	Networking with like minded organisations
13	Onam & Xmas Celebrations
14	House Visits
15	Debt clearance assistance
16	Availing government schemes



4C Success Story: Improvising quality of life

Case Study: Mrs. Ambika belongs to a poor family and used to run a small scale catering business. During this time, her husband was diagnosed with cancer and they were mentally and economically in despair. KESS learned about their situation and motivated Ambika to carry their business on a wider scale. The financial help of KESS helped her to face life and stand on her own feet.

Now she earns a consistent income and meet all the needs of her family including providing quality education for her children.

Hair Donation Campaign

Balding is one of the visible side effects in the treatment of Cancer. 4C project was able to create awareness about donating hair benefit of cancer patients through this campaign. This me was conducted in various educational institutions such KKTm College, Kodungalloor. As a result, students their hair and received certificates denoting their tion. Amala Medical College Hospital provided support by the donated hair and creating provision for the beneficiaries.



of Cancer. for the program as Govt. donated contribu receiving

Declaration of Eriyad Gramapanchayath as 100 % Literate in Cancer Awareness

One of the most cancer affected Azhikode, successfully became part of this project. Cancer houses. More than 400 Schools, Institutes, gramasabhas, literacy program concluded with participants. The Declaration of literate in cancer awareness was Sunilkumar. This campaign was Thoma Pontifical Shrine, Thrissur Amala Medical College Hospital and Eriyad Grama Panchayath.



regions, Eriyad Gramapanchayath of 100% literate in cancer awareness as a booklets were distributed to 13,000 awareness classes were held in women's groups etc. The cancer a cancer detection camp with 450 Eriyad Gramapanchayath as 100% inaugurated by Hon. MLA Adv. Sri. V.S. successful by networking with Azhikode Mar

4CParasparam

4 C Parasparam was an organized meeting between Cancer patients and their family members with the project coordinators of KESS. The project associates (voluntary service providers) d the beneficiaries at 10 regions. These personalized meetings ed detailed discussions regarding the beneficiaries' status quo, ms and issues, and provided on-the-spot solutions as much as le. 97 families participated. The programme was an eye opener to stand the families and their situations on a first hand basis. As a the beneficiaries were given support through Income Generation mes, funds to restore their homes, support for medical, marriage, and nutritional requirements.



4C Associates

Each zone of the beneficiary group has a team of volunteers called 4C Associates . Most of them have some medical expertise, knowledge and experience in the treatment and care of this disease. 90% of these Associates have had a personal association with a cancer patient. This know- how helps the project get a constant and direct feedback from each beneficiary as each associate



has direct access and a personal association with these families. The 4C Associates deserve special mention in the project as they are the linking pins who make the process happen.

Income Generation Programmes

Cancer infected families are in dire need of economic assistance which can be attained through a sustained income source. The project was able to successfully provide income generation means to people in need.



III.

KESS Initiatives for Safe Drinking Water

a) JALANIDHI

The World Bank-assisted 'Kerala Rural Water Supply and Sanitation Project' better known as 'Jalanidhi', was developed by the State government as an autonomous institution for sustained delivery of adequate quantity of water and sanitation services in rural areas of Kerala. This project, designed on the redefined premise of delivery of water and sanitation services, is a demand driven project - conceptualized, planned and implemented by the users themselves as against the usual top-down approach. This is a people - owned, operated and maintained project set on a total cost- recovery basis. Adequacy of water and quality of water are equally important and are designed into components within the project design.



Among the selected four districts in the state, the project has been successfully implemented in various panchayaths of Thrissur with KESS as the supportive organization such as Thekkumkara and Madakathara gramapanchayaths earlier. Presently, KESS is in the final stage of this project in the Nadathara Gramapanchayath, which began in 2012.

The activities undertaken by KESS during the past financial year includes extensive house visits through which data

collection, verification and updating of records for documentation were made possible. Interventions include providing underground pipe connection facilities to the beneficiaries, facilitating repair and restoration of damaged pipes, provision of water and maintenance of the water source.

Project Summary

Title of the Project	JALANIDHI- Kerala Rural Water Supply and Sanitation Project
Project Area	Nadathara Grama Panchayath, Thrissur
Aim of the Project	To eradicate scarcity of drinking water in the drought prone areas and develop total hygiene awareness amongst the people of Nadathara Grama Panchayath.
Specific objectives	1. Sustained provision of adequate quantities of safe drinking water to the rural poor 2. Focus on ensuring sustainability of source 3. Sustainability of operations
No. of schemes	4
No. of active bgs	56
No. of households covered	2741
Jalanidhi coverage (in %)	34 %
Project Duration	2012-2016

Scheme Details	No of Schemes	No. of BGs covered	Households covered
Small - GP Rehab	3	3	257
LWSS- New	1	53	2484
Total	4	56	2741

Activity Table

No	Activities
1	Awareness Generation Programmes
2	Gramapanchayath Strengthening
3	Trainings
4	Formulation of Beneficiary Groups
5	Construction of Water Tanks
6	Biogas distribution
7	SLEC Formation



Social Status of Beneficiary households

Social Status			
Criteria	No. of Households		
	Beneficiaries	Others	Beneficiary %
SC families	213	427	49.88%
ST families	22	42	52.38%
General	2506	7588	33.02%
Total	2741	8057	34.02%

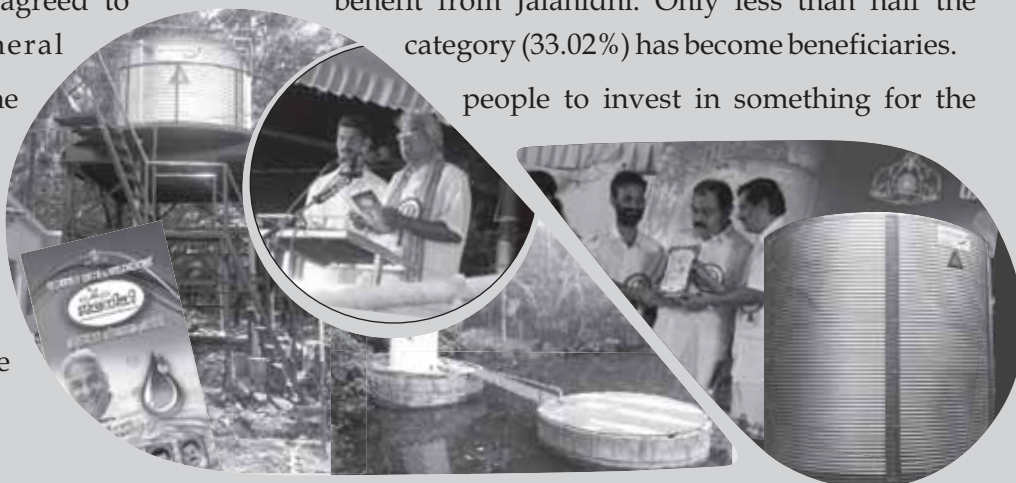
Table 5: Total beneficiaries and its percentage to the total population in the target area



Fig. 5 : Social Status of beneficiary households

Explanation: Table 5 and Figure 5 denote the social status of the beneficiary groups in this project. Table 5 denotes the total no. of beneficiaries and its percentage to the total population in Nadathara Gramapanchayath. Out of the 427 SC families, the project was accepted only by 49.88% and out of the 42 ST Families, only 52.38% agreed to benefit from Jalanidhi. Only less than half the population in the general category (33.02%) has become beneficiaries.

The hesitancy of the common good even if they themselves can benefit out of it, is one of the reasons that the beneficiaries seem to be less than half the households present in the panchayat.



b) Drinking water for Chennai flood victims

The flood affected people in Chennai were sent drinking water as relief. This outreach programme of KESS was a life saver to the disaster struck residents who could not acquire basic life requirements. About 400 cases of water enough to quench 50,000 people were sent as part of our relief activities.



c) Awareness generation programmes on safe drinking water

KESS has conducted awareness generation sessions in educational institutions keeping in mind global warming, scarcity of water resources and decreasing sources of safe drinking water. Sustainable solutions for the conservation of man's primary essentials through various techniques were highlighted.



IV. for Women Empowerment

a) Self Help Groups (SHGs)

KESS has a number of SHGs which have benefitted many families to rise up from a lower economic strata mainly due to the availability of loans for different income generative start ups. The women members have developed self esteem by taking up roles of entrepreneur, skilled labourer, and others

Activity Table

No	Activities
1	Trainings
2	Awareness Generation Programmes
3	IGP
4	Celebrations
5	Availing loans
6	Get-togethers

SHG sweet story: 15 years ago, Saphiya was only a housewife in a impoverished family. One of her friends introduced KESS and the SHG concept to her. 20 women including Saphiya, jointly formed an SHG. As an SHG supported by KESS, they took a bank loan from SIB and started new enterprises like garment sale, rice powder production, bakery items trade etc. Today Saphiya and her group members earn a consistent income as entrepreneurs and meet the needs of their families.

Income Generation Programmes

Many women who were once struggling to meet everyday needs are now capable of investing in their children's education and bringing about substantial changes to their livelihood, through the Income Generation Programmes of the SHGs. Some of the flourishing IGP's are catering, textile business, snack distribution, candle making, readymade textile shop, tailoring, rice business, umbrella manufacturing, soap manufacturing, coconut sales, meat sales, roll gold business, perfumes trading, poultry rearing, goat rearing, detergent powder manufacturing, cattle rearing, bread production, saloon, tea stall and nursery farming.

b) KESS as a Service Providing Centre (SPC)

The number of atrocities against women and conflicting families are on the rise. KESS has actively intervened as a Service Providing Centre, initiated by the Social Welfare Board, for the protection for women against domestic violence. Awareness classes and legal intervention as an SPC has enabled KESS to reduce the intensity of ill treatment towards women. KESS has also conducted a get-together, this year, consisting of SPCs and counselling centres to discuss the roles and responsibilities undertaken as service centres for women.

Activity Table

No	Activities
1	Legal awareness classes
2	Successful case interventions
3	Cases successfully settled in court
4	Cases successfully settled through direct intervention
5	Cases successfully resolved indirectly through referrals.



SPC action oriented story:

A mother of a 4 year old had strained relations with her husband who neglected issuing the birth certificate of their

child, because of his hesitancy to submit his ID copy. Now it was time to enroll the child in school, and the father was denying his basic right to education. The SPC counselor with the help of the Police made the father issue his document to attain the certificate of the child.

c) Vadhumitra

This project initiated by KESS aims at the upliftment and holistic empowerment of today's girls, tomorrow's women. As the name implies, Vadhumitra, intends to be a friendly guide and support to girls, who would one day be the pillar and support of her own family.

Phase one of this project intends to provide support and assistance to the workers in the Devamatha Province and to their daughters who are 16 years of age or above. One form of support is financial, where a monthly deposit is made by them and 50% of the amount is deposited by the project. The total amount can be utilized when marriage is fixed or at the end of the project, whichever comes first.

The project also facilitates various empowerment programs such as monthly get-togethers, family welfare programmes, educational and entertainment sessions, counselling, all through which the girl is empowered and rises up to become a mature and wise 'kudumbini'. A healthy family environment is possible only if a woman is properly educated and empowered, thus creating better families and a better world.



d) Women's Day observation

KESS observed International Women's Day on March 8th. The programme was inaugurated by Ms. S. Mini, District Women Welfare Officer. Felicitations were given by the Provincial of Devamatha CMI Province Fr. Walter Thelappilly CMI and KESS Superior Fr. Jose Eduthan CMI. All the women beneficiaries of the projects of KESS actively participated. KESS organized awareness sessions and Income Generation Programmes (IGP) such as distribution of equipments for the same. Honoring of best Self Help Groups and financial support were facilitated to

the women beneficiaries.

e) Women societies under the patronage of KESS

Initiated in the '90s by KESS, two legally independent charitable societies (formed and run under the Charitable Societies Act), intended to develop and empower the poor rural women by providing them employment opportunities are actively functioning today. They are:

- Fr. Vynthala Vanitha Service Society at 3K Puram, Nadathara
- Devamatha Vanitha Charitable Society at Puthur



V. for Child Development

In tune with our founder, St. Chavara's quote that *Children are God's investment*, KESS has taken up a number of programmes for the development of our future's little treasures. Children are the source of energy and potential which needs to be tapped and developed.

KESS has been able to directly and indirectly provide support to 2000 children in the districts of Thrissur, Palakkad and Calicut through a number of projects and programmes.

a) SEPPOK-Student Education Promotion Programme

Project Summary

Project Area	Thrissur, Palakkad and Calicut
Target group	Students who belong to economically poor families
Project goal	Students are holistically developed and empowered to achieve greater heights inspite of all adversities.
Target Population	2000 children

Activity Table

No.	Activities
1	Holistic development camp
2	Exposure visits
3	Financial support
4	Educational aid
5	Trainings
6	Awareness programmes
7	Leadership trainings
8	Career guidance
9	Onam, Christmas and New Year celebrations
10	Outings
11	Observation of Children's Day



Exposure visits

Students were given an opportunity to get a first hand feel of professional Colleges. Exposure visits to Sahridaya, Christ Engineering, Christ Vidyanikethan and Christ Colleges was organized to motivate students to develop dreams to reach higher. This experience was an enlightening and novel one as they got the opportunity to see the campus, interact with students and staff and get an orientation about the courses and job opportunities that come with them.

Holistic development camps

With an aim of 'socially sensitizing children for nation building', holistic camps were conducted at Pangarappilly, Kormala, Nadathara, Azhikode, Kadalundy and Palakkad. With local support and participation, these 6-8 day camps dealt with various child development sessions, entertainment,

exposure visits and eco friendly orientations.

KESS Scholarship Day

Around 500 children were the educational aids and scholarship conducted just before the academic scored full A+ were rewarded. The conducted at Devamatha School was blest of the Devamatha Provincial, Fr. Walter CMI, KESS Superior Fr. Jose Eduthan CMI , School Principal Fr. Shaju Edamana CMI, KESS President Prof.U.V. Antony and other board members of KESS.

beneficiaries who were given support on this day start. Students who had programme, with the presence Thelappilly Devamatha

Devamatha Career Expo

A career guidance expo was conducted by KESS, for the children of the employees of Devamatha Province, who study in classes 10 and 12. 21 stalls of different organizations related to law and order, education, medical, engineering, social work, media etc were made available to the students and their guardians. After a general orientation, the beneficiaries were given an opportunity to interact with the staff in each stall and get an orientation about prospective courses and job opportunities that they can consider after school. It gave them a perspective about planning for their future and to make right choices regarding their capabilities.

PSC Coaching

Students were given coaching and training about attending Public Service Commission examinations. Guidance books were also distributed for this purpose. Students need to be prepared for such competitive exams which expose them to government job opportunities. They were also given motivation and mental preparation for the same.

Girls Only, Boys Only

High school aged girls and boys (each group separately) underwent a one day residential camp at Azhikode. Apart from the experience of a group feeling and independency in self care, they were given an opportunity to be proactive in discussions, under a trainer, and initiate solutions based on them.

b)Chavara Child Resource Centre (CCRC)

The Chavara Child Resource Centre is associated with the CMI ashram under Fr.Thomson Arackal CMI at Kormala in Kodassery Panchayat. Mostly belonging to the tribal sector, the residents are poor and backward. The children are the vulnerable sector in this area lacking proper resources and motivation to develop as empowered citizens. With the aim of providing basic facilities and resources for child empowerment and hence empowering families, this centre has come into being.

Project Summary

Stationed Team:	Director, Professional social worker and 6 volunteers from the area trained by KESS
Target Group	125 selected children of Kodassery Panchayat
Aim	Development, protection and participation of children, through better child rights governance and resource support for holistic child empowerment.
Activities	1. Psychosocial support to children and their families.
	2. Formation of consortium of stakeholders engaged in child governance and policy advocacy.
	3. Influencing LSGIs to implement comprehensive child development programmes.
	4. Conducting training & awareness programmes, educational and carrier guidance, child empowering activities such as child right awareness and street play trainings.
	5. Conducting research and assessment studies to improvise resources and overall child development.
	6. Developing recreational facilities for children.
	7. Educational support.
	8. Accessibility to library and reading facilities.



c)Chavara School Social Work Programme, Pangarappilly

St.Joseph's School, Pangarappilly is a CMI headed institution in a remote location where the students are from economically backward conditions and their exposure levels are substantially low. The Chavara School Social Work Programme aims at making a difference in the lives of these students by developing selected, trainable students who are known as the Change Agent Team, focused to bring about a change amongst themselves and their peers.

Project Summary

Stationed Team	Manager, 2 teacher representatives, a social worker and a Change Agent Team (CAT) consisting of motivated representatives from the students.
Target Group	All students of St. Joseph's School, Pangarappilly
Aim	A constructive environment for the overall development of the children.
Activities	1. Developing a motivated CAT team.
	2. Facilitating a sense of harmony and approachability between staff and students.
	3. Encouraging peer support and grooming peer pressure towards positive results.
	4. Periodically supervising the functionality of the CAT by conducting reviews, motivational sessions, camps, child parliaments etc
	5. Conduct child enhancement programmes such as vocational training, career guidance, counselling and exposure visits.
	6. Developing Child Protection Policy for the welfare of children.



d) Kess Crèches

Under the Rajiv Gandhi National Creche Scheme for Children of Working mothers (Social Welfare Board) initiated in 2006, 6 creches function in Thrissur under the leadership of KESS. 30-40 children within the age group of 2 to 5 attend these crèches. The staff consisting of a teacher and a helper, develop and coordinate various programmes to educate and promote proper growth and development of each child enrolled. Picture charts, toys, play, visual techniques are all used to incorporate values and life lessons along with age specific educational classes.

The creches celebrate 'Vidyarambam'-to start the academic year on a good note, festivals like Christmas and Onam, national days like Independence Day and Children's Day as well as annual days through which children learn valuable lessons of socializing and selfless cues like sharing and caring. Nutritional food items are also distributed daily to promote good physical health. The staff conducts house visits of each child to assess their holistic levels and have a personal approach while dealing with them.

No.	Names of Creches	Place
1	Assumption Creche	Ponnukkara
2	Infant Jesus Creche	Meladoor
3	Depaul Creche	Thoombakode
4	St. Joseph Creche	Puthur
5	Samaritan Creche	Punnamparambu
6	St. Joseph Creche	Elanthikkara



e) Yuvamitra

This Project launched on Children's Day is aimed at creating better educational prospects and thereby, a better future for students. One of the programs of this project is to ensure financial security as far as education is concerned. Students are welcome to place their share of money in this scheme and Kess will add 50 % to their investment.

The students develop a mentality to ensure savings and share in the educational expenditure burden of their families. 193 students have enrolled so far. The student category ranges from those in the Kindergarten to the Postgraduates. Yuvamitra aims to kindle the ambitious flames of budding stars of the future-enriching and empowering them on a

holistic level. Hence, they not only prove to be God's investments, but also turn out to be brilliant assets to their families and the community, at large.

f) Child Protection Policy

KESS has framed a child protection policy which is applicable to all its projects with strict procedures to ensure child rights in all areas of implementation of projects. This policy is a societal commitment of KESS for the safety and protection of children, reflecting itself as a child safe organization. Behaviour protocols and code of conduct have been developed keeping the best interests of children. Appropriate behaviour of staff towards children and vice versa, as well as appropriate behaviour of visitors and donors to children are specified and outlined to ensure an environment where children feel safe, can listen and be listened to. Staff at KESS are given orientation on child rights and child protection policy as a part of induction, and periodical trainings ensure review, discussion and betterment of the policy and its implementation in all fields of activities by the organization.



VI. for Care and Support of the Elderly

a) Karunya Project

KESS has initiated a Karunya Project for the elderly this year, keeping in mind the call from the Pope's 'Year of Mercy'. With monthly get-togethers and nutritious food kit distribution among the needy elderly, this programme intends to liven up those embittered with old age and financial burden.

More than in kind, KESS also helps make them feel special through interactive games and sessions. Around 40- 50 participants take part in these get-togethers. Special occasions like birthdays and anniversaries are celebrated and mid day meal is also provided. House visits are also conducted periodically to assess their health, living conditions and requirements, which are provided at the doorsteps as needed.



b) Distribution of mobility aids to the elderly



Wheelchairs, forearm crutches, walkers, walker canes and mobile commodes were distributed to the economically backward citizens weakened with age, residing in elder care centers and in their own homes



VII. KESS Initiatives for the disabled

Distribution of resources

To improve the functional capabilities of the disabled, rehabilitation equipment such as wheelchairs for the differently abled, airbeds, crutches, pump mattresses, water beds, special walkers, supportive tables, special pediatric wheelchairs and the like were distributed to the deserving children and adults residing in various centers functioning for the disabled.



VIII.

for Food Security

We live in an era where unadulterated food is rare. This in turn is the prime reason for lifestyle diseases like Cancer. Even fresh food reaches our tables, poisoned and polluted. Realizing food security as the need of the hour, KESS promotes an organic culture to ensure healthy and fresh food.

a) KESS Farm

KESS farm has been in the forefront of the green initiatives of KESS. We take pride in stating that all cultivation is strictly organic and no chemical fertilizers are used. Some of the activities undertaken in the farm include vermi compost units, ponds utilized for pisciculture, cultivation of plantains, tapioca, coconut, nutmeg etc. Fruit yielding trees like mango and jackfruit, vegetables such as cauliflower, cabbage, lady's finger, chilly, drumstick, bittergourd, snakegourd etc. The farm also develops organic and biowaste induced manure and livestock development. A team of proficient farmers strive to ensure the farm functions well.



b) KESS Nursery

KESS Nursery is an eco friendly venture to promote availability of organic saplings of fruits, vegetables and decorative flowers. Using modern day techniques and polyhouses to cultivate and sustain tropical plants like Pulasan, Orchid, Baraba, Pista, Kiwi and the like, the KESS nursery is a venture promoting professionalism in the field.



c) Organic Kitchen Garden Promotion Programme

KESS distributed garden grow bags, organic seeds, manure and saplings to the employees of the Devamatha Province and encouraged them to develop kitchen garden competitively. Around 100 people took part in this venture whole heartedly and those who yielded best results were rewarded with exotic saplings.



d) Trainings on organic cultivation

To promote organic healthy food culture, KESS has conducted trainings in this subject at various arenas to different groups of people. With the support from resourceful professionals such as agricultural officers and organizations like the agricultural university and krishi bhavans, these trainings and sessions have been executed well.

e) KESS Marketing Centre

A market intended to sell organically grown fruits and vegetables, directly from the produce of self help groups and organic farmers is actively thriving at KESS Bhavan premises.



IX. for Coastal Area Development

a) Chavara Darshan Bhavan Project

Project Summary

Project Area	Kadalundy, Calicut
Target group	28 families
Project goal	Integrated and holistic development is enforced through various family oriented measures and create self sustainable units
Target Population	112 beneficiaries

Kadalundy is a coastal area. Educational levels are comparatively on the lower side and the residents are prone to water borne diseases, which affect their health owing to little or no awareness about preventive or protective health measures. The findings of the survey by KESS conducted in Kadalundy showed that the majority of the residents here are migrants from the southern districts of the state and resources and possessions are minimum. This project has chosen a select group of 28 underprivileged families who are in dire need of support. The timely assistance from Fr. Davis Kachappilly CMI, of St. Paul's Church, Kadalundy has helped this project reach its goals in its entirety.

Activity Table

No.	Activities
1	Awareness generation programs
2	Onam, Christmas and New Year celebrations
3	House visits
4	Financial assistance
5	Nutritious food supply
6	Counselling
7	Income Generation Programmes (IGP)
8	Holistic development programmes for children
9	Educational support
10	Training
11	House construction
12	Medical support
13	Marriage support



b) Chavara Integrated Family Development Project

Project Summary

Project Area	Eriyad Grama Panchayat
Target group	37 selected poor fishermen families
Project goal	Integrated and holistic development is enforced through various family oriented measures and child focussed community development thereby creating self sustainable units.

KESS INITIATIVES

This project is intended for the welfare of 37 economically poor fishermen families. As far as these citizens are concerned, education is not a priority, hence awareness about health, economy and living standards are lacking. The area being a low lying one, is prone to water logging, mosquito and water borne diseases. Hence the need to educate, enlighten and strive towards achieving integrated families. Collaboration with the Mar Thomas Pontifical Shrine and Fr. Jose Frank CMI have helped this project in all its activities.

CFIDP Power Story: From nothing to something

Case Study : The Elderly and childless Mr. Antony of Azhikode, lived in extreme poverty and stricken with Cancer. He had no money for treatment, let alone to fulfill basic necessities such as food, clothing or shelter. KESS intervened and helped him set up a street vending unit as well as financial assistance for medical treatment. Mr. Antony, motivated with this support, worked hard to extend his soft drink unit to a tea shop and then to a catering unit. Even though he suffers from the clutches of Cancer, he and his wife have gained confidence and self esteem due to this enterprising experience which KESS helped them achieve.

Activity Table

No.	Activities
1	Awareness generation programs
2	Medical support
3	House visits
4	Financial assistance
5	Nutritious food supply
6	House construction
7	Income Generation Programmes (IGP)
8	Holistic development programmes for children
9	Organic promotion
10	Empowering volunteers

Empowering volunteers

Participation of the local people is essential for the success of any project. Leaders are selected from the volunteers and trained to provide efficient support to other members. Collaboration and networking between the people, their leaders and the project is what makes it all possible. The leaders frequently conduct get-togethers where discussions and reviews take place.



Trainings for children

Career orientation, leadership training, life skill training, educational support and holistic development camps are some of the empowerment activities for child development. Motivated and oriented children can bring widescale differences to the society at large.

X. for Colony Development

Chavara Colony Development Project

Project Summary

Project Area	Variante Lane Colony, Vikas Nagar Colony and Cherummukku Colony, located around the premises of Devamatha Provincial House, Patturaickal and the Punkunnam Railway station.
Target group	28 underprivileged families of Variante Lane, Vikas Nagar and Cherummukku Colonies.
Project goal	Enabling environment is created and sustained for the 28 families of the colonies.

Located in the middle of rising skyscrapers and extravagance, a section of the population reside in dilapidated houses and pathetic conditions owing to their lower economic status. These colonies however much they strive, cannot match the surrounding luxuries of city life, let alone make both ends meet. This

project intends to motivate and support the residents of three colonies situated in the heart of the city, giving them opportunities to flourish to develop and empower their children and family members.



Activity Table

No.	Activities
1	House construction
2	Celebrations of Christmas, Onam etc
3	House visits
4	Financial assistance
5	Nutritious food kit distribution
6	Counselling
7	Income Generation Programmes (IGP)
8	Holistic development programmes for children
9	Educational support
10	Training
11	Medical support
12	Marriage support
13	Support to the handicapped
14	Career guidance and exposure training for children
15	Awareness generation programs
16	Repair and maintenance



XI. KESS Initiatives for Safe Shelter

Chavara Housing Project

Project summary

Project Area	Thrissur, Palakkad, Calicut and Malappuram
Target group	89 families
Project goal	Strengthen and sustain residential requirements of the deserving

Safe shelter is a basic necessity of man. It is also one of those factors that people overlook especially when everyday struggles and requirements take greater priority. In the cases of those afflicted by HIV or cancer, the efforts to make both ends meet itself are even bigger. The vicious circle of poverty often makes people neglect the conditions of their shelter and generation after generation get caught up in this flow of somehow earning just enough for the daily bread and forgets other aspects. A well built house thus becomes more of a dream rather than a basic need, because they cannot work on accomplishing it without an external hand. Our project extends this external aid to restore, maintain and construct houses of those in need. Bhoomidaan or land donation has also been provided for those having no area to call their own, along with providing housing support.

The target group are people who have the capacity to contribute to the project activities. More often than not, they do not know whom to approach and how to avail services that can help them achieve their dreams. The Chavara Housing project coordinates with Government loans and schemes, contributions and collaborations of like- minded organizations and well wishers along with the beneficiaries' participation to make their dreams come true.



XII. **for Management Resource**

a) **URJAKIRAN- Conserving Energy Resources**

Energy Conservation is the need of the hour especially due to depleting natural resources and global warming. KESS collaborated with The Energy Management Centre (EMC) & Centre for Environment & Development (CED), to sensitize the public on Urjakiran - a programme on conservation of energy resources. The major aim was to raise the awareness of the public about the critical issues of mismanagement of energy sources. Awareness classes and street plays were conducted at different venues such as schools and public bus stands. The classes were held with the cooperation of the local government authorities and the sessions were led by the resource people of EMC. The classes emphasized ways to conserve and utilize energy sources, reduce the mismanagement of electronic equipment, and even points to reduce one's electricity bill.



b) **Taste for Waste- Recycling Resources for Rehabilitation**

What was used and discarded is collected, recycled and reconditioned as part of this programme. The income derived from the value of these items is utilized for the rehabilitation of cancer patients and mobilized for constructing houses for the deserving poor. Items like electronic waste such as discarded computer systems and mobile phones, consumer goods such as Televisions, fridges and other gadgets; furniture such as tables, chairs, doors, windows, frames; daily used items like newspaper, books, magazines are all collected and sorted for this purpose.



Dignitary Visits

Many dignitaries from the religious, political and social work arenas have visited the various offices and fields of work of our organization. Such meetings and interactions have helped KESS immensely.



Internship Platform:

57 students from the Social Work and Legal fields of study conducted field work and internships from 12 Colleges in the state, at KESS.

Staff Welfare :

The staff of KESS are the backbone of the organization. A well motivated team is essential for the efficient functioning of any firm. KESS makes sure its human resources are properly oriented and motivated to produce maximum effective output. Every employee is initiated into KESS like a family member. Proper orientation and induction are provided to get them well accustomed to the expectations and nature of work. KESS coordinates with other organizations to conduct training, workshops and seminars that help develop the capacity and talent of its team members. KESS also makes it a point to reinforce basic concepts and bring its employees up to date with the modern day techniques and work etiquettes. Some of the inhouse trainings were related to health awareness, communication skill enhancement, computer skill updation etc. Birthdays, feast days, outings, Christmas, Onam and other festivals are celebrated with much ado.



KESS Day

KESS day was celebrated with much ado on January 6th this year at KESS Centre. Devamatha Provincial Fr. Walter Thelappilly CMI, KESS Board Members, beneficiaries, sponsors and the KESS family gathered together on this occasion. One of the highlights of the day was the Holy Eucharistic celebration by six newly ordained CMI priests. Cultural programmes and the food fest brought colour and joy to the event.



Renovation of KESS Centre

KESS Centre, Nadathara, was given a face lift during the reporting period. The office was in dire need of a restoration. The professional outlook has brought about a positive approach amongst its employees as well as beneficiaries who approach the centre.



KESS Accolades



KESS Publications



Kess in Media



Kess in Collaboration with



CMI DEVAMATHA
PROVINCE, THRISSUR
Devamatha Province of the Carmelite of Mary Immaculate, India

**Karl Kübel Stiftung
für Kind und Familie**

**K CHITILAPPILLY
FOUNDATION**

**Karl Kübel Institute
for Development Education**

**NATIONAL BANK FOR AGRICULTURE
AND RURAL DEVELOPMENT**

CEVA Cyriac Elias Voluntary Association

THE WORLD BANK
IBRD • IDA

Charter for the Future
ONE WORLD - Our Responsibility

John's

Jalanidhi
KERALA RURAL WATER SUPPLY & SANITATION AGENCY

Central Social Welfare Board

Förderverein "Neues Kerala" e.V.
Hilfe zur Selbsthilfe für unsere indischen Freunde



കെസ്സ് നഴ്സറി

"ഒരു ചെടി നടട്ട ജീവകാരുണ്യ പ്രവർത്തനങ്ങളിൽ പങ്കാളിയാകൂ"

കാൻസർ ദുരിതമനുഭവിക്കുന്ന കുടുംബങ്ങൾക്ക് സാമ്പത്തിക സഹായം എന്ന ജീവകാരുണ്യ ലക്ഷ്യത്തോടുകൂടി, കെസ്സിന്റെ സഹകരണത്തോടെ വനിതകളുടെ നേതൃത്വത്തിൽ ആരംഭിക്കുന്ന ഒരു സംരംഭമാണ് കെസ്സ്- നഴ്സറി. പൂർണ്ണമായും ജൈവ കാർഷിക രീതിയിൽ വളർത്തിയെടുത്ത ഗുണമേന്മയുള്ള വിവിധ തരം ഔഷധ ഫല സസ്യങ്ങളും, ജൈവവളവും, വിത്തുകളും, മിതമായ നിരക്കിൽ തൃശ്ശൂരിന്റെ ഹൃദയഭാഗത്ത് നായ്ക്കനാലിലുള്ള കെസ്സ് ഭവനിൽ ഒരുക്കിയിരിക്കുന്നു.

കെസ്സ്- നഴ്സറി

കെസ്സ് സെന്റർ, ഇലഞ്ഞിക്കുളം, മണ്ണുത്തി പി.ഒ
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